



## Free Papers Presentation

# Partnership Program: ENRICH Project Cooperation with PYNEH

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### Introduction:

ENRICH Project is a Lifelong Education Program for people who suffer from mental illness, which aims at facilitating those service users in developing an attitude of continuous self-improvement through life long education, so as to enable life mastery and improve quality of life. The program was first provided by “Institute of Cognitive Development” for chronic psychiatric patients from 2002. After the support from Community Chest in 2006, the program is stretched to Home-based program and hospital-based program in order to locate and reach out to people with mental illness, who have limited social support, and establish a bridge for them to link up with the community through the psychosocial education courses as a result.

### Purpose of the Project:

- Objective : to reach out to those mentally ill persons with lower functioning, newly diagnosed patients or to be discharged shortly from the in-patient psychiatric wards
- This programme is viewed as a starter course which focused on independent living skills and mental health management. As these target groups are seen as ones who are either unable or have low motivation to take the initiative to attend classes themselves

### Results:

PYNEH is the major partner of this pilot ENRICH’s Outreaching program. The program started in Jan 2008 and has been cooperating with Patient Resource Centre(病人資源中心), Outpatient Psychiatric Department, Day hospital (Occupation Therapy Dept.), Exiter Program and Psychiatric Rehabilitation Ward (恆曦社) in PYNEH. In the last nine months, 9 open-group sessions in Patient Resource Centre, 2 psychosocial education courses in Day hospital, 1 Arts Adventure course in Exister program and 2 psycho-social education courses in Psychiatric Rehabilitation Ward were held. 80 people participated in total and over 90% of satisfactory feedback with received. 46 of the 132 participants later registered in “Institute of Cognitive Development”.

	Total participants	Satisfactory feedback	Quality of life have been improved	Registered in BOKSS Institute of Cognitive Development
Outpatient Psychiatric Department	47 outpatients (37 feedback forms have been collected)	90% of 37 participants	100% of 37 participants	10 participants
Day Hospital	34 outpatients (34 feedback forms have been collected)	91% of participants	88% of participants	29 participants
EXITERS Program	12 inpatients (12 feedback forms have been collected)	89% of participants	66% of participants	The participants are still in inpatient status, this indicator is not applicable.
Psychiatric Rehabilitation Ward	39 participants (39 feedback forms have been collected)	91% of participants	81.6% of participants	7 of 17 participants (22 participants are still in inpatient status)

### Conclusions:

The Outreaching Approach is a mean to link up the patients from the Hospital treatment to Community Recovery service. “Institute of Cognitive Development” provides a continuous engagement for people who suffer from mental illness.

### Keywords:

Mental Illness, Lifelong Education, Community Recovery Program