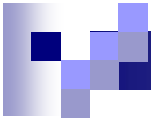


# COMMUNITY PARTNERSHIP

## ENRICH Project Cooperation with Pamela Youde Nethersole Eastern Hospital

***Viola Chan***  
***Baptist Oi Kwan Social Service***  
***18 April 2009***



*“... education is part of our culture, a way of life, and a way of helping people to be what they can be - good citizens, good workers and good people. **Education**, therefore ought to be **available to everyone, including people with mental ill**. To allow them to explore and discover more about themselves and the world around them.” (Dougherty. Hastie. Bernard. Broadhurst. and Marcus 1992.)*





# ENRICH Project

- ENRICH Project is a **Lifelong Education Program** for people who suffer from mental illness.
- It aims at facilitating those service users in developing an attitude of **continuous self-improvement** through life long education, so as to enable **life mastery** and **improve quality of life**.
- The program was first provided by “Baptist Oi Kwan Social Service Institute of Cognitive Development” for people with mental illness in **2002**.
- The registered students from 2002 till Mar 2009 is 1171 in total.





## ***The Content of ENRICH Project:***

### **Scheme A : Outreaching Program**

Home based program (started from August 2007)

Hospital based program (started from January 2008)

### **Scheme B : Structural Learning (started from 2002)**

### **Scheme C : Mentorship program (started from Jan 2008)**

### **Scheme D : Self-learning Programme & Partnership Program (started from April 2008 & February 2009 respectively)**





## Scheme A - Outreaching Programme

- Service target : 180 persons with mental illness who are staying in hospitals or idling at home (per year)
- Objective : to reach out to those mentally ill persons with **lower functioning, newly diagnosed** patients or to be discharged shortly from the in-patient psychiatric wards
- This programme is viewed as a **starter course** which focused on independent living skills and mental health management. As these target groups are seen as ones who are either **unable or have low motivation** to take the initiative to attend classes themselves
- ✓ **257 persons have participated in the outreaching program with Hospital during the period of January 2008 to January 2009**
- ✓ **56 persons have participated in the Home based program during the period of April 2008 to Jan 2009**





## Scheme B - Structural Learning

- Service target: 400 ex-mentally ill persons living in the community (per year)
- Objective: to promote life long learning among ex-mentally ill persons.
- This scheme targets those ex-mentally ill persons aged 16 or above who are mentally stable and wish to pursue continuing education. Courses are offered on a **semester basis**, covering three main streams: **psycho-social-cognitive, self-development and skills training**.





## Scheme B - Structural Learning

- The courses are designed to be diverse, interesting and practical. Therefore, an ex-mentally ill student can undertake a programme of courses to broaden his horizon, understand better the community he/she lives in and manage his/her life more effectively. The pedagogical strategies must emphasize not only acquisition of knowledge but more importantly **capacity building**.
- Courses are offered at substantially **subsidized** rate so that our students can afford to take our courses to enhance their lives through life long learning.
- ✓ **209 ex-mentally ill persons have enrolled in the structural learning courses during the period of Aug 2008 to Jan 2009**



## Scheme B : Structural Learning



Basic English Training Course

Stress Management Course



Computer Training Course



Memory Enhancement Course





## Scheme B : Structural Learning

Visual Art course



Social Skills Training Course



Musical Instrument course

Emotion Expression Group



# Scheme C - Mentorship Programme

- Service target: 60 mentors (per year)
- Objective: to train **ex-mentally ill persons, their carers and community members** to be the member of training team as a way of promoting social integration and developing human capital in the community.
- ✓ It is a platform for **promoting volunteering**. Ex-mentally ill persons, their carers and community members can become volunteer instructors.
- ✓ Special **trainings are provided** for the instructors to ensure they are equipped with basic knowledge in mental health and communication skills in dealing with ex-mentally ill persons.
- ✓ Greater acceptance towards mentally ill persons is expected through person-to-person interaction in the course of teaching and learning. This helps to **promote social inclusion**, a crucial objective in the Institute's development.

