

港島東醫院聯網醫社合作研討會(十)

醫社同行十載情齊心共創健康路

Seminar 1:

Building Age Friendly Communities with Patients' Perspectives

從病人的角度與觸覺
構建長者友善社區

Use of Healthcare Voucher, from Patients and Carers Perspectives

長者醫療卷的使用— 經驗與前瞻

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Results of surveys on *Elderly Health Care Voucher Scheme* 長者醫療券計劃意見調查結果

The Hong Kong Medical Association, 20 April 2015
香港醫學會，2015年4月20日

Research Background 背景資料

◆ Doctors' Survey

- ◆ *Objective:* So far, only some 1,700 doctors enrolled in the EHCVS. Hope to solicit members' views on the Scheme
- ◆ 13,949 questionnaires were mailed to locally-practicing registered medical practitioners & medical students in January 2015
- ◆ 1,261 valid responses were received, response rate was 9%. For analysis, those who answered "In Public Service", "Others", did not respond, or gave deviated answers to "Type of Practice" were excluded
- ◆ Hence, **723 valid responses from doctors in private practice** were being analyzed

◆ 醫生問卷

- ◆ *目的:* 參與醫療券計劃的醫生人數至今只有一千七百多人，希望了解醫生對醫療券計劃的意見
- ◆ 於2015年1月寄出共13,949份問卷予本地執業的註冊醫生及醫科學生
- ◆ 收回1,261 有效回覆，回應率為9%。為方便分析，回答“執業資料”一項為“公立醫院 / 衛生署醫生”、“其他”、留空或提供古怪答案者被抽出
- ◆ 因此，僅對**723份私人執業醫生之有效回應**作出分析

Research Background 背景資料

◆ Public's Survey

- ◆ *Objective:* to understand HK citizens' awareness of and attitude towards EHCVS
- ◆ Commissioned the Public Opinion Programme (POP) at The University of Hong Kong to conduct Survey on EHCVS in January 2015
- ◆ Random telephone survey was conducted during 22 - 28 February
- ◆ Totally **1,016 citizens** were successfully interviewed. Among them, **506** are senior citizens aged 70 or above and **510** are the primary caregivers of senior citizens aged 18+.
- ◆ The overall response rate was 79.5%

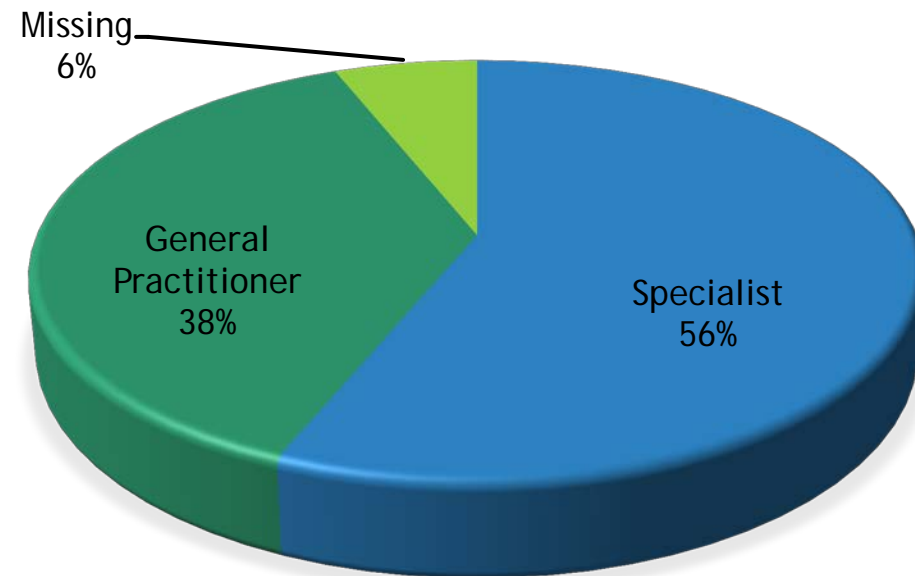
◆ 市民電話訪問

- ◆ *目的:* 了解市民對長者醫療券計劃的認知和意見
- ◆ 本會委託香港大學民意研究計劃於本年一月進行有關調查
- ◆ 於二月廿二至廿八日期間，以電腦用隨機抽樣的電話訪問形式進行
- ◆ 合共成功訪問了**1,016位香港市民**，其中**506**位為70歲或以上長者，**510**位為負責照顧70歲或以上長者並年滿18歲的家人
- ◆ 整體回應率為79.5%

