

# 基督教靈實協會 Haven of Hope Christian Service

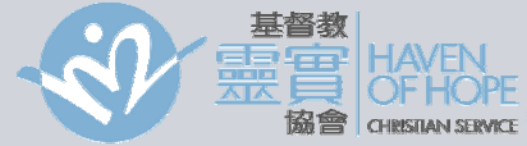
以愛心服事關懷



# Building Better Life Beyond Pain and Disabilities

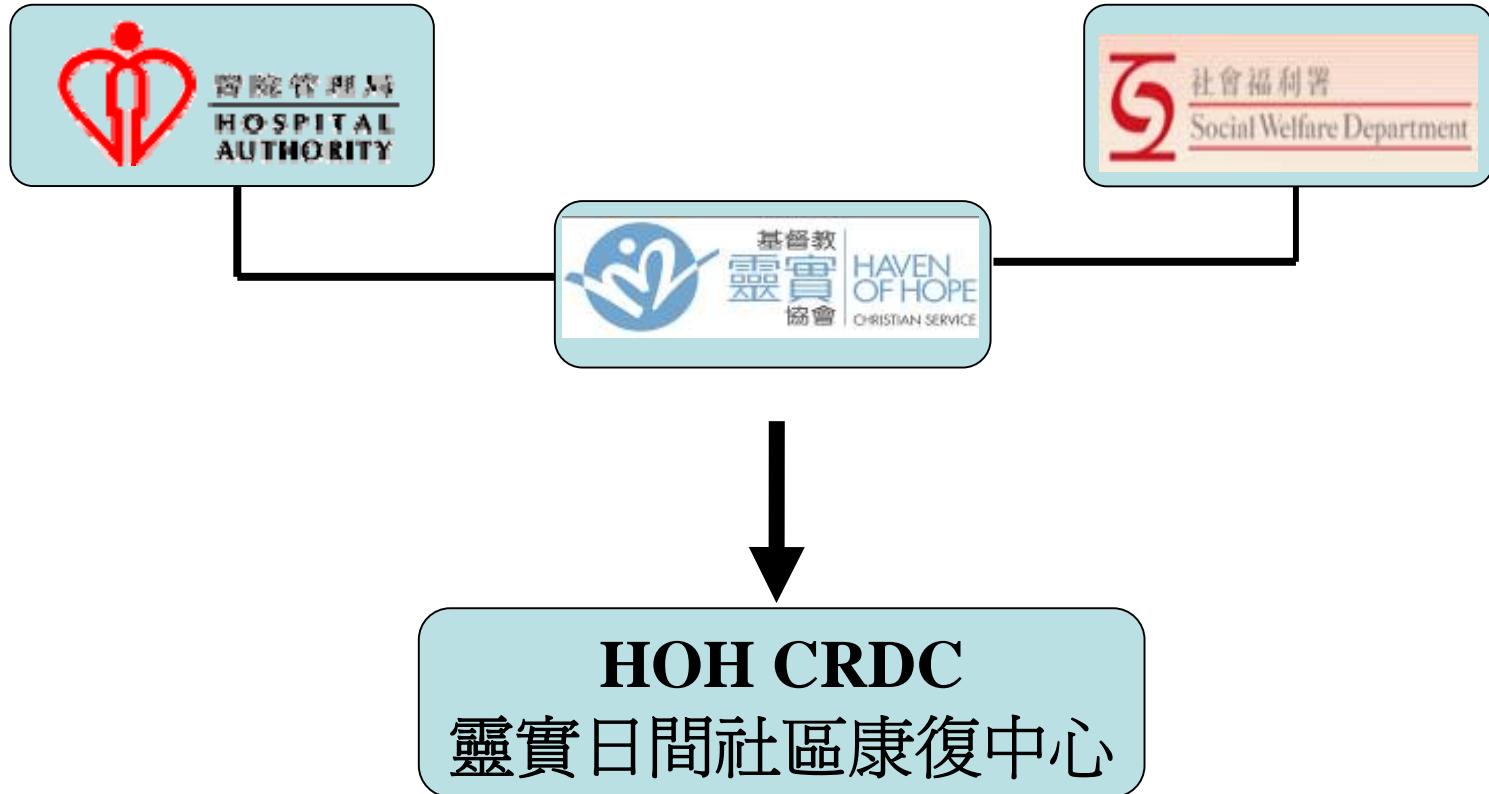
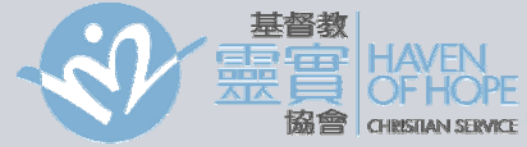
**Haven of Hope**  
**Community Rehabilitation Day Centre**  
靈實日間社區康復中心