**19 mentors have been trained in the Mentorship Programme during the period of Jan 2008 to Jan 2009**



## Scheme D - Self-learning Program & Partnership Program

- Service target: 200 ex-mentally ill persons (per year)
- Objective: to facilitate ex-mentally ill persons to develop an attitude of continually improving oneself through life long education so as to master their lives and raise quality of life
- A **variety of formats** of learning for students are provided. This allows students to choose their mode of learning, **from structured classroom to distance learning**.
- ✓ **Web-based learning hub** will be set up. Course materials and lectures will be available on the web. The web-site was launched in March 2009.
- ✓ **Study clubs** will be organized. It aims to foster an environment conducive to self-learning.
- ✓ **Annual seminars** with presentation from professional speakers will be organized to share with students on solving difficulties encountered and learning skills.
- ✓ **Partnership courses** with mainstream training institutions aiming at promoting continuing learning.

**92 ex-mentally ill persons have enrolled in the self-learning program during the period of Feb 2008 to Jan 2009**



# Credit

- To encourage students having concrete study goals and systematic plans of study, credits are earned for the completion in each course. As a token of appreciation, **progressive levels of certificates** will be granted based on the number of credits earned.
- Every year, a **graduation ceremony** will be held to award certificates and scholarships and to honor those hardworking students.





**Community Partnership Program**  
**ENRICH's Outreaching program**  
**Pamela Youde Nethersole Eastern Hospital**

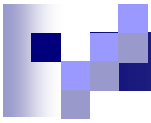




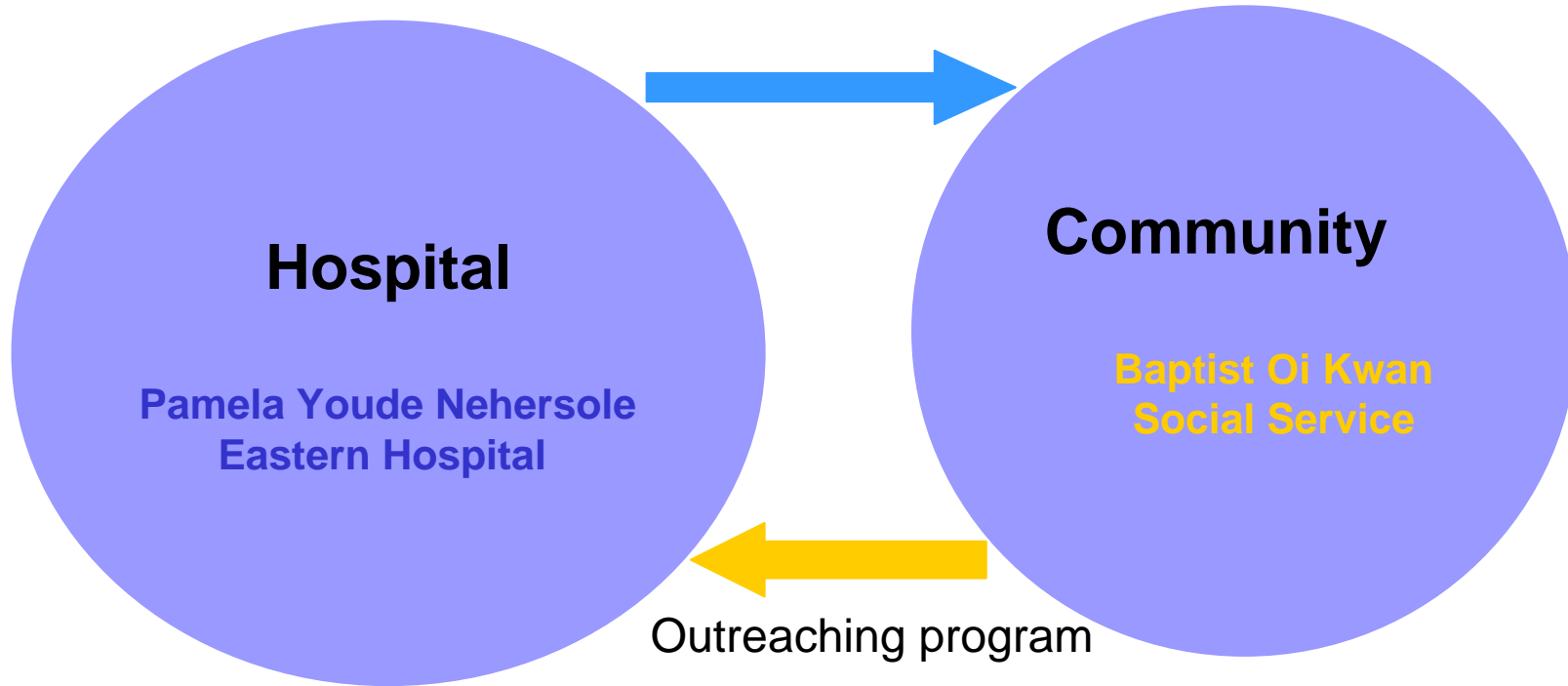
## **Community Partnership Program – Outreaching Program of ENRICH**

