

## **Mobile Nurse Station – Psychogeriatric ( MNSPG ): Partnership between Hospital and District Elderly Community Centre ( DECC )**

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### **Introduction:**

Nurse station of psychiatric ward appears at elderly centre. Mental problem is still a taboo in Chinese Society; family encountered demented and / or depressed elderly may remain undisclosed. Psychiatric nurses enter DECC through MNSPG is to facilitate their approach to psychogeriatric intervention. They can go centre for recreation, meanwhile, enquire about psychogeriatric problems in MNSPG. This idea supported by pilot 護腦護老友同行計劃 16.1.2010 – 13.3.2010. It focused on Dementia first.

### **Purpose of the Project:**

- Promote community awareness towards dementia.
- Collaborate a platform to enhance clients' independence and support their capacity at the family to remain in community by shift focus towards prevention and early intervention.

### **Material & Methods:**

Mass screening by Abbreviated Mental Test conducted on 16.4.2010. Enquiry sessions and appropriate psychogeriatric intervention fellow. Interactive workshops provided for practical handy skills of caring demented. Clients registered time slot for consultation in MNSPG. Cases management shared between nurses and DECC social workers. Survey on opinion and awareness completed. Photos were post for breaking taboo. Leaflet with comics were distributed.

### **Results:**

Activities	Number of Participants
1 Community Talk	78
3 Workshops	91
7 MNSPG consultations	46

Graph: Living area of participants - 16/1/2010 Community Talk

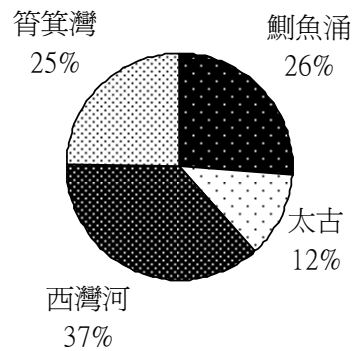


Table: some participants' situation

One case referred to Psychogeriatric Outreach Team, PYNEH

Three cases put on watch-up waiting and referred to DECC Social Worker for counseling needs

Five cases were already seen at psychiatric clinic.

Table: Extraction of survey

“護士站提供了專業意見”; “我以前唔識這樣跟她(痴呆症患者)講”

Majority of participants agreed the presence of MNSPG

### Conclusions:

MNSPG is to help the elderly society to improve the acceptance of psychiatric services. Detection of elderly depression is another crucial topic. Partnership between hospital and NGO can provide assistance to improve elderly coping for low complex mental illness.