Doctors' Survey - Demographic data

醫生問卷 - 個人資料

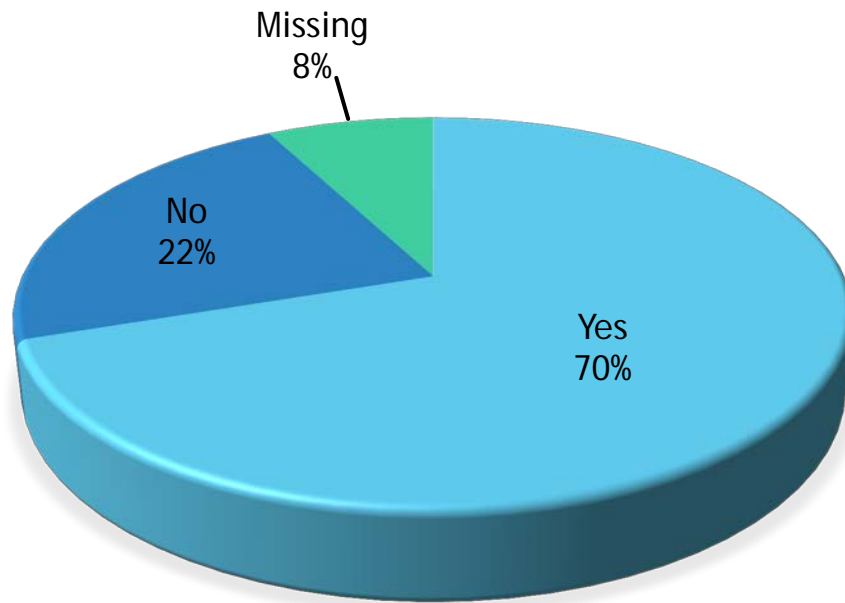
TYPE OF PRACTICE 執業資料



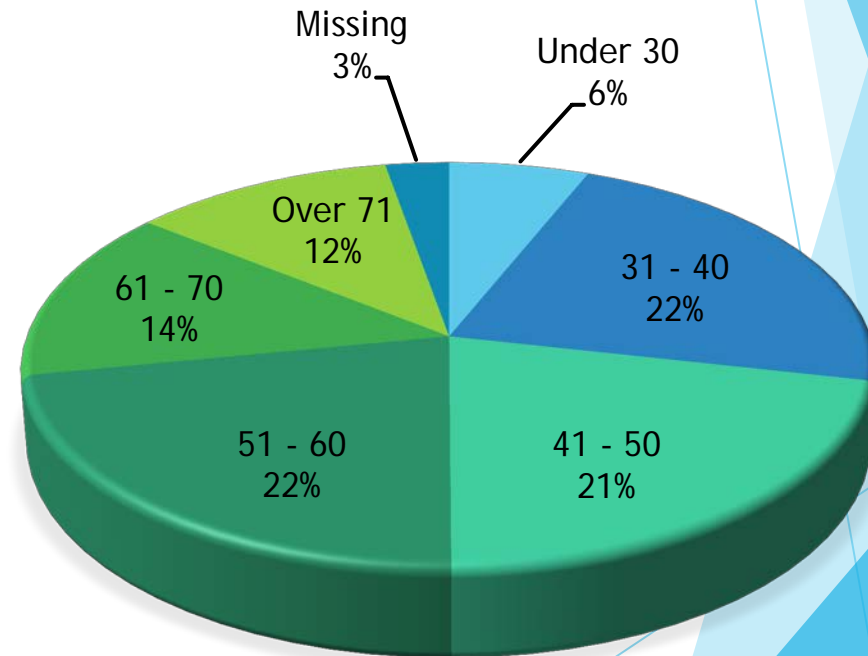
Doctors' Survey - Demographic data

醫生問卷 - 個人資料

COMPUTERIZED CLINIC MANAGEMENT
診所電腦化管理

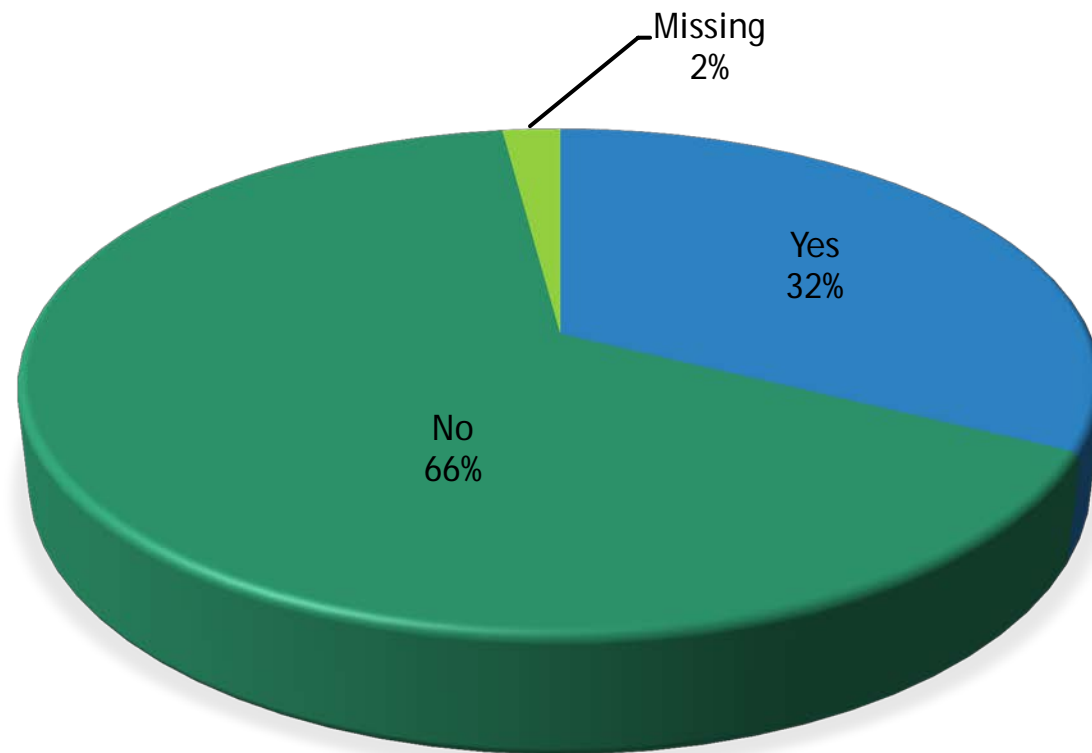


AGE 年齡



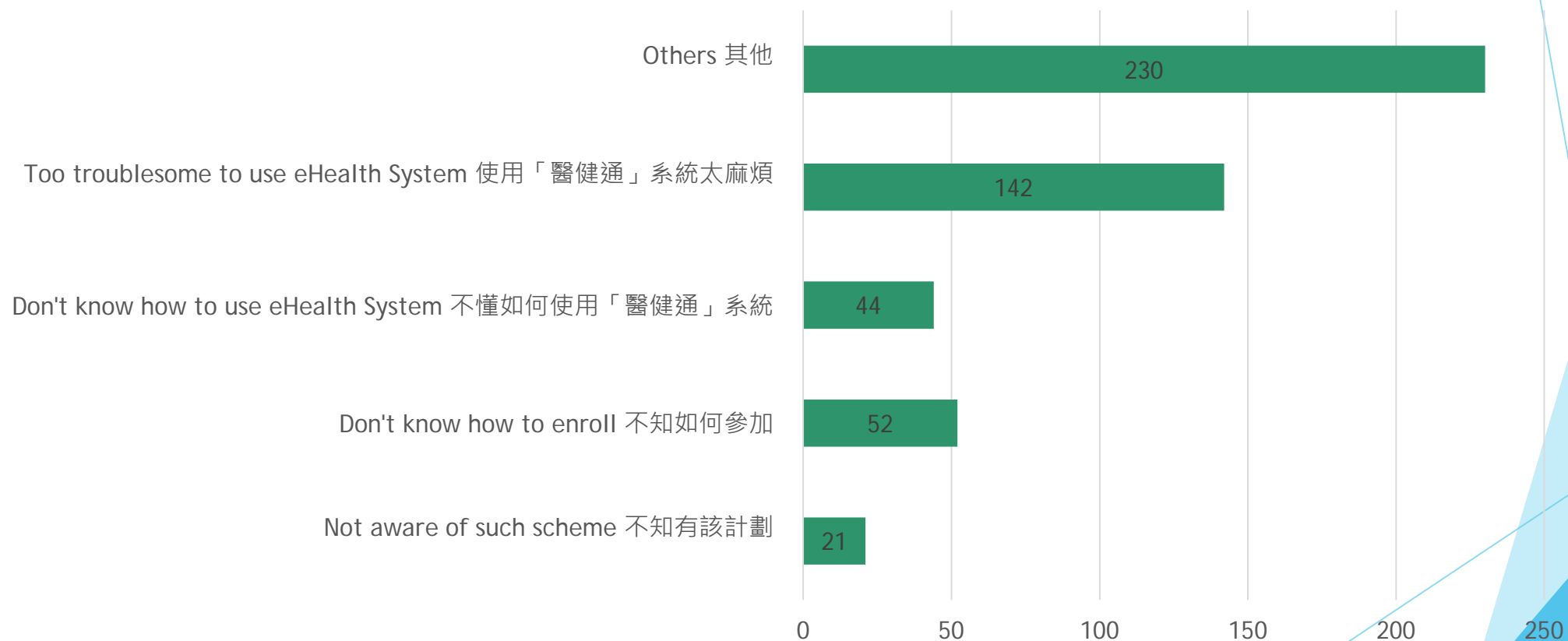
Doctors' Survey 醫生問卷

- ◆ Have you enrolled in EHCVS?
- ◆ 你有參與長者醫療券計劃嗎？



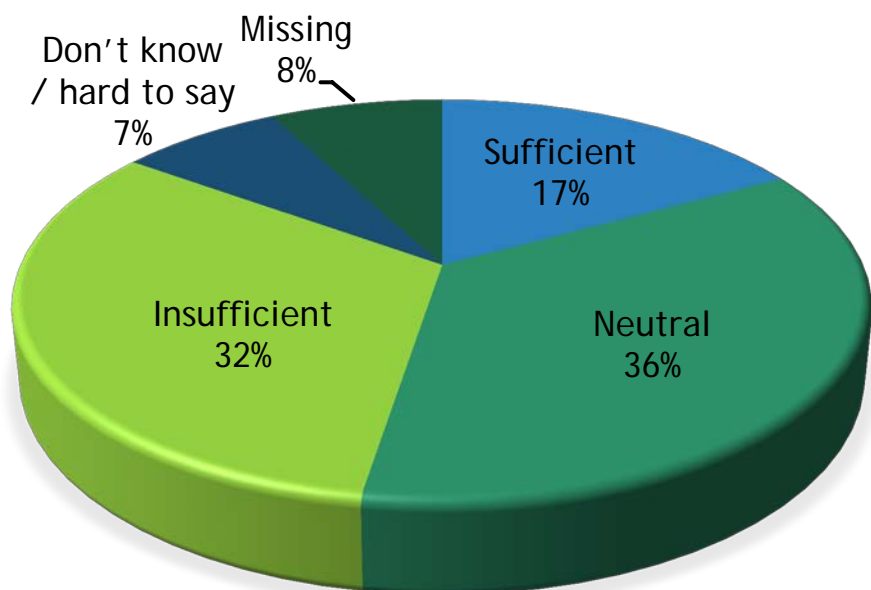
Doctors' Survey 醫生問卷

474 respondents answered "No" were allowed to provide multiple reasons, giving a total frequency of 489. 回答“沒有參與”的474人共提供了489個以下原因(可選多項)。



Doctors' Survey 醫生問卷

- ◆ Do you consider the annual voucher amount (HK\$2,000) provided by the Government for each eligible elder sufficient? If not, how much should the voucher amount be increased to?
- ◆ 你認為政府現時為每名合資格長者提供每年2,000港元的醫療券金額是否足夠? 若不足夠, 應該增加至多少?



Annual voucher amount of HK\$2,000 **insufficient** and should be increased to:

\$3,000 (109)

\$4,000 (90)

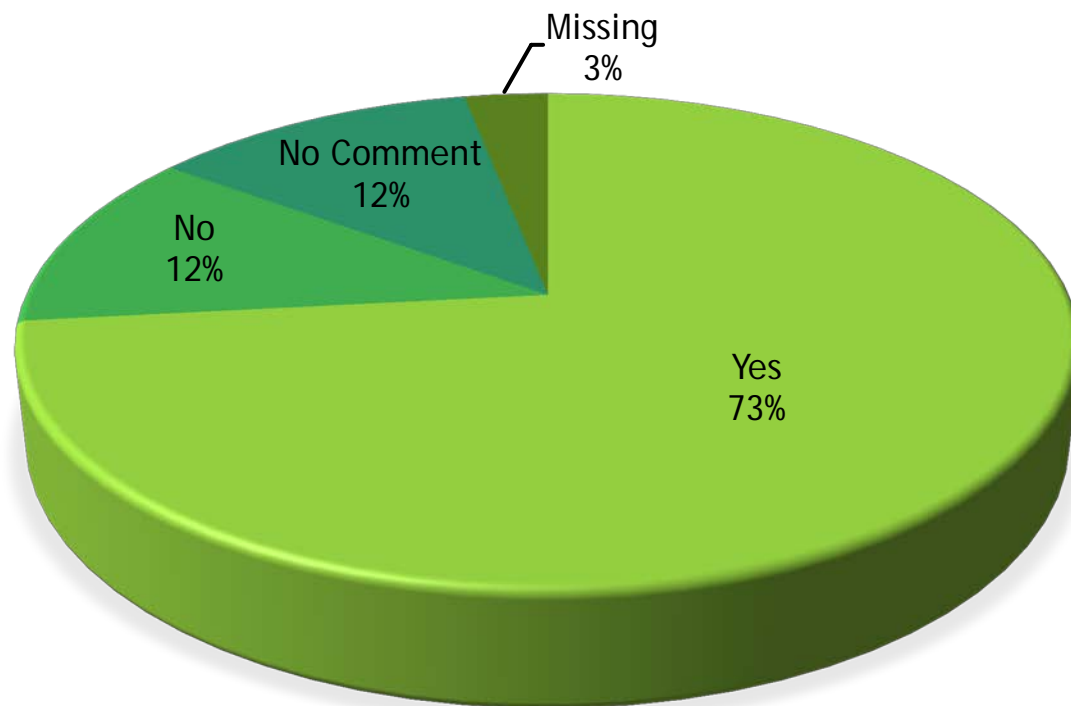
\$5,000 (102)

\$6,000 (16)

Others (41)

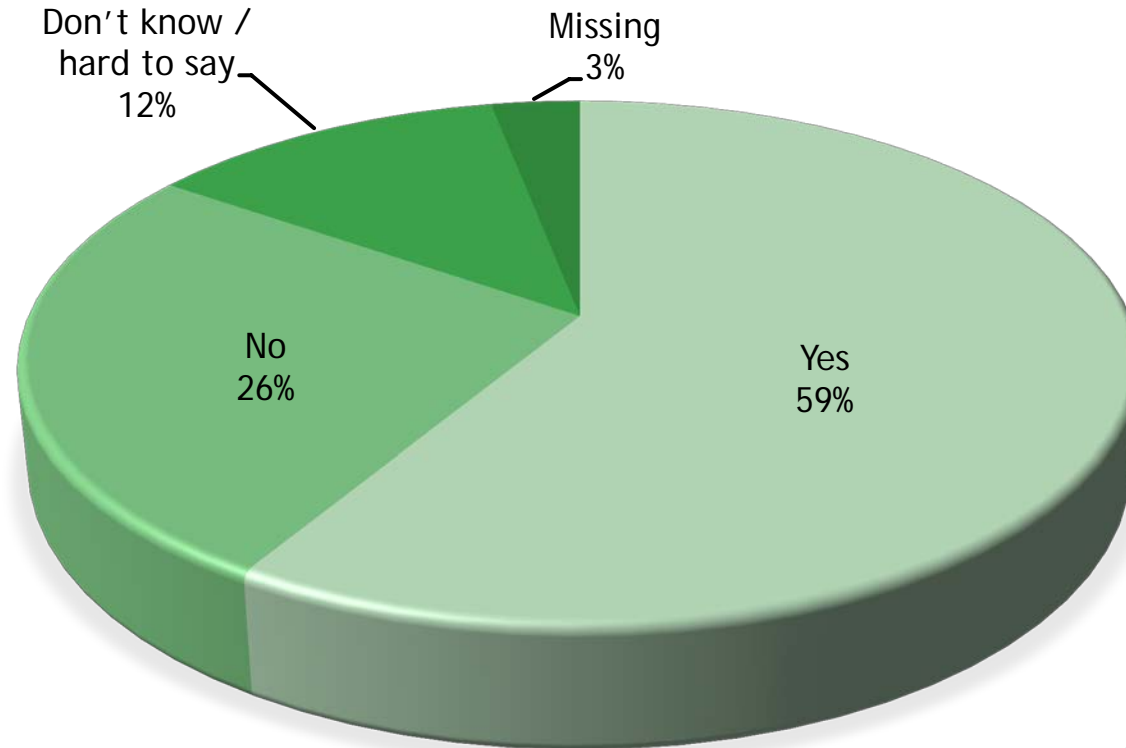
Doctors' Survey 醫生問卷

- ◆ There is no restriction on the number of years that an eligible elder may carry forward the unspent voucher amount and the current accumulation limit of voucher amount is HK\$4,000. Do you think the limit should be increased to HK\$6,000?
- ◆ 尚未使用的醫療券金額可保留和累積使用，可保留的年期不限。現時每名合資格長者的醫療券累積金額上限為4,000港元，你認為應否將該上限增至6,000港元？



Doctors' Survey 醫生問卷

- ◆ Do you think the age of eligible elder should be reduced from 70 to 65?
- ◆ 你認為政府應該將合資格使用醫療券的年齡由70歲下調至65歲嗎？



Public's Survey 市民電話訪問

Senior citizens 長者

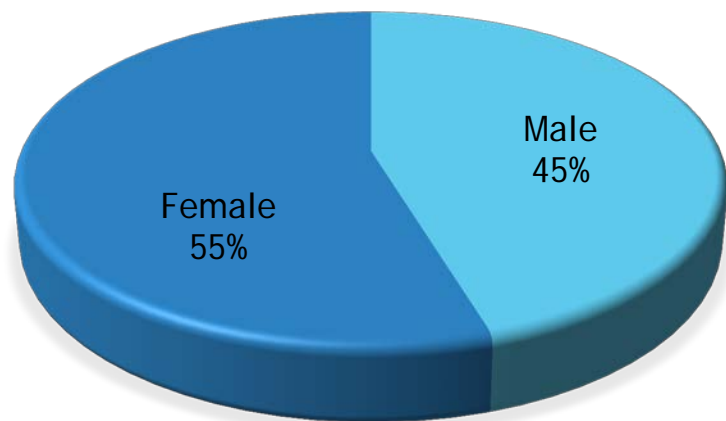
- ◆ aged 70 or above (70歲或以上)
- ◆ Response rate 回應率: 73.3%

Caregivers 照顧者

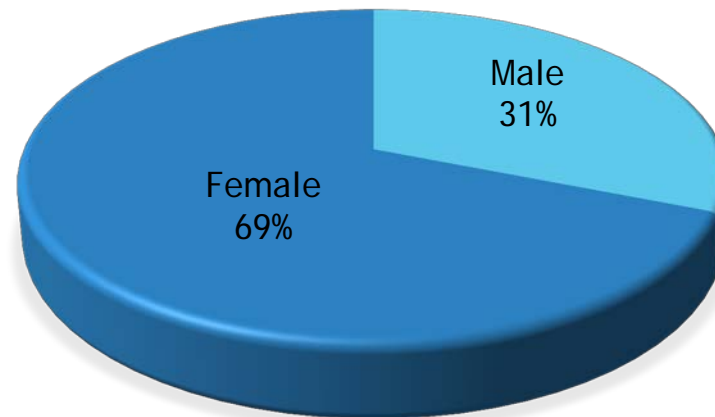
- ◆ Family members aged 18 or above who are primary caregivers of senior citizens aged 70 or above (年滿18歲或以上的家人，為70歲或以上長者的主要照顧者)
- ◆ Response rate 回應率: 75.5%