# Objective

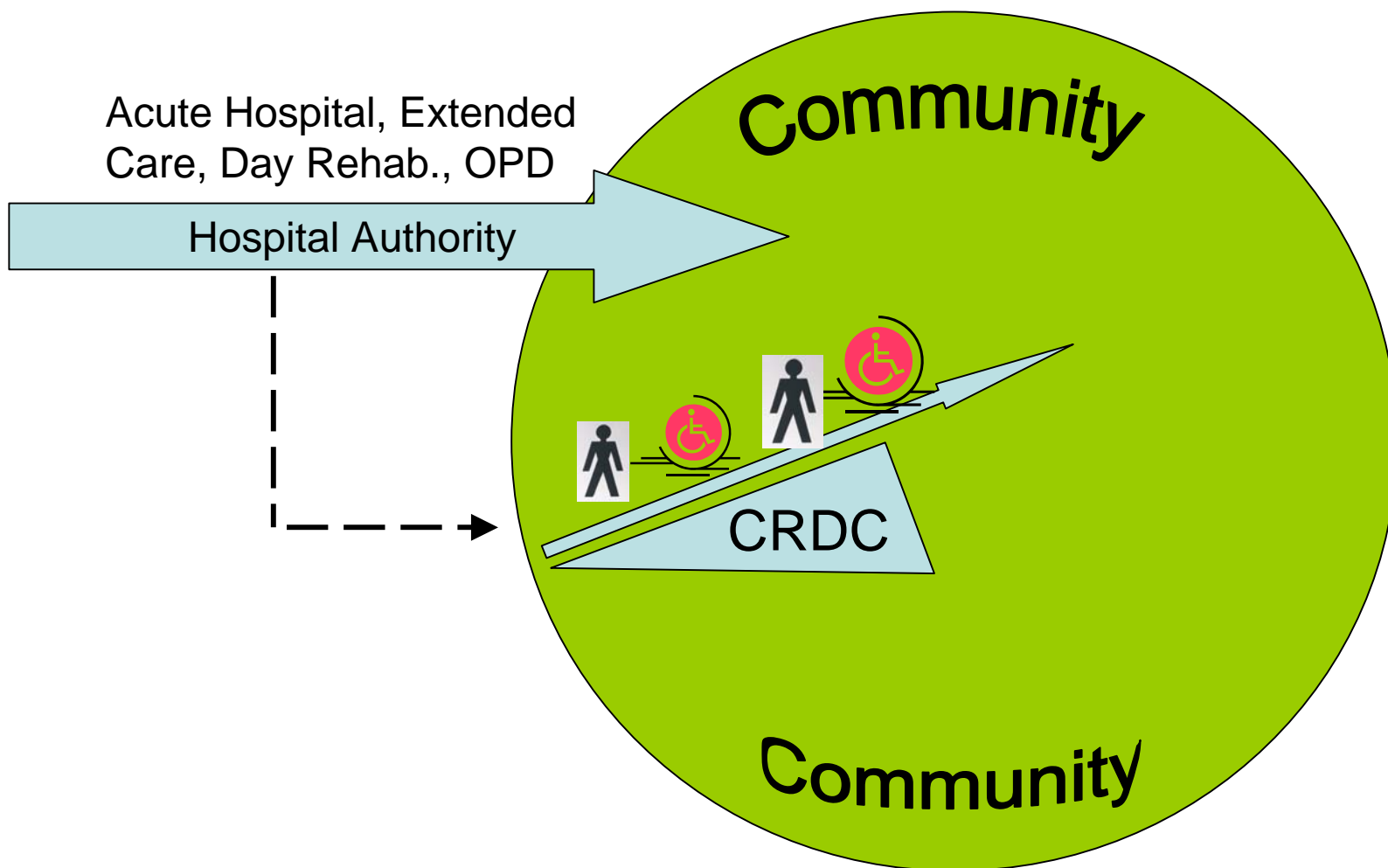


- To demonstrate the effectiveness of a Transdisciplinary Rehabilitation model in managing discharged HA patients in the community