- The **Hospital-based** program was started from January 2008.
- This program aims at locating and reaching out to people with mental illness who have limited social support ; and link up the patients to the existing community services.
- This program has cooperated with **Outpatient Psychiatric Department; Psychiatric wards and Day Hospital of Pamela Youde Nethersole Eastern Hospital**, and make use of the venue in Hospital to organize a variety of programs and courses for the patients in the hospital.
- Through this outreaching program, the social workers of Baptist Oi Kwan Social Service would build up rapports with the patients, then the workers would be more easy to engage the patients in joining the existing community services. On the other hand, the allied health workers of hospital also organise the patients to **visit the rehabilitation service of Baptist Oi Kwan Social Service** in order to let the patients get more understanding about the real environment of the community services.





## Registered in Community Program





## The program started in Jan 2008, has been cooperating with:

- **Outpatient Psychiatric Department (OPD)**  
Target client: Psychiatric outpatients
- **Day Hospital (DH)**  
Target client: Psychiatric outpatients
- **EXITERS Program (EP)**  
Target client: Psychiatric inpatients
- **Psychiatric Rehabilitation Ward (PRW)**  
Target client: Psychiatric inpatients







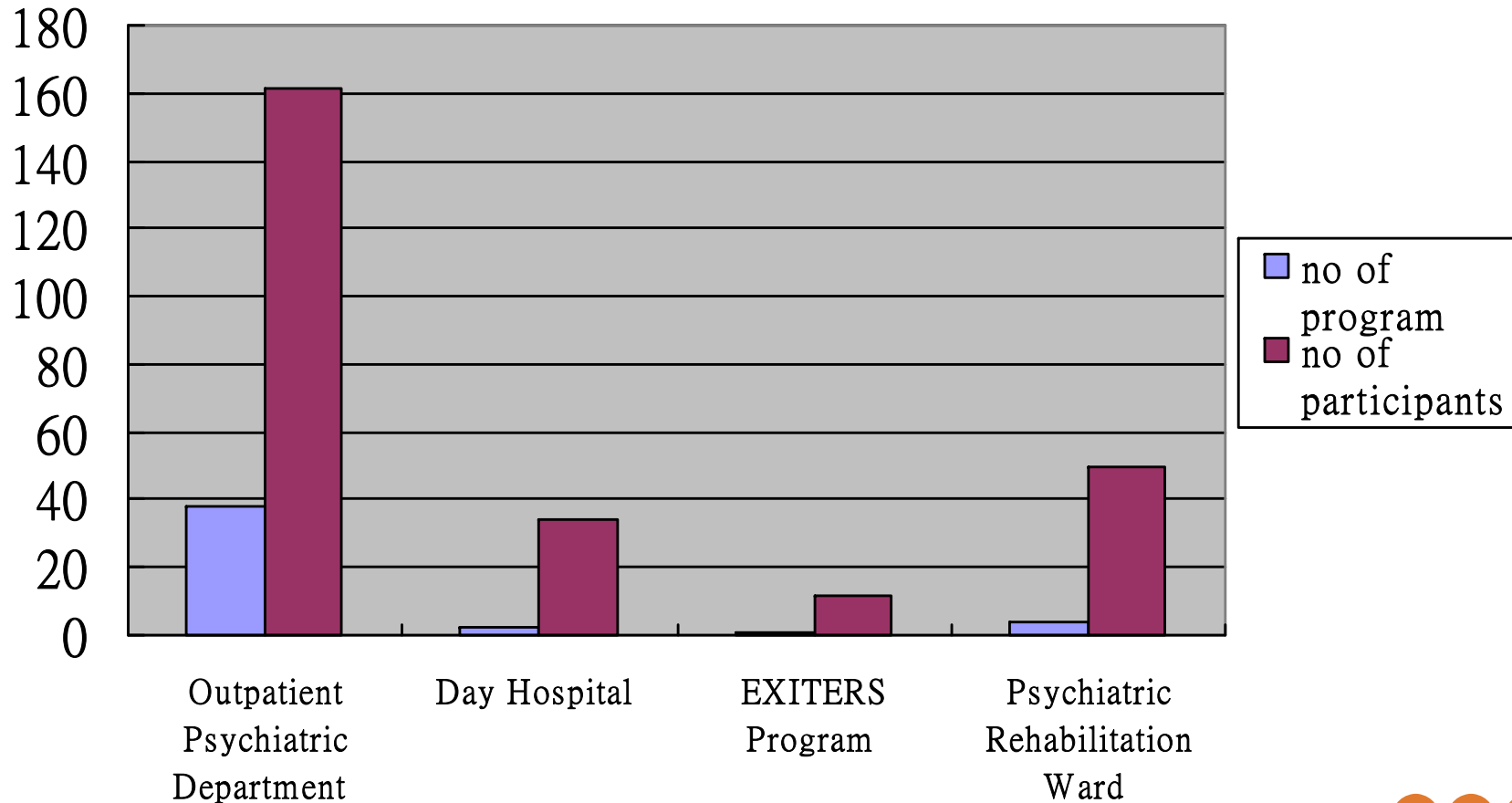
## Content of the Outreaching programs

- Community living skills
- Home management
- Stress management
- Social skill training
- Mental health management
- Self-understanding
- Nutrition
- Arts adventure program
- Interest group: Handcraft
- Magic therapy



# No. of program and participants

(January 2008- January 2009)