Demographic data 個人資料

Senior Citizens 長者

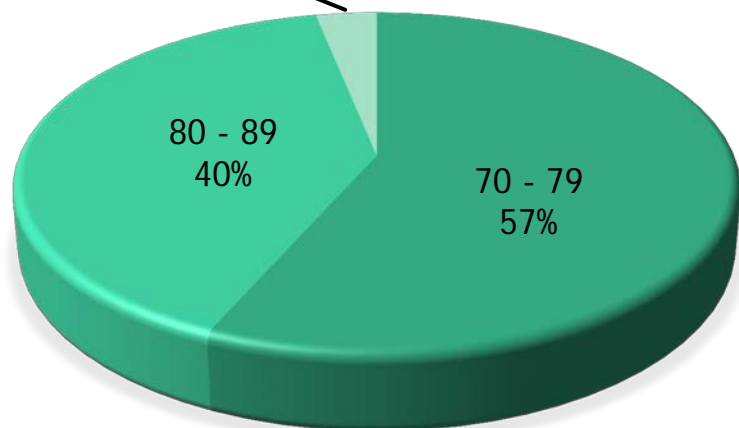


Caregivers 照顧者



Gender 性別

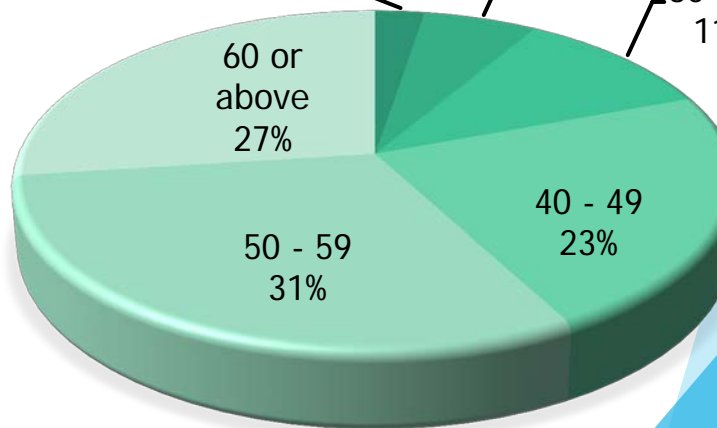
90 or above
3%



18 - 19
2%

20 - 29
6%

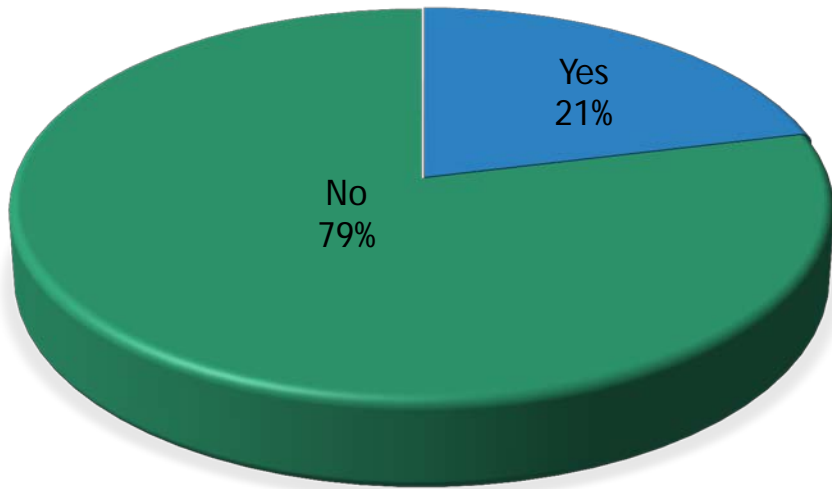
30 - 39
11%



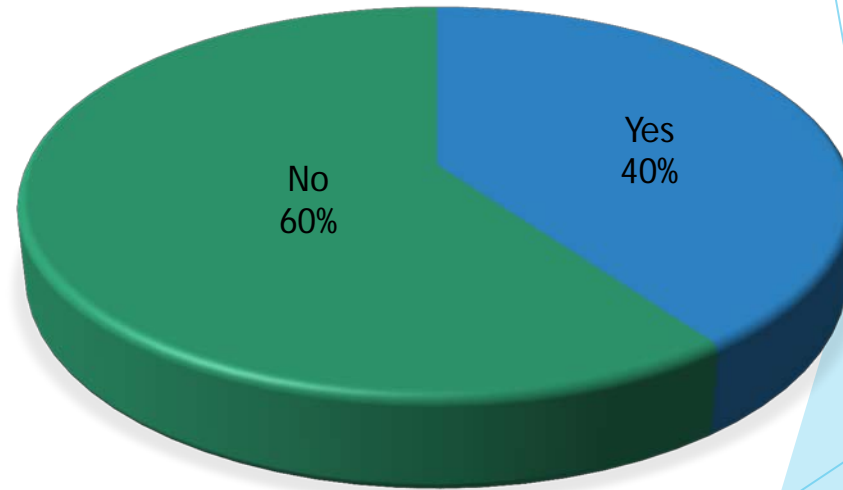
Age 年齡

Demographic data 個人資料

- ◆ Do you have a regular family doctor for your household?
- ◆ 你和家人有否一位固定的家庭醫生？



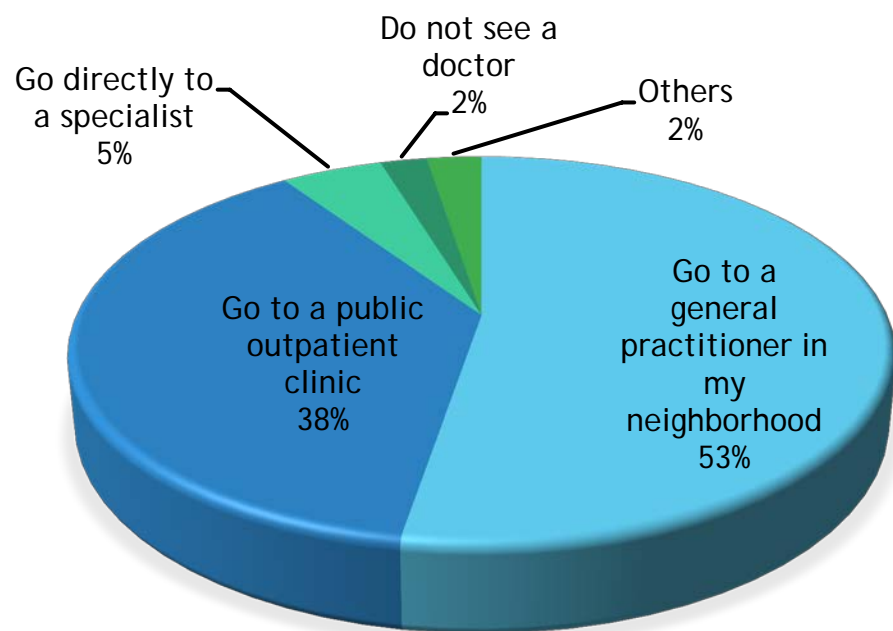
Senior Citizens 長者



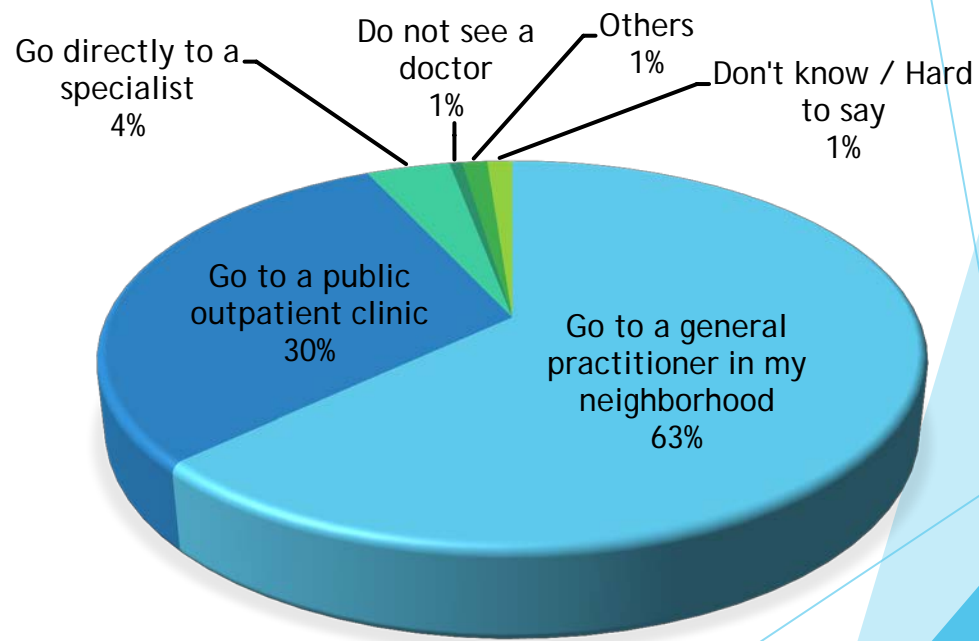
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ When you /the senior citizen(s) you are taking care of feel unwell, do you/they (does s/he) usually go to a general practitioner in your neighborhood, an outpatient clinic at public hospital, directly to a specialist or do something else? [One answer only]
- ◆ 如果你/你負責照顧的長者感到身體不適，你/長者通常會去看住所附近的普通科醫生、政府醫院的門診、直接看專科醫生抑或其他？ [只選一項]



Senior Citizens 長者

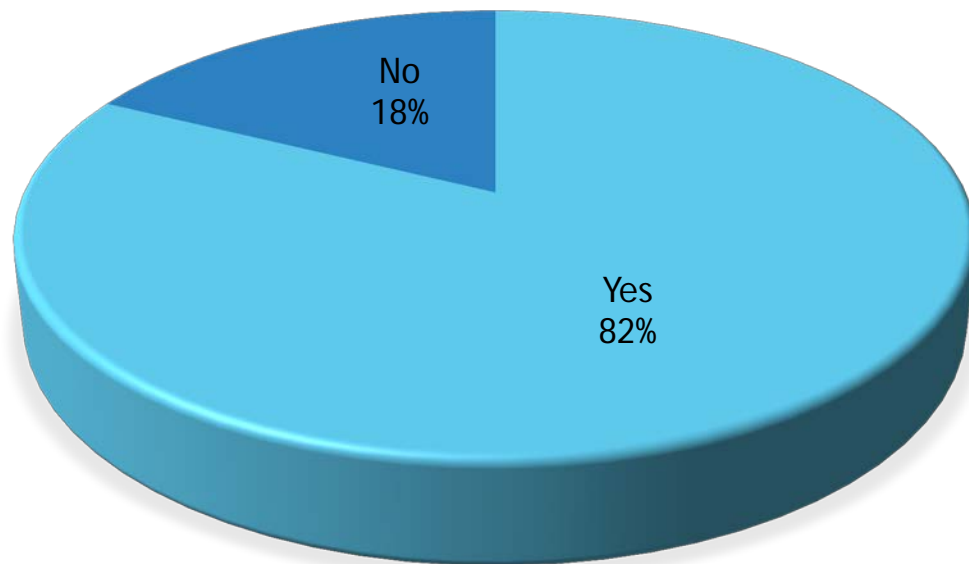


Caregivers 照顧者

For Caregivers only
只供照顧者回答

Public's Survey 市民電話訪問

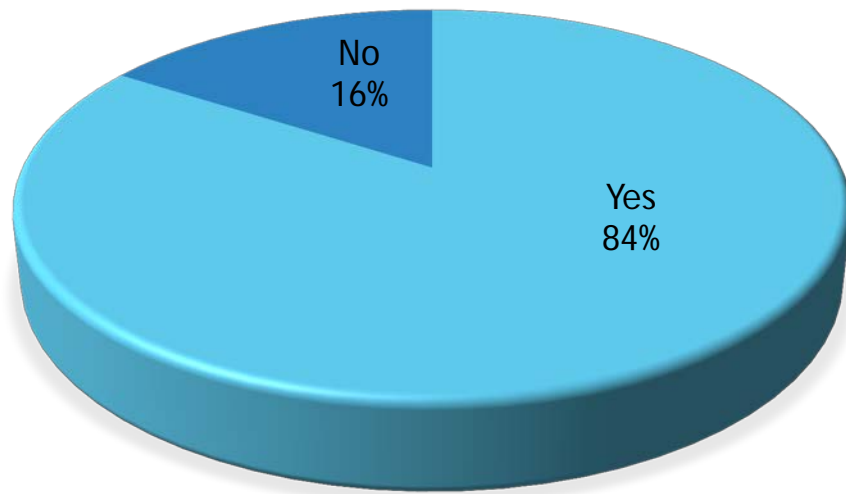
- ◆ Have you ever accompanied the senior citizen(s) to see a doctor before? [One answer only]
- ◆ 你曾陪同長者去看醫生嗎？[只選一項]



