



Other Abstracts

Non-profit & Self-financing Model of Community-based Integrated Rehabilitation Service for Service Users from General Out-Patient Clinic (GOPC) of Hong Kong East & West Cluster

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Introduction:

TWGHs KWMCMHHC cum AJR CFRC has been providing community-based integrated rehabilitation service for 2 years. We aim to bridge the gap between hospital authority (HA) and private health care providers, such that people with rehabilitation needs can receive timely, proper and one-stop treatment while waiting for HA service.

Purpose of the Project:

1. To investigate the effectiveness of a community based, integrated rehabilitation service for general public
2. To relieve the burden on the public hospital system of caseload that may be readily cared for at primary level in the community

Material & Methods:

Service users referred by GOPC from November 2007 to November 2008 were included. Rehabilitation service included physiotherapy, occupational therapy, social worker counseling and therapeutic exercise program was delivered to the client according to the referral requested by GOPC medical specialists.

Clients' rating on various domains including physical (pain reduction, muscle strength improvement), psychosocial (changes in family relationship, community participation) and economical (service fee acceptance) were retrieved for analysis with the use of descriptive statistics.

Results:

389 discharged users' survey reflected positive changes in pain reduction (70%), muscle strength improvement (48%), family relationship (58%), community participation (60%) and service fee acceptance (70%).

Conclusion:

TWGHs KWMCMHHC cum AJR CFRC can work hand in hand with GOPC to provide community-based, integrated rehabilitation service for general public. In the long term, the demand for medical treatment and subsequent medical costs will be lowered as more clients are receiving community rehabilitation service. Ultimately, it is hoped to share out the burden of HA rehabilitation service.