# Community Rehabilitation Day Centre (CRDC)



# Nature of CRDC



# CRDC Users

- Common problems noted



- Disease related physical changes

Physical problems

Self-helplessness

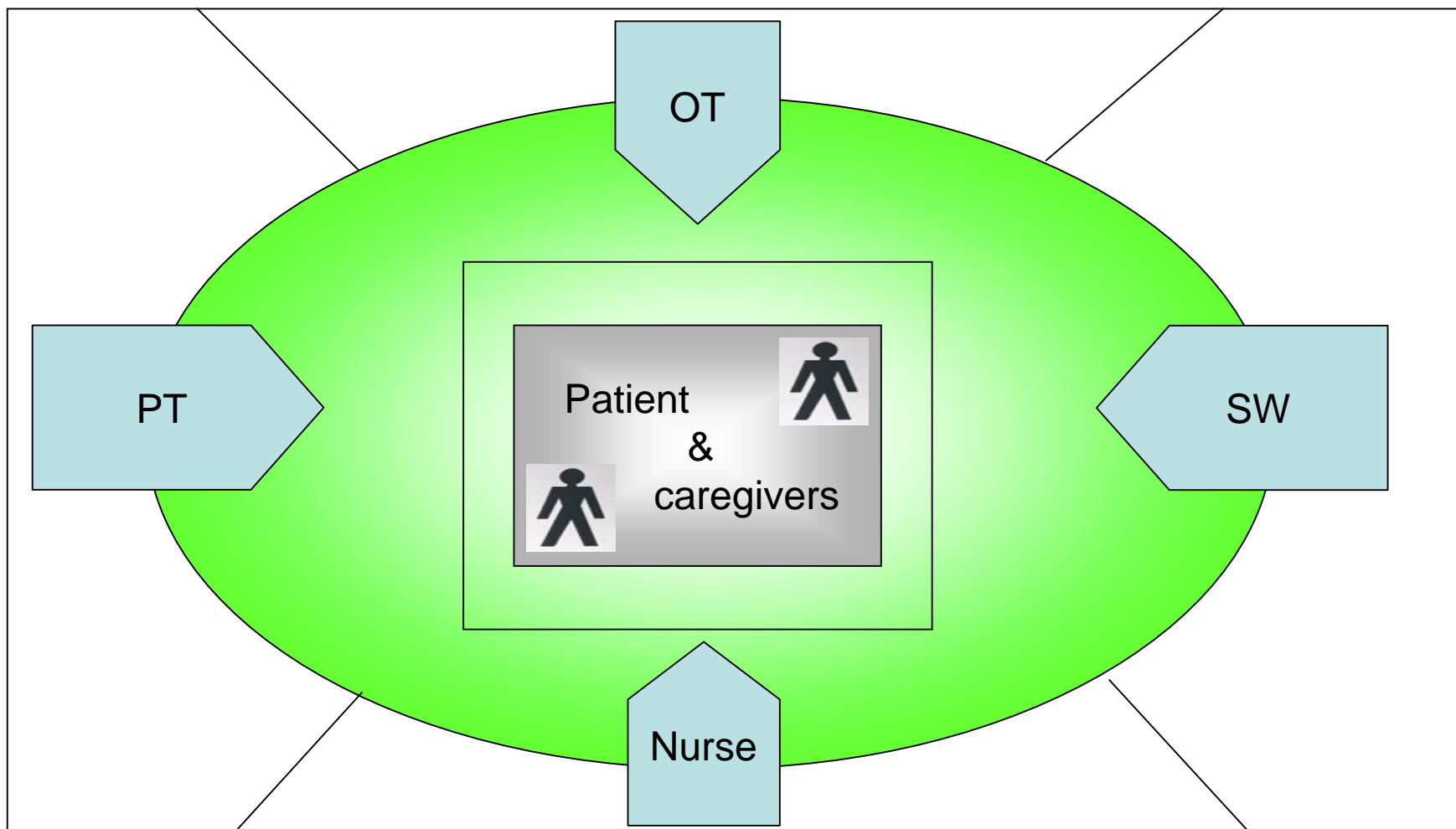
Lacking directions

Little successful experience

Poor family relationship

Weak social support

# Transdisciplinary Intervention



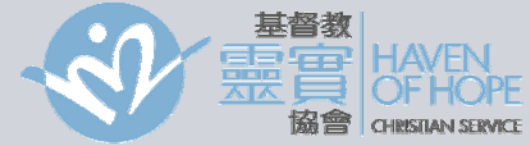
# Examples of Transdisciplinary Interventions

Integrated Rehabilitation Programs  
Collaborative Treatment Sessions  
Full team psychosocial support





# Outcome Sharing



Service users: 225

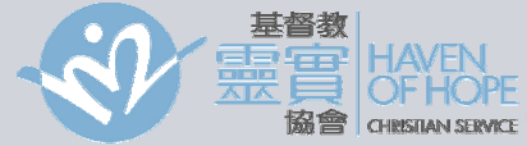
## Musculoskeletal

- Back & Neck (28%)
- Limbs (14%)

## Neurological

- Stroke (38%)
- Other neurological disorders (16%)