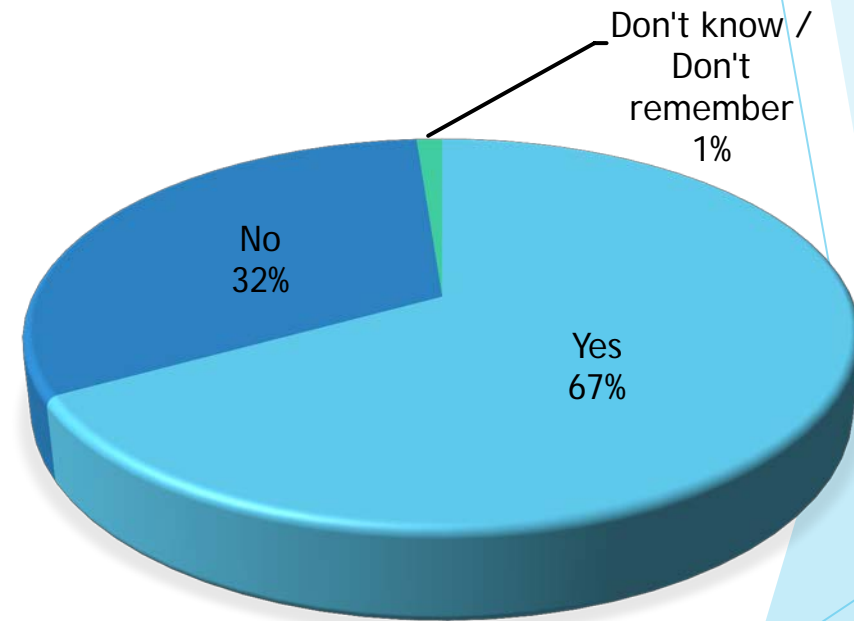
- ◆ 若有家人或照顧者陪同，往屋企附近的普通科醫生處就診的長者(63%)比往政府普通科門診的(30.1%)多超過一倍。這反映出香港人的傳統家庭觀念仍然重，長者患病時，家人會陪伴，亦不想長者花長時間輪候政府普通科門診，而選擇直接帶長者到附近的普通科醫生處就診。

Public's Survey 市民電話訪問

- ◆ Have you ever used /helped him/her/them use the health care vouchers provided by the Government?
- ◆ 你曾否使用/幫長者使用政府的長者醫療券？



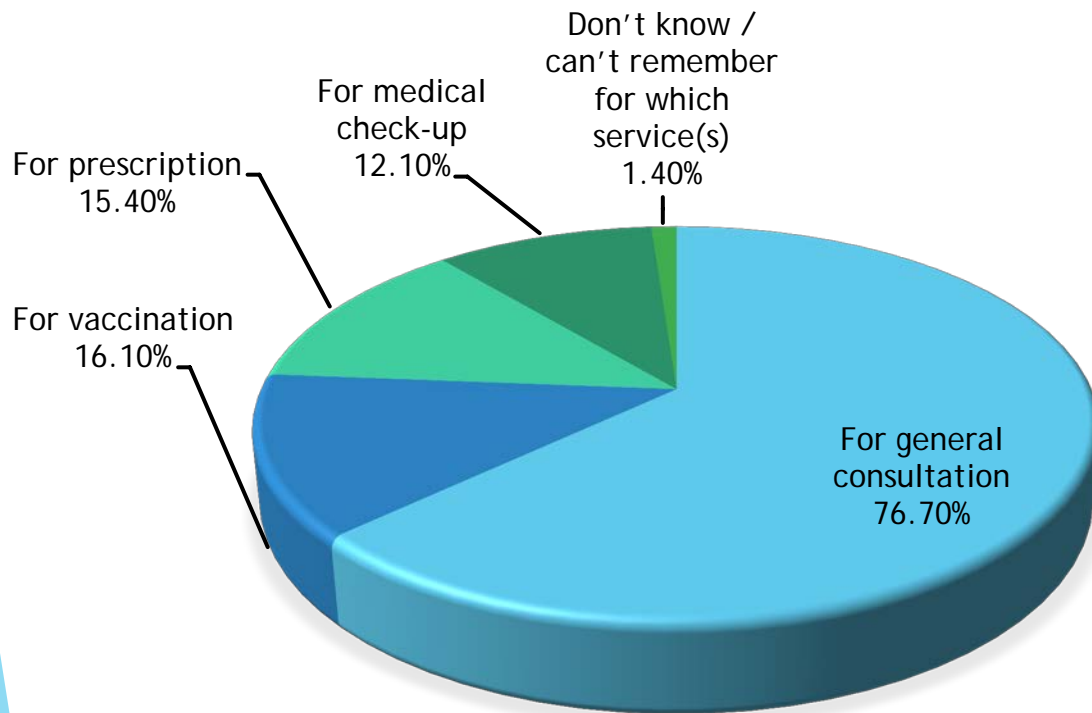
Senior Citizens 長者



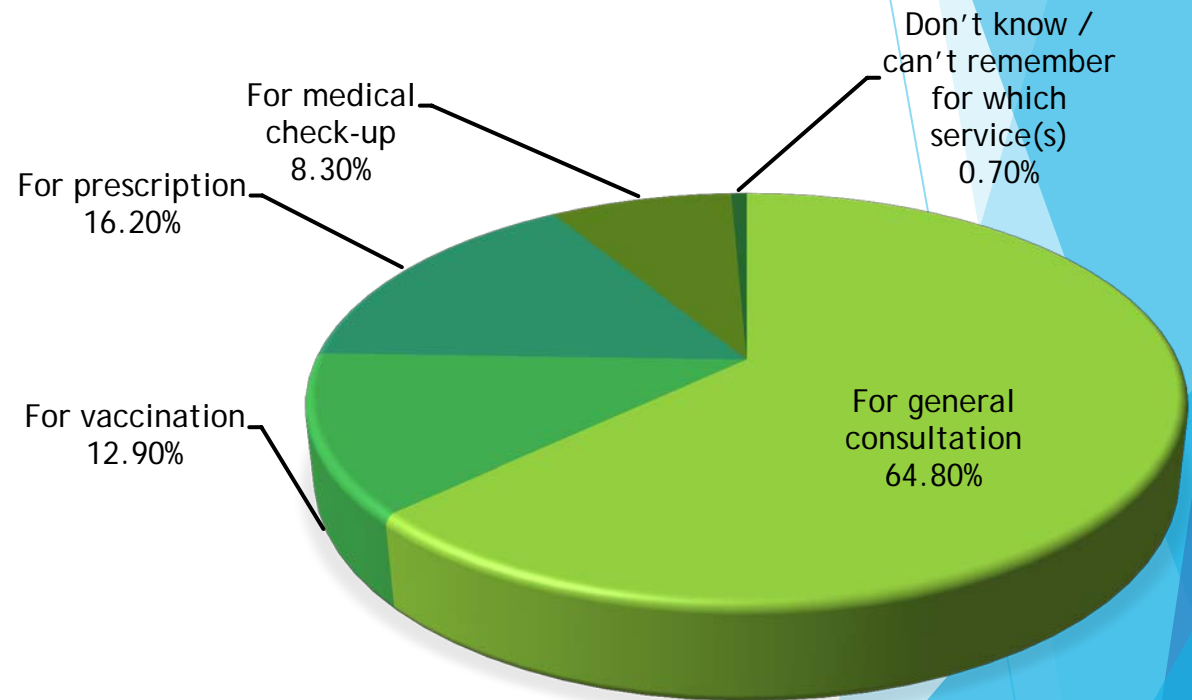
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ The health care vouchers were used for the following service(s) [Multiple selections]
- ◆ 長者醫療券用於以下服務 [可選多項]



