

Community Care and Support – Project Care for People Living with HIV (PLWH)

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Introduction:

AIDS is a chronic illness. People living with HIV (PLWH) need medical treatment as well as care and support on their return to the community. The Foundation has developed a Project Care for the PLWH to cope with the challenges arising from the disease during their journey of returning to the community.

Purpose of the Project:

- Project Care aims to empower PLWH to manage their own lives more effectively and also to make contribution to the community.

Material & Methods:

Through co-operation with Special Medical Service, Queen Elizabeth Hospital, the Foundation provided the following services in order to empower PLWH with psychosocial intervention and skills trainings in 2004/2005:

- Over 50 cases were involved in Counseling Sessions.
- 2 monthly Mutual Care and Support Groups.
- 4 Skills Building Workshops were held.
- Over 700 sessions of PLWHs Volunteer Programs were held.

Results:

- PLWHs' awareness of individual rights increased (80%)
- New skills and knowledge gained by PLWHs (90%)
- Actualization of skills and capacities of PLWHs (85%)

Conclusion:

Project Care not only provide essential continuous care to PLWHA but also convey a vital message of empowerment to PLWHs through the provision of counseling, training, group work and associated activities, which had boosted their confidence, skills and capabilities. Participants regained their lives through the activities and also made contribution to their peers and the society.