# Outcome Sharing



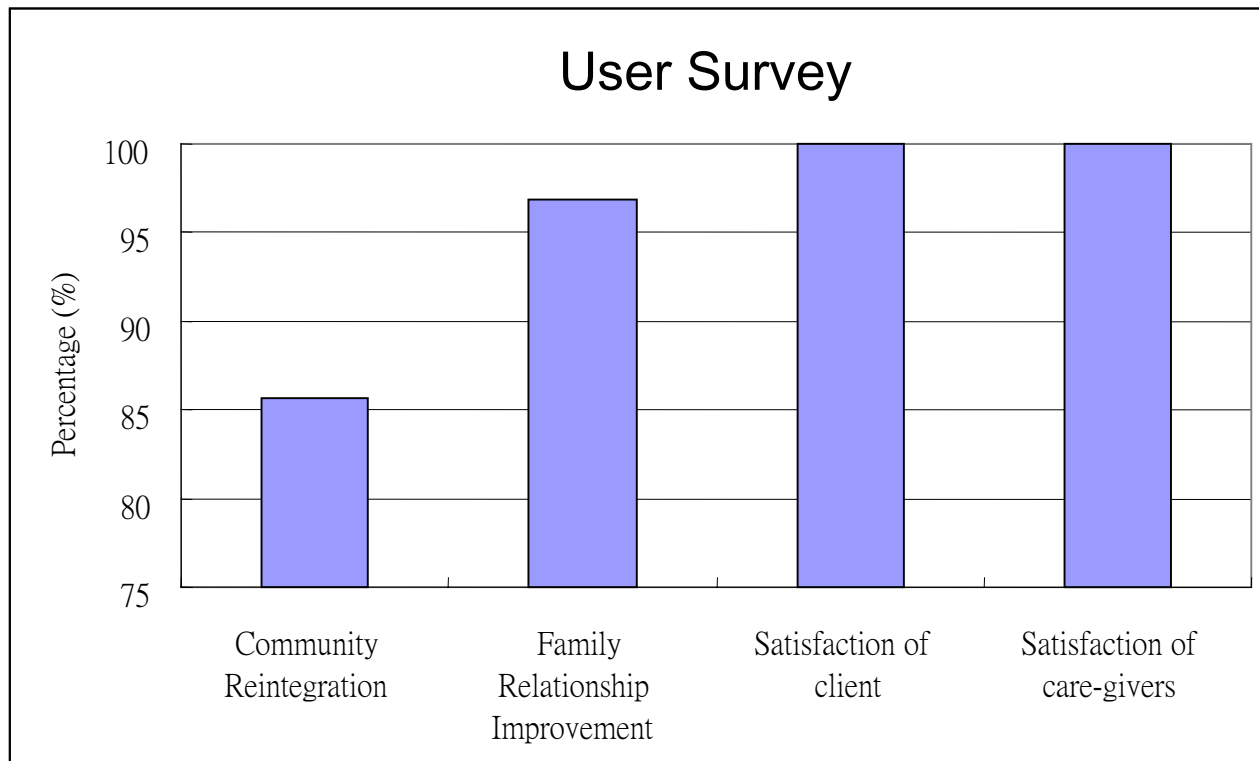
Barthel Index: 18% improved

82% maintained

Pain (N=82) : 60% had >  
10% improvement

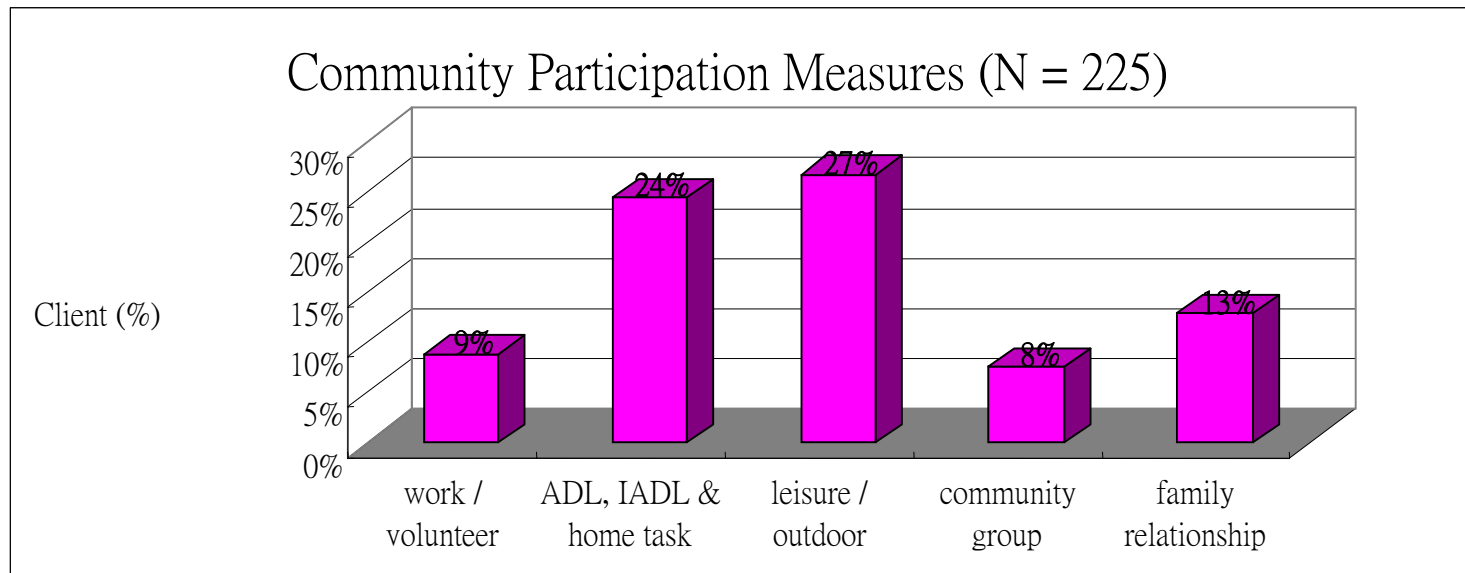
# Outcome Sharing

## User Survey



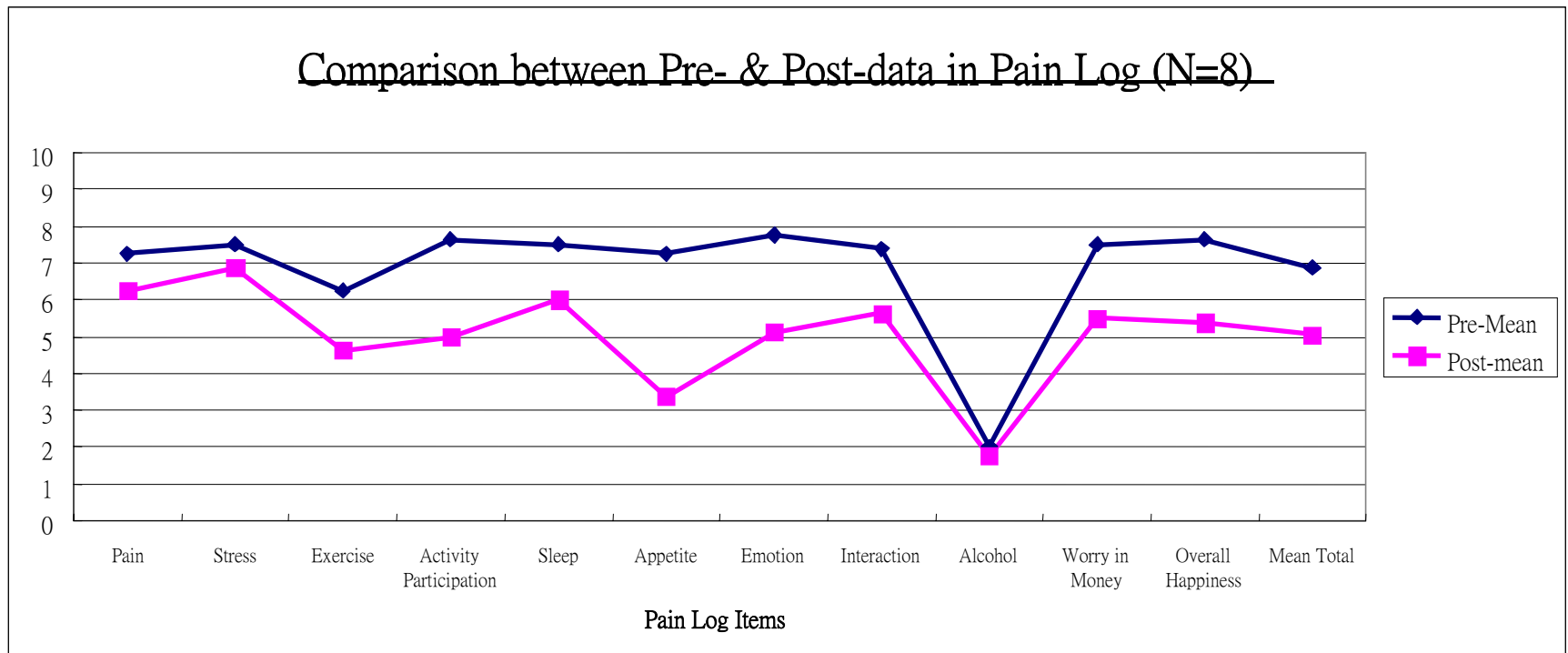