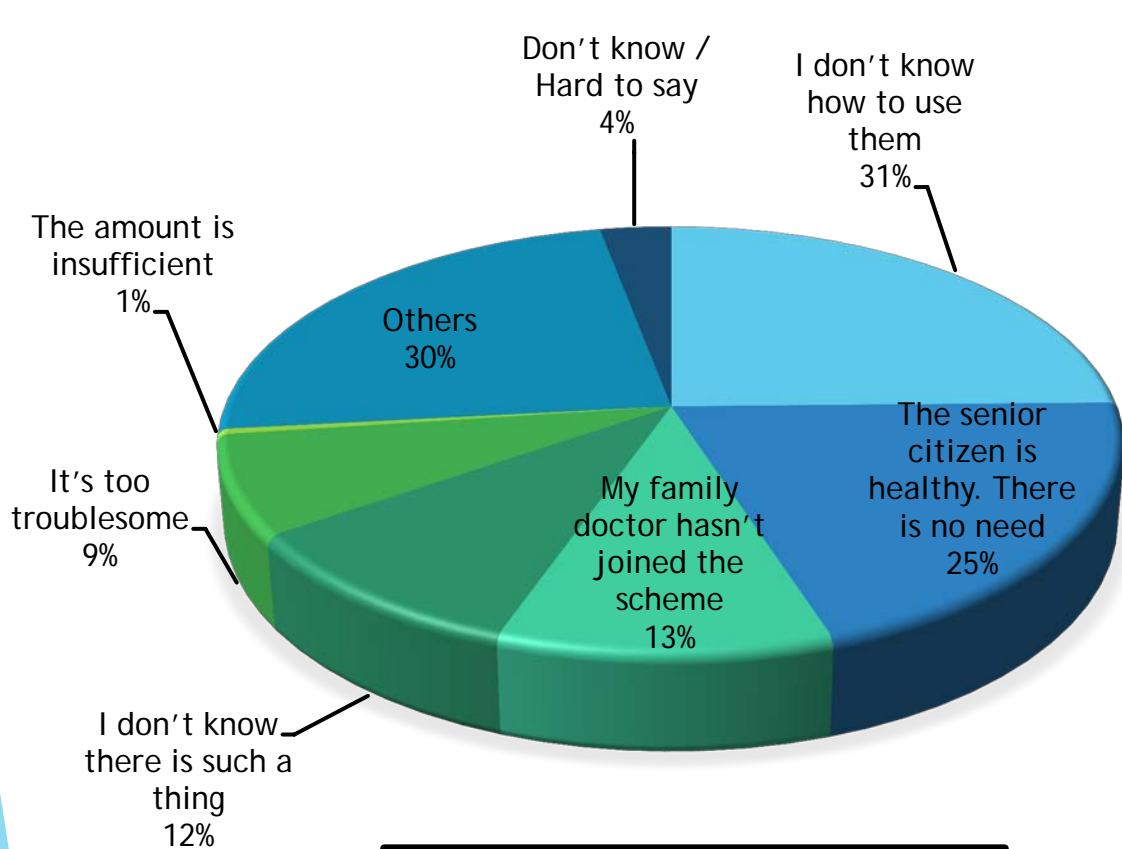
Senior Citizens 長者



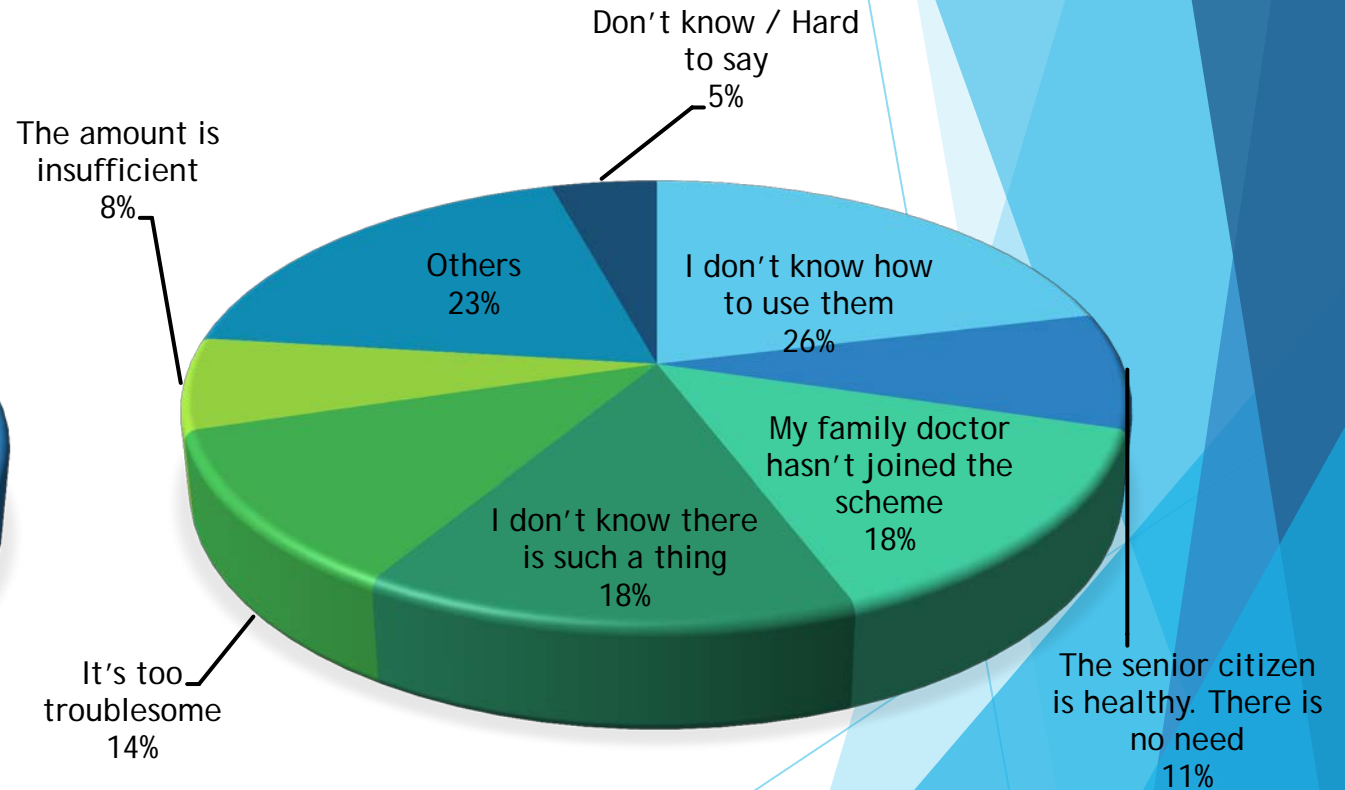
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ Why didn't you use the vouchers (for him/her/them)? [Multiple selections]
- ◆ 你/你為甚麼不使用/不幫長者使用政府的長者醫療券？ [可選多項]



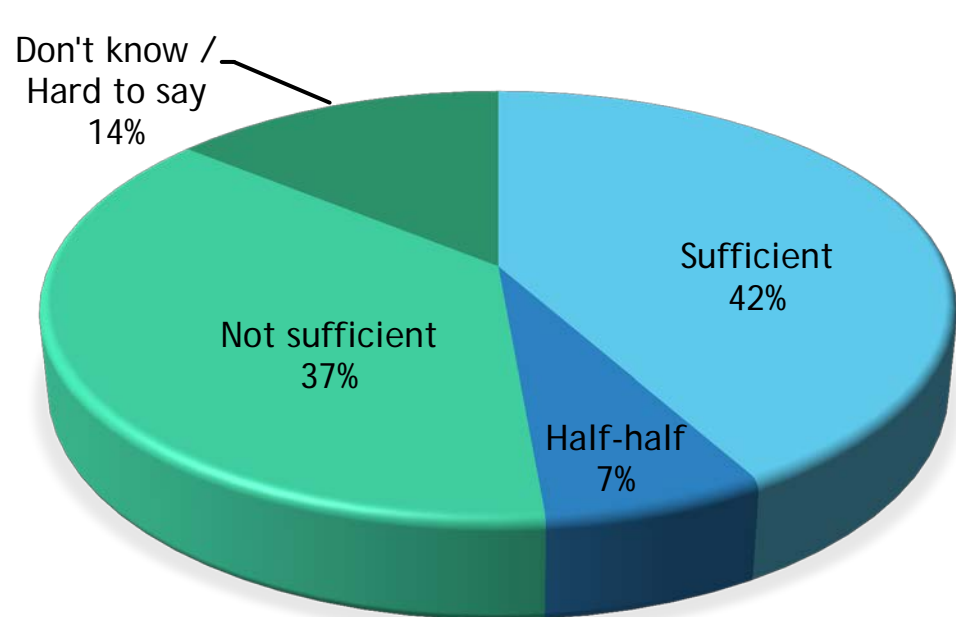
Senior Citizens 長者



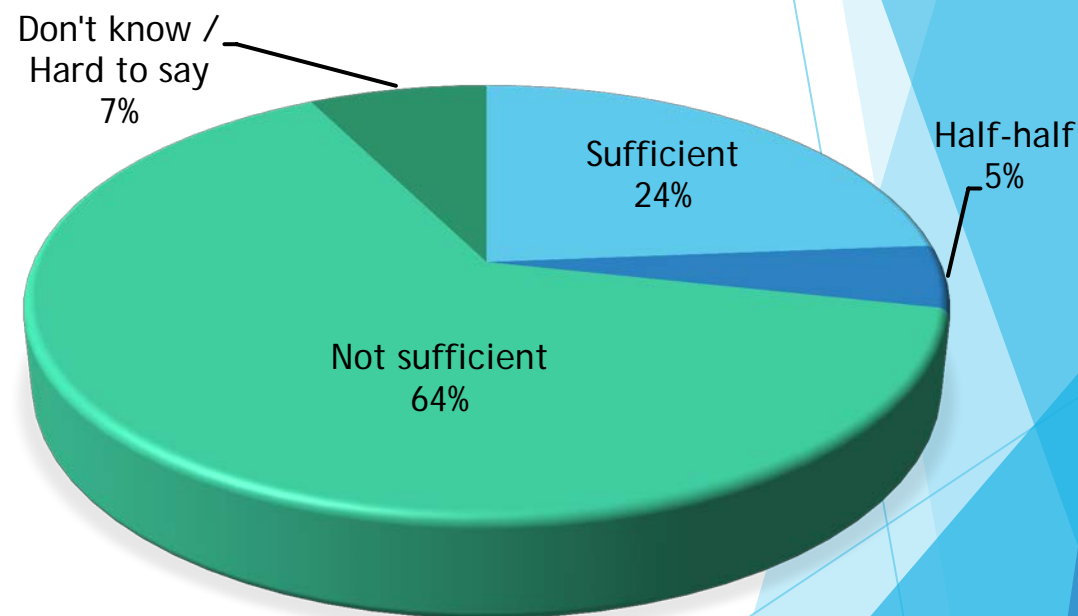
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ Now the Government provides an annual voucher amount of \$2,000 to each eligible senior citizen. Do you think it's sufficient or not? [One answer only]
- ◆ 你認為政府現時為每名合資格長者提供每年2,000港元的醫療券金額是否足夠？[只選一項]



Senior Citizens 長者



Caregivers 照顧者

For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

188 answered "Not sufficient" and 133 of which thought the annual voucher amount should be increased to:
188人回答“不足夠”，當中133人認為醫療券每年金額應增加至以下數額：

Amount	Frequency	Percentage
\$2,200	1	0.7%
\$2,500	11	8.0%
\$3,000	75	56.2%
\$3,500	5	3.9%
\$3,800	1	0.8%
\$4,000	26	19.5%
\$4,500	1	1.1%
\$5,000	8	6.1%
\$6,000	3	1.9%
\$7,000	1	0.8%
\$8,000	1	0.7%
\$40,000	1	0.4%

Mean* = \$3,400

* Excluded outlier "\$40,000"

For Caregivers only
只供照顧者回答

Public's Survey 市民電話訪問

327 answered "Not sufficient" and 299 of them thought the annual voucher amount should be increased to:
327人回答「不足夠」，當中299人認為醫療券每年金額應增加至以下數額：

Amount	Frequency	Percentage
\$2,200	1	0.3%
\$2,300	1	0.3%
\$2,500	9	3.0%
\$2,600	1	0.3%
\$2,700	1	0.3%
\$2,750	1	0.3%
\$2,800	2	0.7%
\$3,000	109	36.5%
\$3,500	10	3.3%

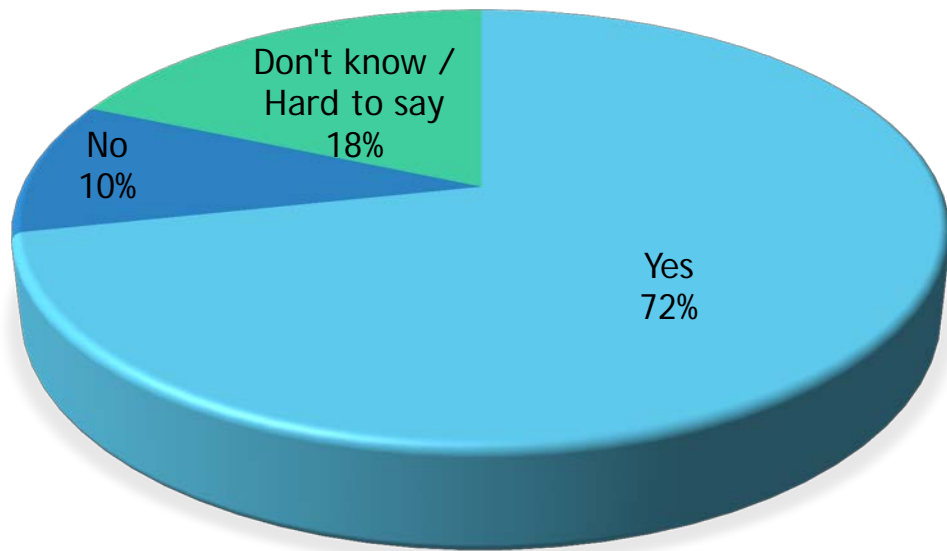
Mean* = \$4,000

Amount	Frequency	Percentage
\$3,600	3	1.0%
\$4,000	78	26.1%
\$4,500	3	1.0%
\$5,000	65	21.7%
\$6,000	8	2.7%
\$8,000	1	0.3%
\$10,000	2	0.7%
\$12,000	2	0.7%
\$15,000	1	0.3%
\$50,000	1	0.3%

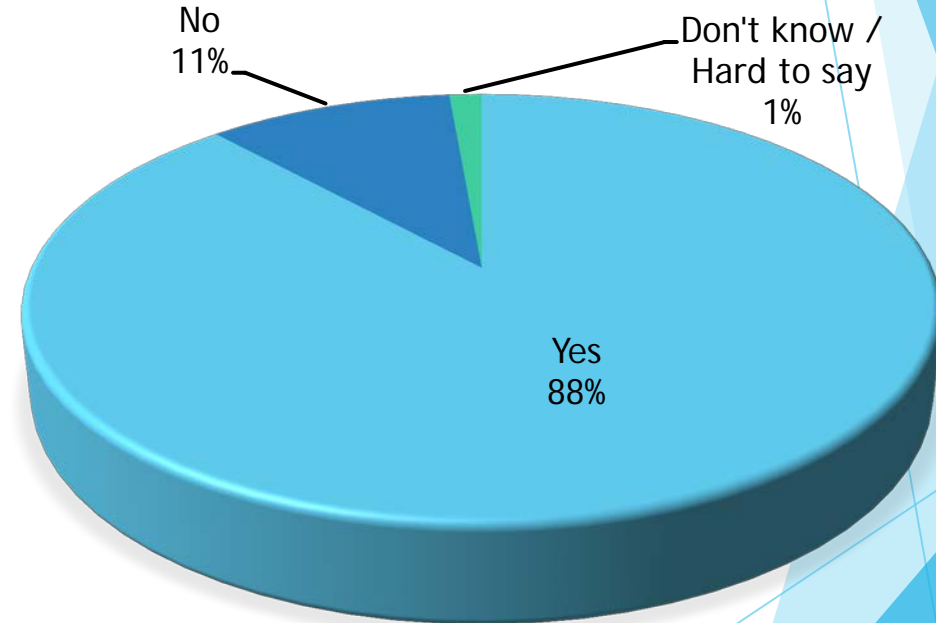
* Excluded outlier "\$50,000"