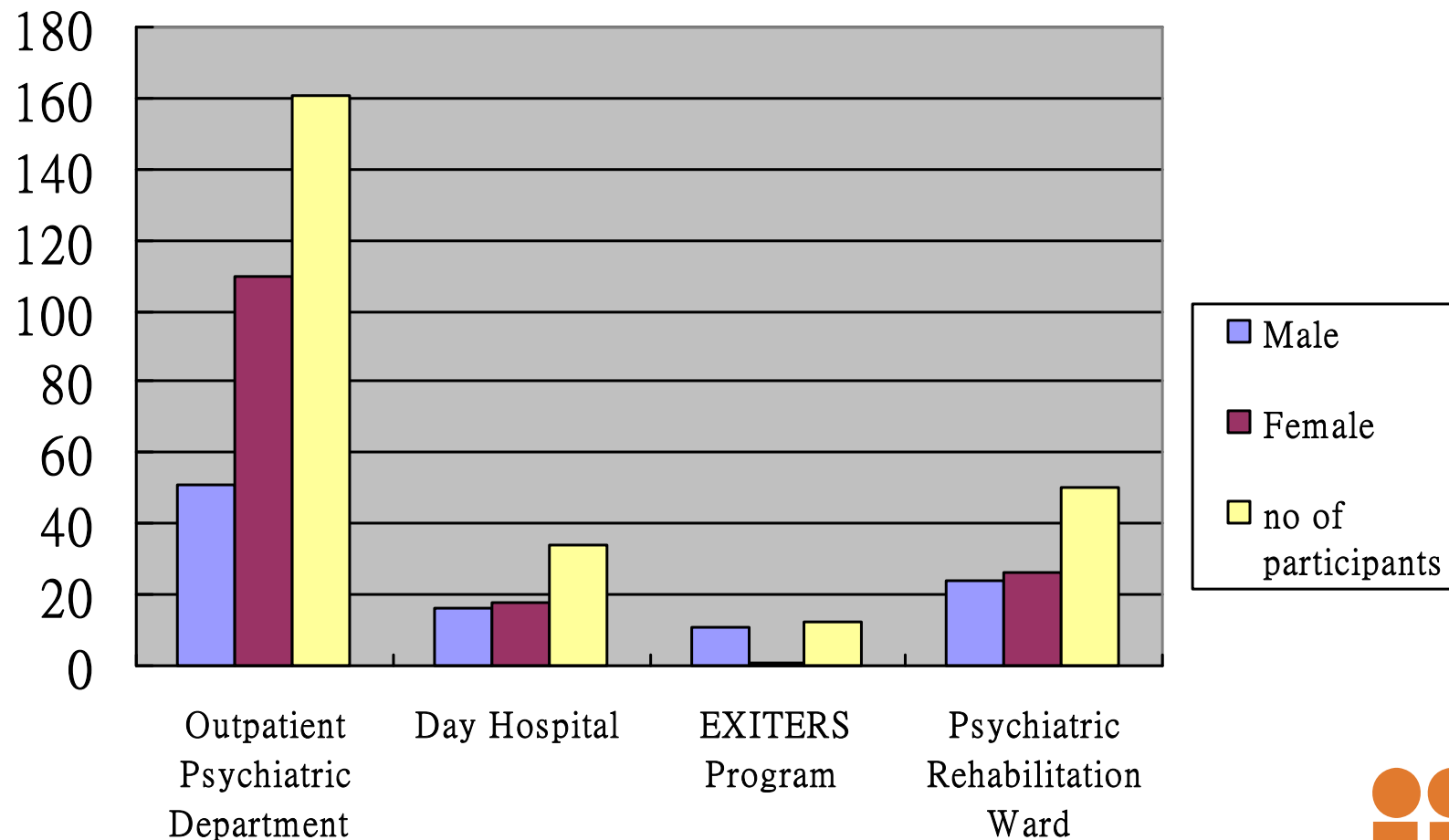


Total no. of program: 45

Total participants: 257



# Sex ratio of the participants



# Hospital Based Programs



2009/5/5

Baptist Oi Kwan Social Service

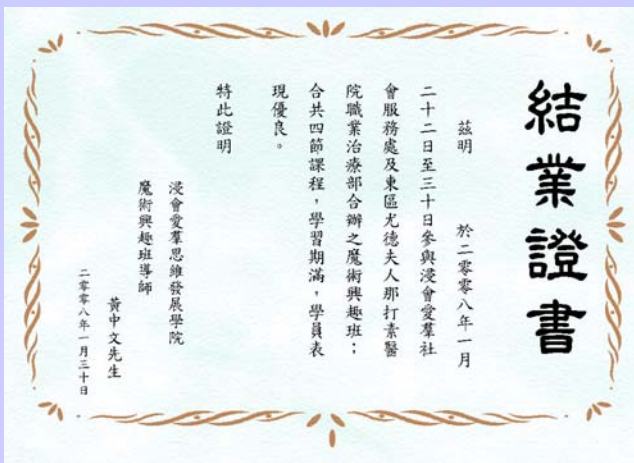


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## Effects on Partnership Program with Pamela Youde Nethersole Eastern Hospital

	Total participants	Satisfactory feedback	Quality of life have been improved	Registered in BOKSS Institute of Cognitive Development
<b>Outpatient Psychiatric Department</b>	<b>161 outpatients</b> (28 feedback forms have been collected)	<b>96.4% of 28 participants</b>	<b>96.4% of 28 participants</b>	<b>10 participants</b>
<b>Day Hospital</b>	<b>34 outpatients</b> (34 feedback forms have been collected)	<b>91% of participants</b>	<b>88% of participants</b>	<b>29 participants</b>
<b>EXITERS Program</b>	<b>12 inpatients</b> (12 feedback forms have been collected)	<b>89% of participants</b>	<b>66% of participants</b>	The participants are still in inpatient status, this indicator is not applicable.
<b>Psychiatric Rehabilitation Ward</b>	<b>50 participants</b> (43 feedback forms have been collected)	<b>95.3% of participants</b>	<b>81.4% of participants</b>	<b>5 participants</b>

# Hospital Based Programs





## The Way Ahead

1. In the future, we plan to identify some **measurable indicators** so that we can evaluate the effectiveness of the courses and identify areas for improvement.
2. **Evaluation** with Pamela Youde Nethersole Eastern Hospital will be coordinated to guarantee the quality of the programs and explore the emerging needs of the patients
3. Explore the potential of **collaboration with other hospitals** in other districts.







THANK YOU!

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