

Posters Presentation

Mid-term Evaluation of Integrated Advanced Psychiatric Empowerment to Clients of Admission Wards: (伴您同航)

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Program:

An “Integrated Advanced Psychiatric Empowerment (伴您同航)” had been piloted for 23 months to a group of psychiatric clients with acute admission to facilitate recovery and secure post-discharge adaptation to community .

Purpose of the Project:

- To enable client acquire basic knowledge of mental health;
- To enable client develop basic coping skill of community adaptation;
- To enable clients develop networking with community health service;

Methodology:

Ward nurses screen and recruit suitable clients to a range of advanced empowerment scoping from mental health, emotional wellness, family support and community resources. Each empowerment program is provided by expertise of respective fields and 5 NGOs. After preliminary stage of pilot, the collaborating partners had been expanded from 8 to 14 disciplines across hospital and community that enrich the scope and better serve uniqueness of clients.

Results:

79% attendants discharged. 21% readmitted & 56% of readmitted cases had been discharged over 6 months before current admission. Besides, the late discharged clients were mostly of resistant psychotics that needed extensive rehabilitation. Among discharged cases, most of them had been referred to ComCare service to secure sustainable community support, early relapse detection and contingent measures.

Table 1: Clinical Outcomes of Integrated Advanced Psychiatric Empowerment (伴您同航)

	Number	%
1. Total number of inpatients attended the empowerment	N = 339	100%
2. Number of discharged after empowerment	n= 267	79%
3. Readmitted	n= 72	21%
4. Readmitted < 6 months	n= 72	27%
5. Readmitted < 3 months	n= 62	86%
6. Readmitted > 6 months	n= 40	56%

Conclusions & Recommendations:

The empowerment (1) equip clients with a wider spectrum of skills and knowledge, (2) enhance transitional adaptation from hospital to community and (3) enable earlier networking with community health agencies during hospitalization that promote community reintegration. The integrated multi-disciplines collaboration taps resources across hospital and community by structured platform in focused manner is an exemplar of sustainable contemporary psychiatric rehabilitation that had never been realized in local practice before. The novelty and efficacy should not be overlooked in the history of psychiatry and community engagement.