Public's Survey 市民電話訪問

- ◆ Do you think the Government should lower the minimum age requirement of the scheme from 70 to 65? [One answer only]
- ◆ 你認為政府應否將合資格使用醫療券的年齡由70歲下調至65歲？[只選一項]



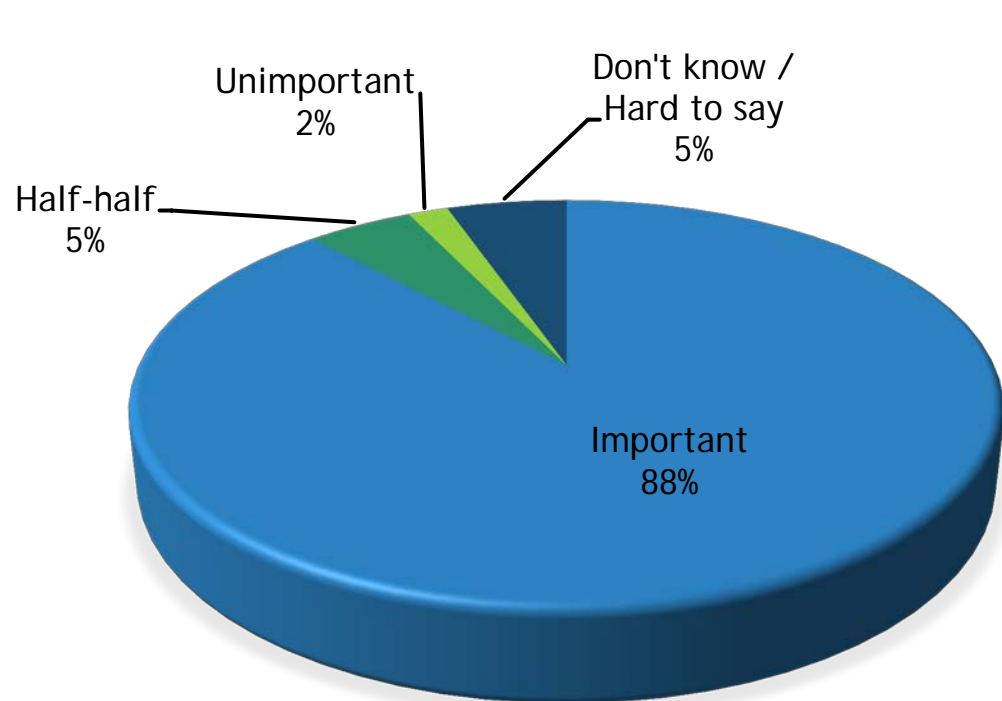
Senior Citizens 長者



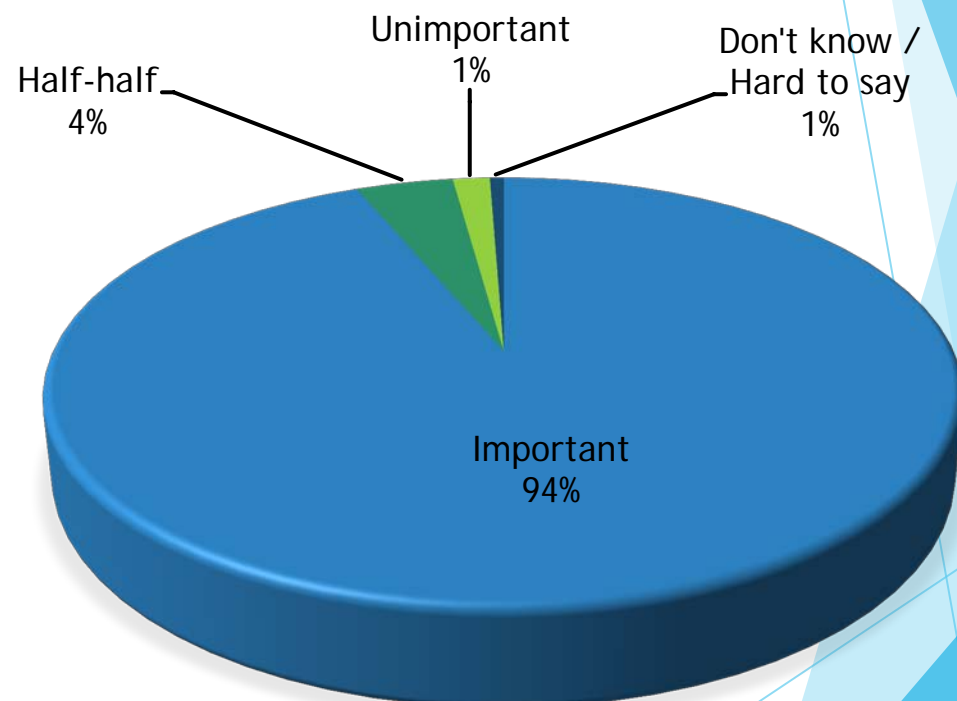
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ How important do you think preventive medicine is to the senior citizens? [One answer only]
- ◆ 你認為預防醫療對長者有多重要？[只選一項]



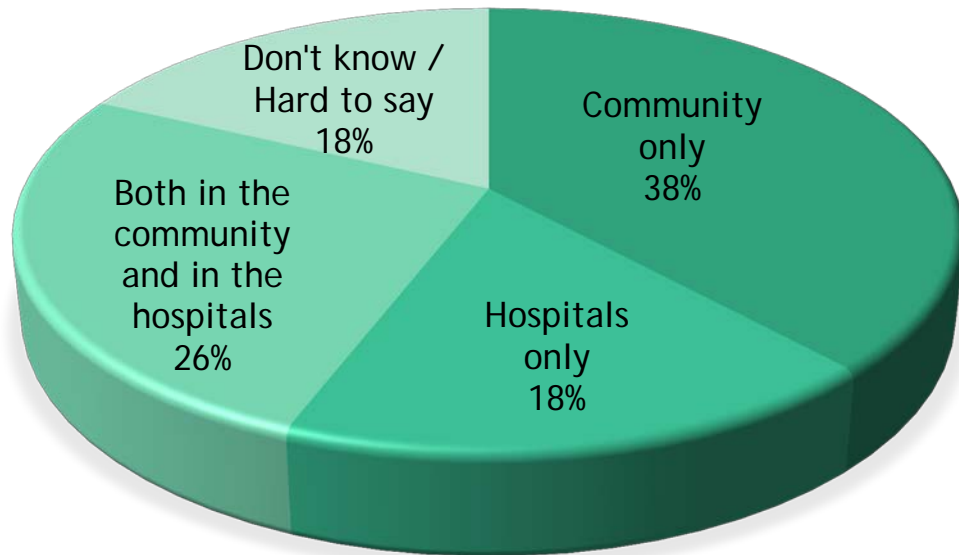
Senior Citizens 長者



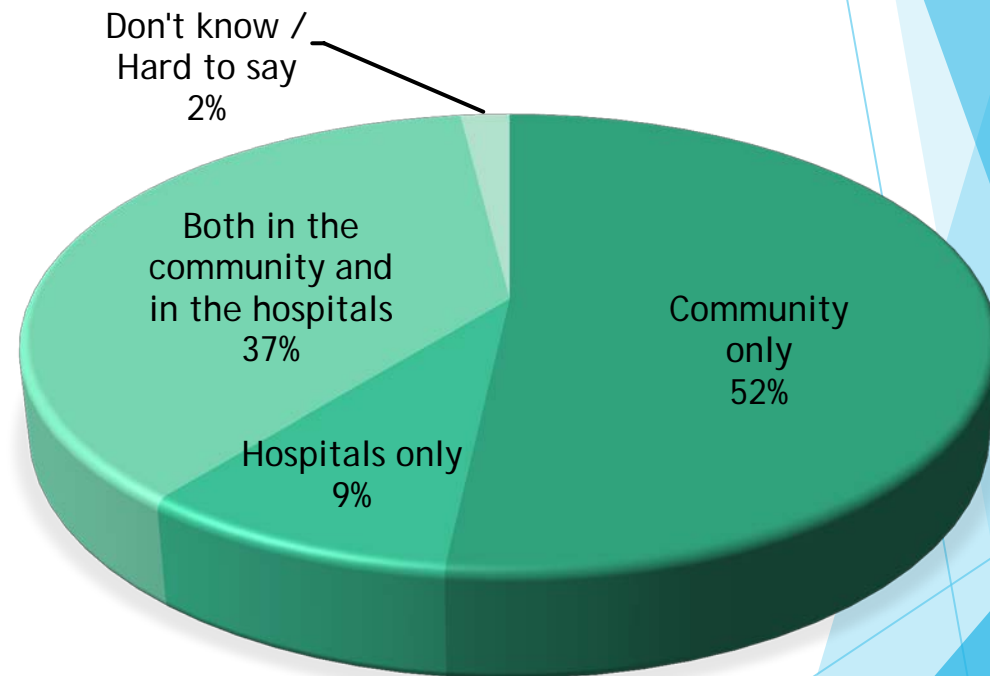
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ Do you think preventive medicine should be implemented in the community (i.e. including family doctors) or in the hospitals? [Multiple selections]
- ◆ 你認為預防醫療應該在社區(即包括家庭醫生)抑或醫院推行？[可選多項]