# Outcome Sharing

## Community Participation



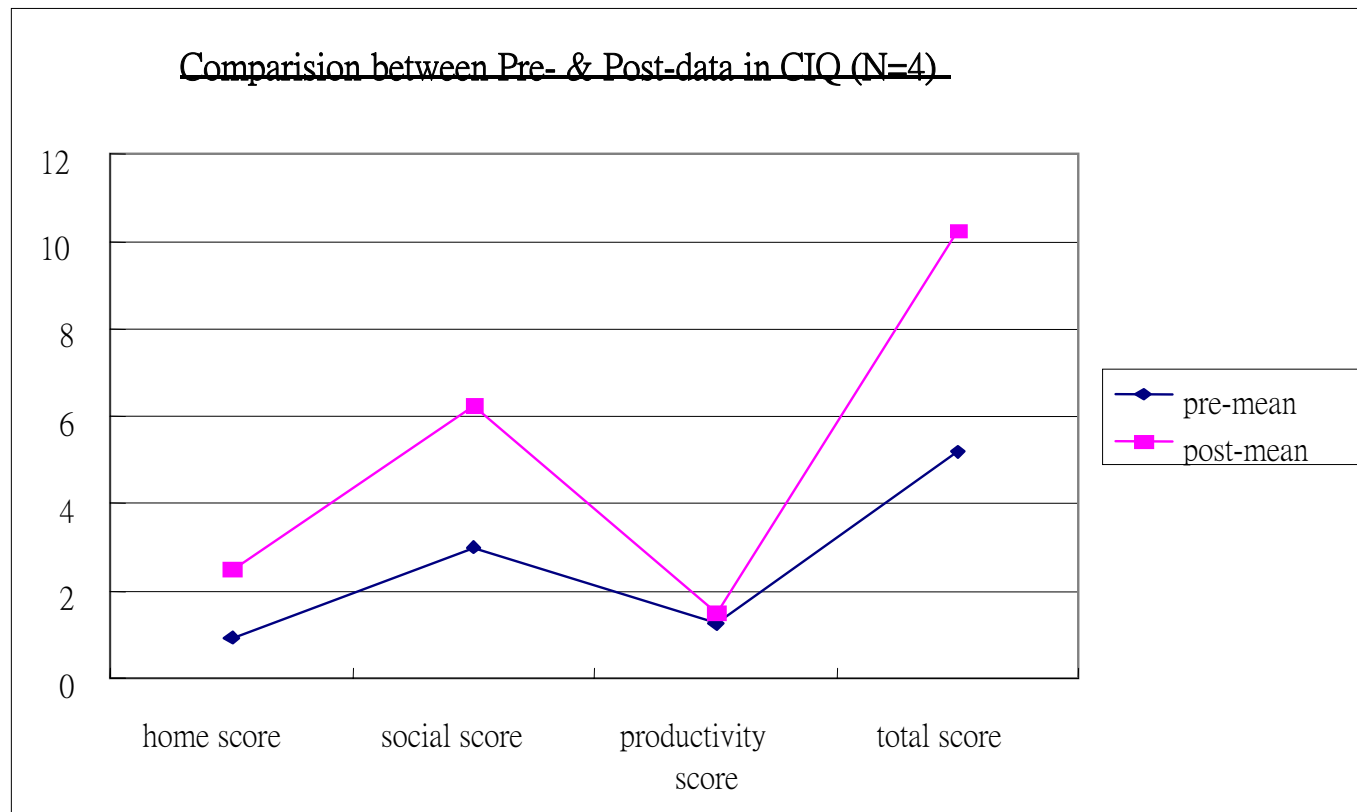
# Outcome Sharing

## Pain and Pain-Related changes



# Outcome Sharing

## Community Integration Questionnaire

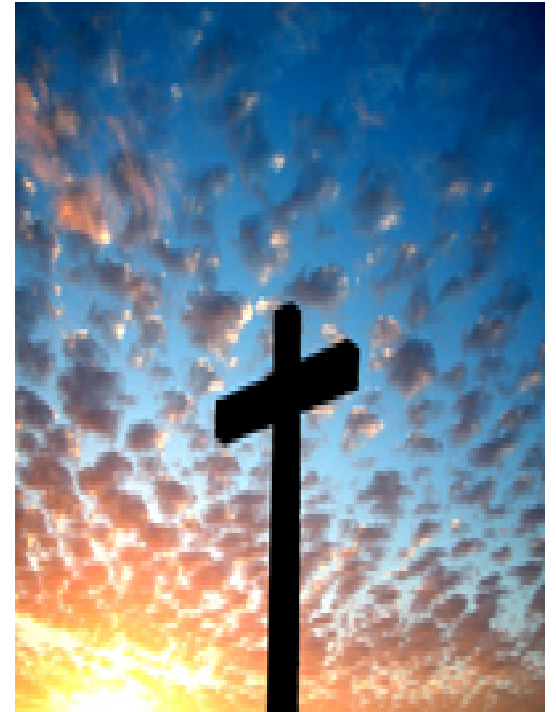


## Transdisciplinary Model

- Shared Goals
- Shared (Synergistic) Skills
- Shared Mindset of Rehabilitation
- Patient / caregivers access to all discipline in a single session

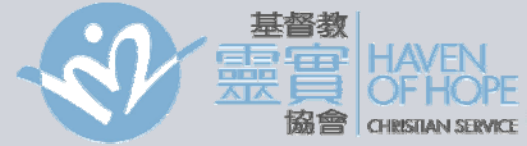
# Discussion

- Holistic Care
- Non-judgemental Support
- Care in the love of Christ





# Conclusion



- A proactive transdisciplinary model pragmatically focusing on community re-integration enriched community rehabilitation and complement the mainstream medical model of rehabilitation.