



## Other Abstracts

### “非常親子檔”

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#### **Introduction:**

Children are very precious to parents but some client feel stressful because of poor parent-child relationship and this could be one of the causative factors for relapse. Hence a joint program was organized by CPNS, PYNEH and Baptist Oi Kwan for clients, with children under the age of 6 to 12, under the care of CPNS with the aim to convey the idea of “同心” and eventually to enhance family relationship and support system among parent and children.

#### **Purpose of the Project:**

Through group games and handicraft making to convey the idea of “同心” and to promote parent-child relationship.

#### **Material & Methods:**

Three sessions of “親子共融遊戲日” had been conducted on 11/10, 18/10, and 25/10/08 to convey the idea of “同心” to participants through group games and handicraft making.

Continual follow up by Community Psychiatric Nurses to monitor clients’ mental condition; ways of handling their children’ emotion and family relationship.

Client’s children would refer to the “Big Brother and Sister Program” and “結伴成長樂園小組” for further assistance in academic subjects and involvement in growth enhancement program.

Joint Program, “Parent Support Group” (started on 14/2/09) which would conduct simultaneously in bi-weekly weekend morning with “結伴成長樂園小組” in different venue in Baptist Oi Kwan.

#### **Results:**

Using “Evaluation Form” to monitor participants’ opinion and satisfaction as well as collect their feedback for further planning.

#### **Conclusions:**

This programme has been reassessing continuously to monitor progress and adjust the approach that would be beneficial to clients.