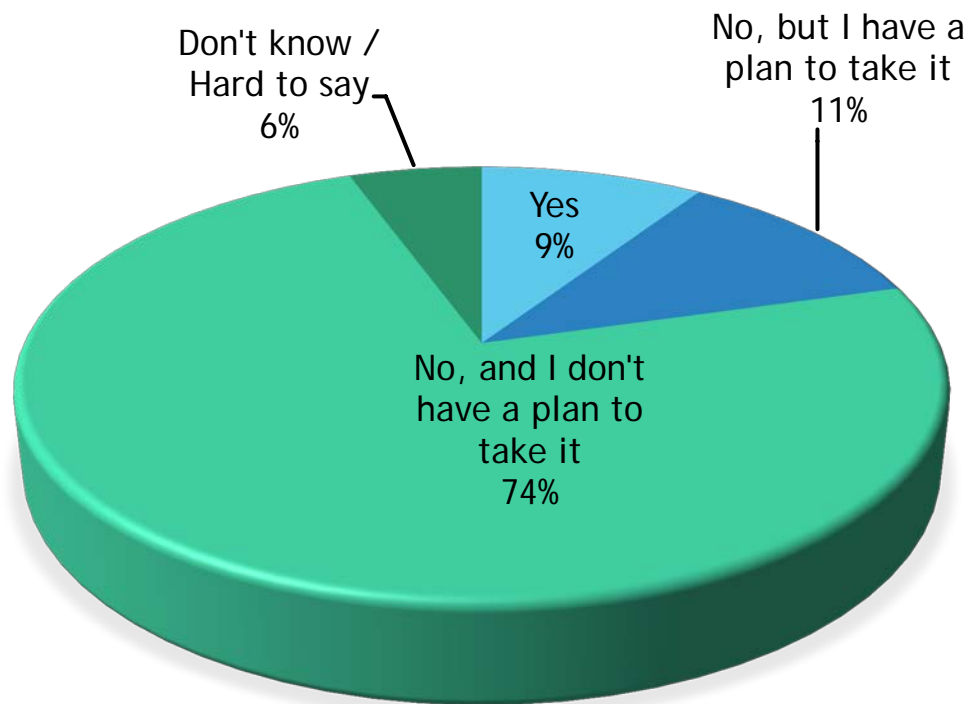
Senior Citizens 長者



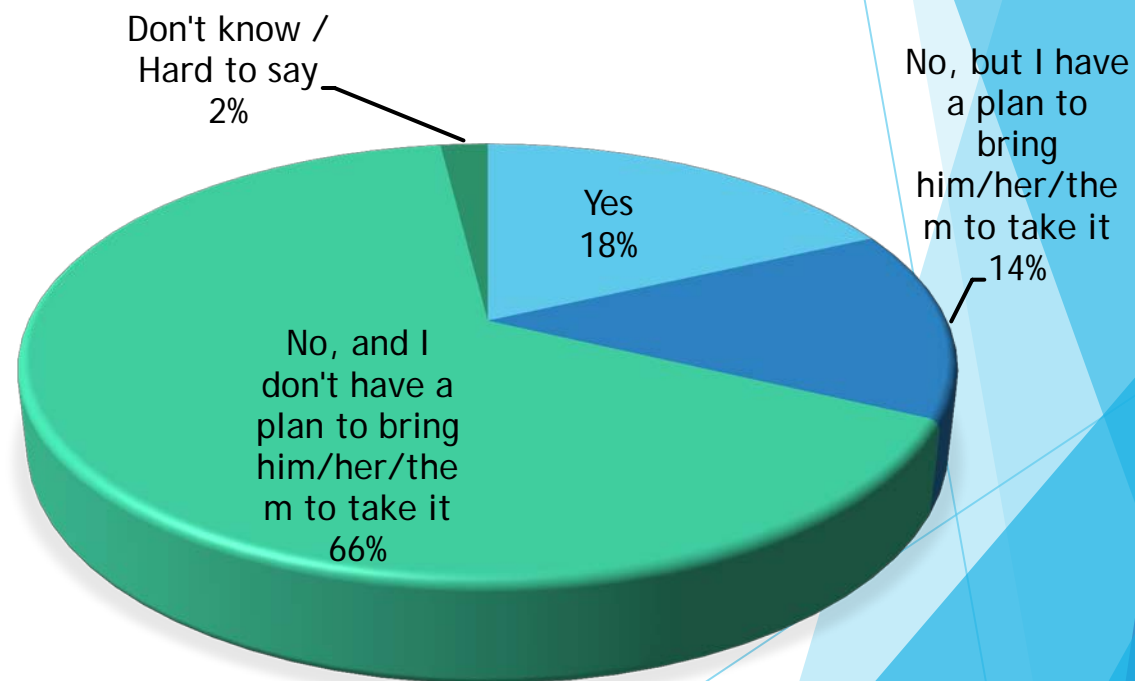
Caregivers 照顧者

Public's Survey 市民電話訪問

- ◆ Have you taken / brought the senior citizen(s) you are taking care of to the doctor to receive early detection test of Major Cognitive Disorder? If not, do you currently have a plan to take this test? / are you going to do it? [One answer only]
- ◆ 你有否接受過 / 有否帶長者接受過認知障礙症(前稱老人痴呆症或腦退化症) 的早期檢測? 如沒有, 現時有否打算去做/帶長者去做檢測? [只選一項]



Senior Citizens 長者



Caregivers 照顧者

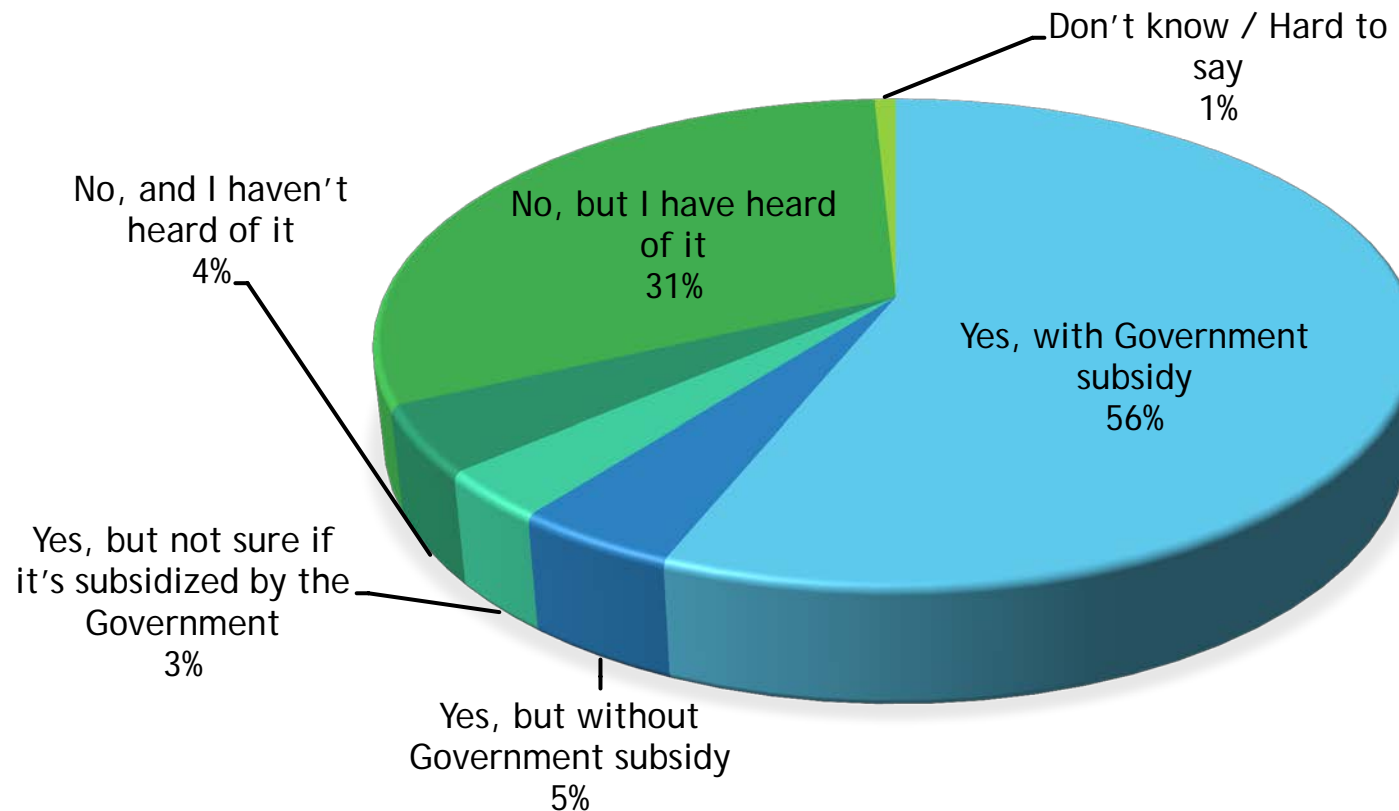
Public's Survey 市民電話訪問

- ◆ 絕大部份回答的長者和照顧者沒有接受過或帶過其照顧的長者接受「認知障礙症」早期檢測，而且並未有此打算，比率為七成四及六成五。陳醫生認為反映出市民普遍對認知障礙症的認識不足，亦未清楚及早檢測和把握黃金期治療的重要性，自然亦不會利用長者醫療券去及早檢測及診治患者。
- ◆ 根據香港認知障礙症協會資料顯示，本港每10名70歲以上的長者當中便有1名認知障礙症患者，而85歲以上的長者的比率是每3名便有1名患者。隨著人口老化，該會預計患上認知障礙症的長者將由2009年的103,433名增至2039年的332,688名。

For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

- ◆ Have you received any seasonal influenza vaccine in the past 5 years? If yes, was it subsidized by the Government? If no, have you heard of this vaccine prior to this interview? [One answer only]
- ◆ 於過去5年內，你有否接種季節性流感疫苗？如有，費用有否政府資助？如沒有，你在是次訪問之前有否聽過這種疫苗？[只選一項]

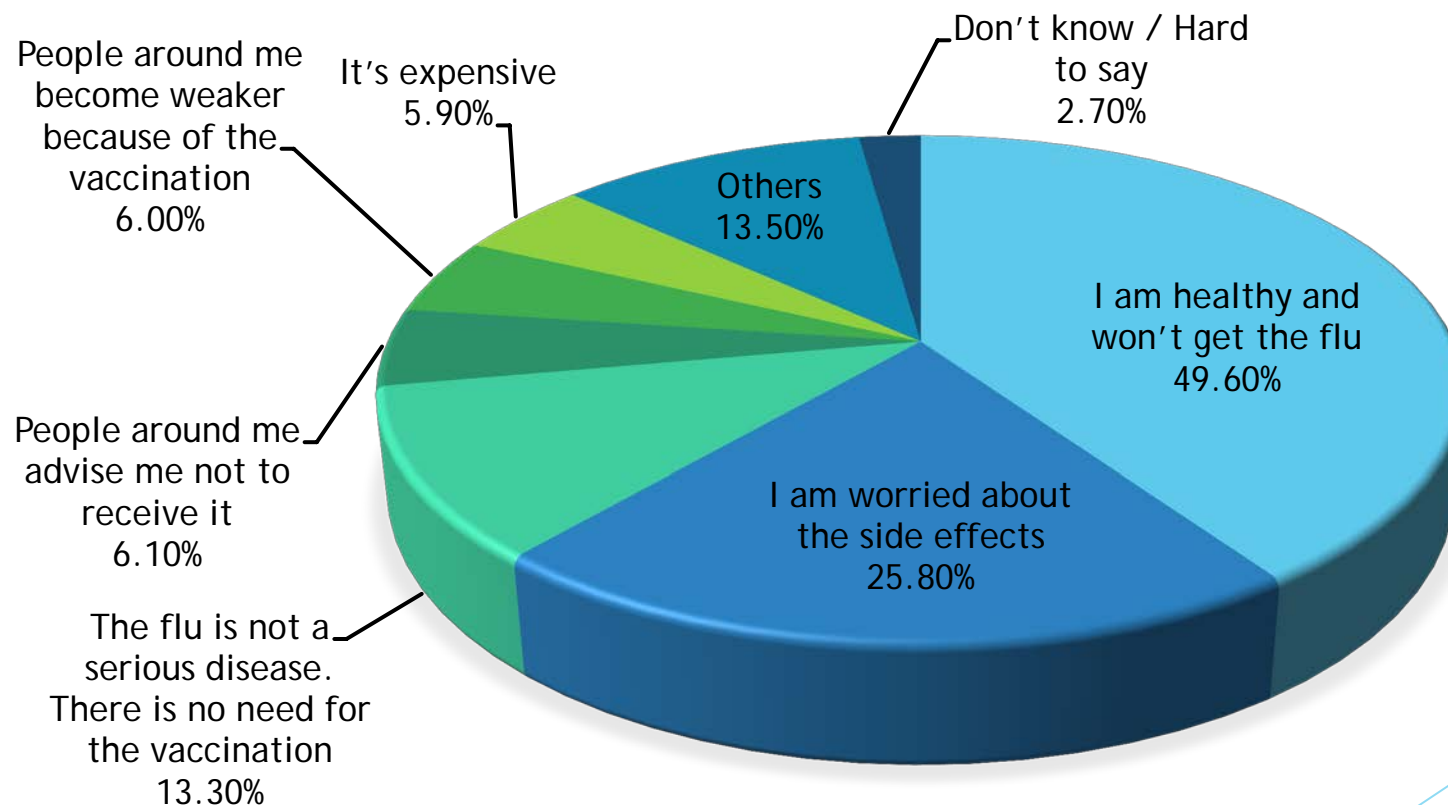


For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

Reason(s) for the 158 respondents who have not received any seasonal influenza vaccine but have heard of it :

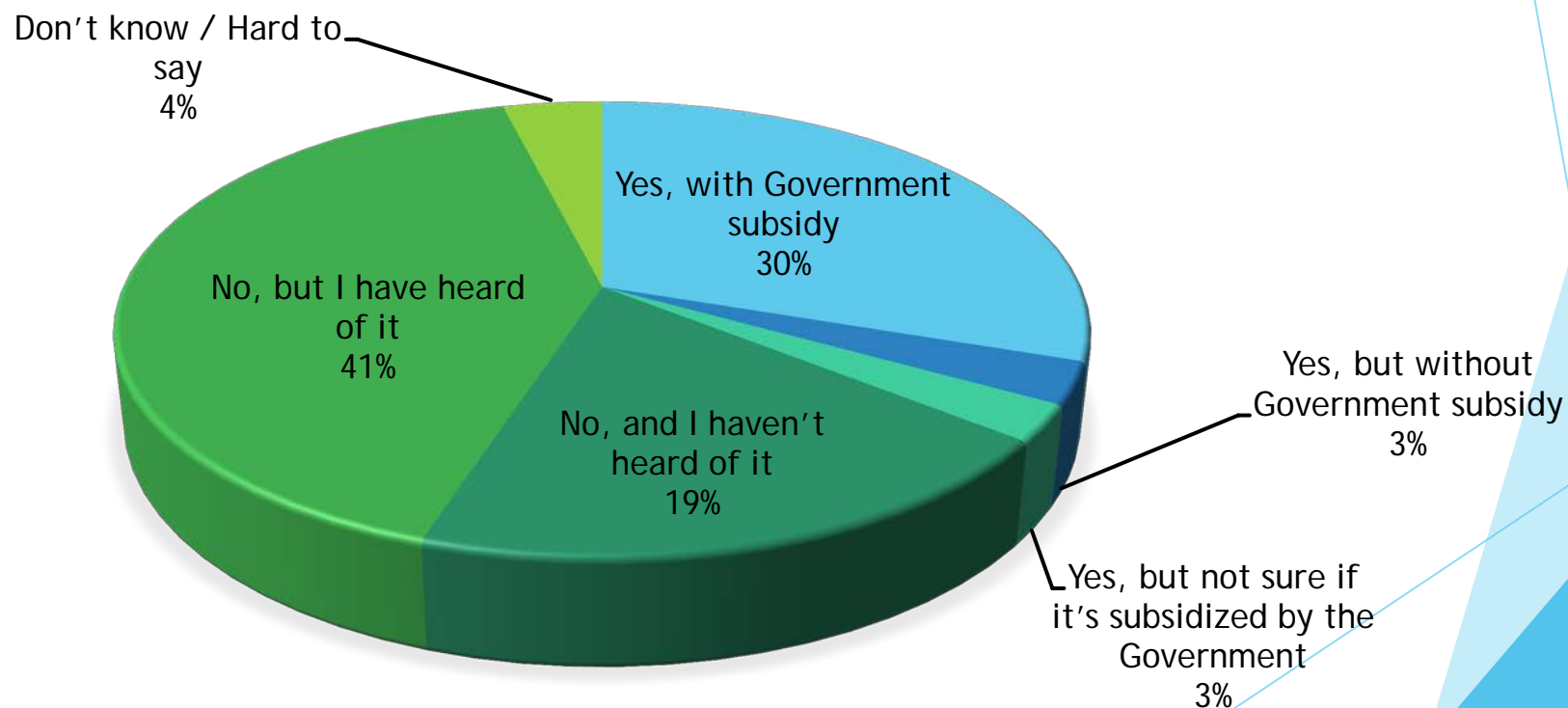
158人有聽過但並無接種季節性流感疫苗，原因是：



For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

- ◆ Have you received any pneumococcal vaccine in the past 5 years? If yes, was it subsidized by the Government? If not, have you heard of this vaccine prior to this interview? [One answer only]
- ◆ 於過去5年內，你有否接種肺炎球菌預防疫苗？如有，費用有否政府資助？如沒有，你在是次訪問之前有否聽過這種疫苗？[只選一項]

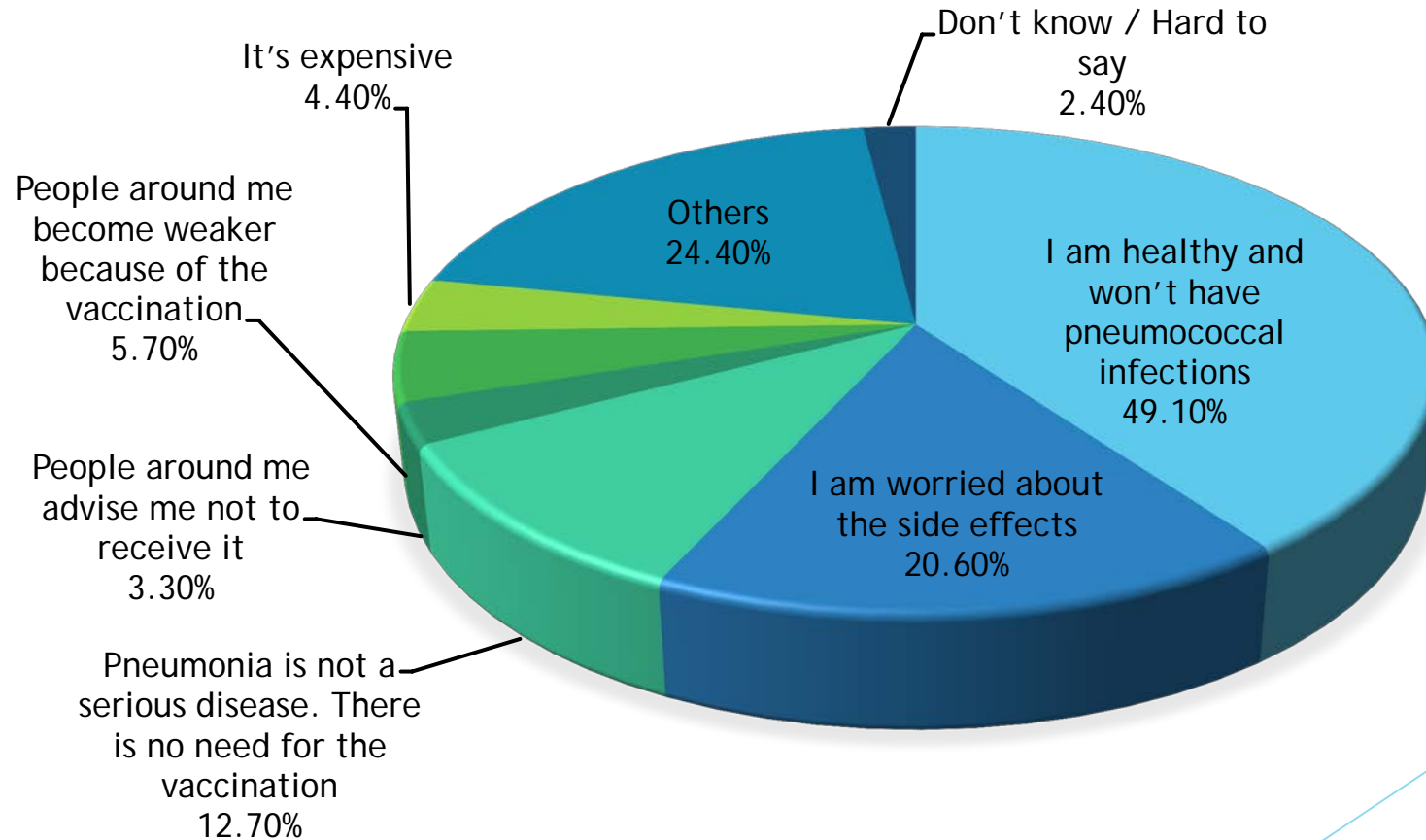


For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

Reason(s) for the 207 respondents who have not received any pneumococcal vaccine but have heard of it:

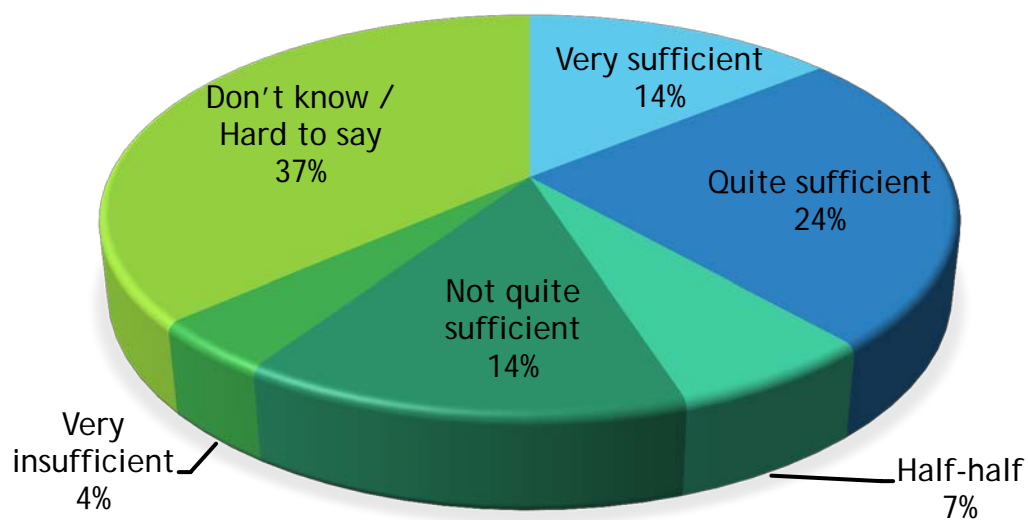
207人有聽過但並無接種肺炎球菌預防疫苗，原因是：



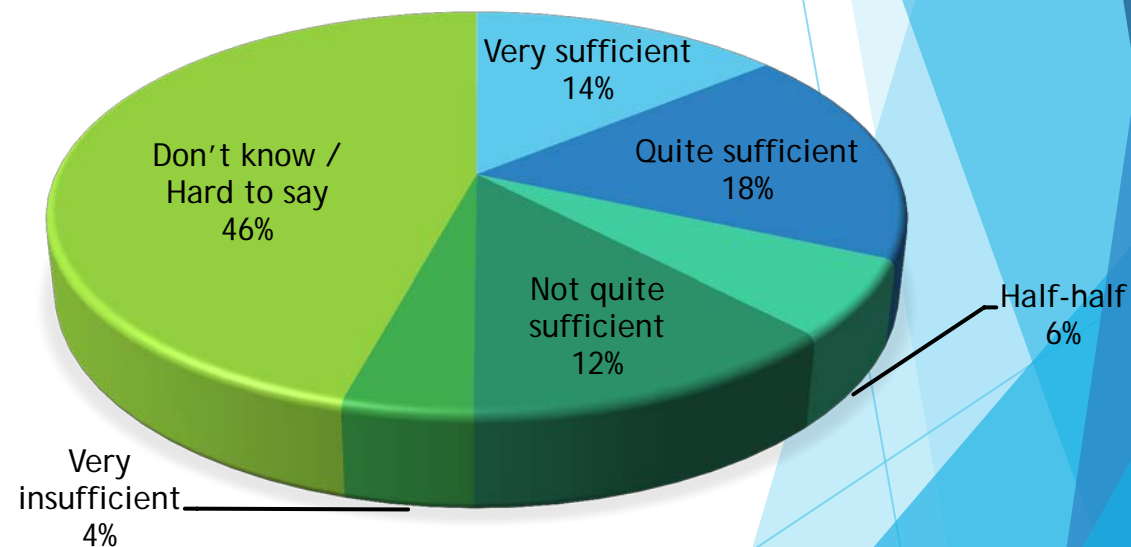
For Senior Citizens only
只供長者回答

Public's Survey 市民電話訪問

- ◆ Do you think the below vaccination subsidies currently provided by the Government are sufficient or not?
- ◆ 你認為現時政府為長者提供以下疫苗的資助是否足夠？



\$160 per dose of seasonal influenza vaccine



\$190 per dose of pneumococcal vaccine

Public's Survey 市民電話訪問

- ▶ 對於現時政府為長者提供的季節性流感和肺炎球菌疫苗資助金額(分別是160元和190元)，大部份受訪者認為足夠。然而，這資助金額並未顧及最近政府衛生防護中心轄下的疫苗可預防疾病科學委員會鼓勵65歲以上長者接種較新的肺炎球菌疫苗。
- ▶ 市民應更多使用長者醫療券於預防疾病，包括接種適當的預防疫苗。

Conclusion 總結

1. 若有家人或照顧者陪同，往屋企附近的普通科醫生處就診的長者(63%)比往政府普通科門診的(30.1%)多超過一倍。這反映出香港人的傳統家庭觀念仍然重，長者患病時，家人會陪伴，選擇直接帶長者到附近的普通科醫生處就診。
2. 降低「長者醫療券計劃」合資格人士年齡至65歲，與申請長者咭年齡相符。
3. 增加「長者醫療券計劃」每年金額至4,000元。
4. 增加「長者醫療券計劃」累積金額至6,000元。
5. 增加公眾教育有關使用長者醫療券在預防醫療方面，例如疫苗注射和身體檢查等。可透過活動向長者及家人宣傳「長者醫療券計劃」，以提高參與率。
6. 隨著人口老化，增加公眾教育認知障礙症和鼓勵長者接受早期認知障礙症檢測。
7. 增加資源在社區推行預防醫療。

THANK YOU!

謝謝!