

An Integrated Rehabilitation Journey: From Hospital To Community

綜合復康之旅:從醫院到社區

Haven of Hope Community Rehabilitation Day Centre 靈實日間社區康復中心



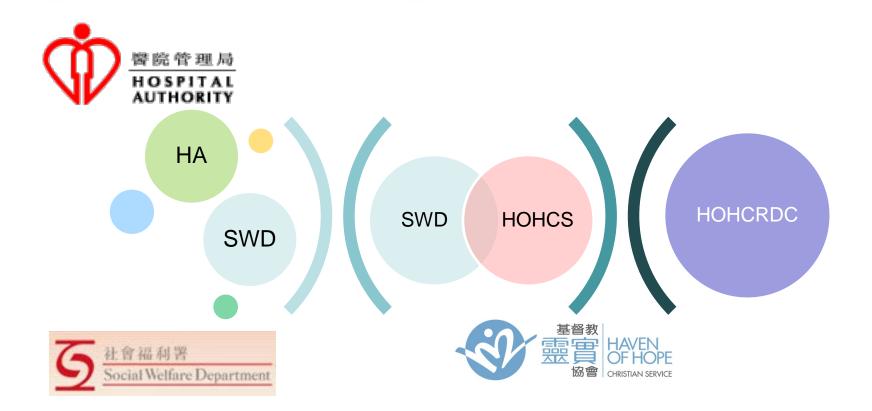


- Slow pace;
- Short of time (pressure of D/C)
- Difficulties in back to community
- Client want further rehab



Community





Community Integration

Home Integration

- ↑ Independence
- Deterioration
- Caregiver stress

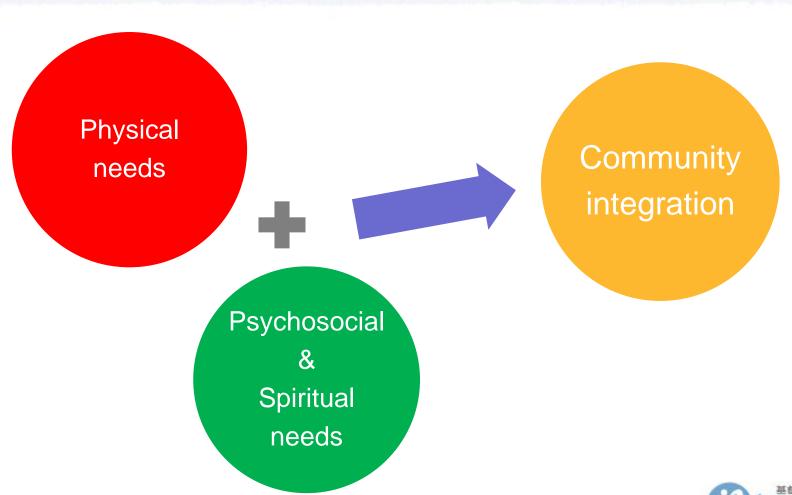
Social Integration

- Participation in community
- ↑ Interaction with others

Productivity

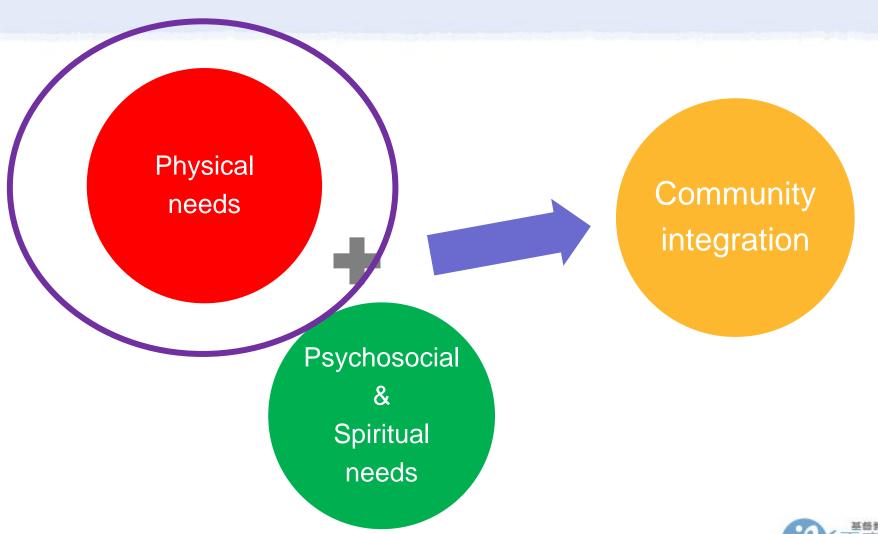
- ↑ Contribution to society
- **↑** Self-esteem













Physical & Functional Training

- Physiotherapy
- Occupational Therapy
 - Centre-based training
 - Community training
- Speech therapy
- Music therapy



Centre-based & Community Training

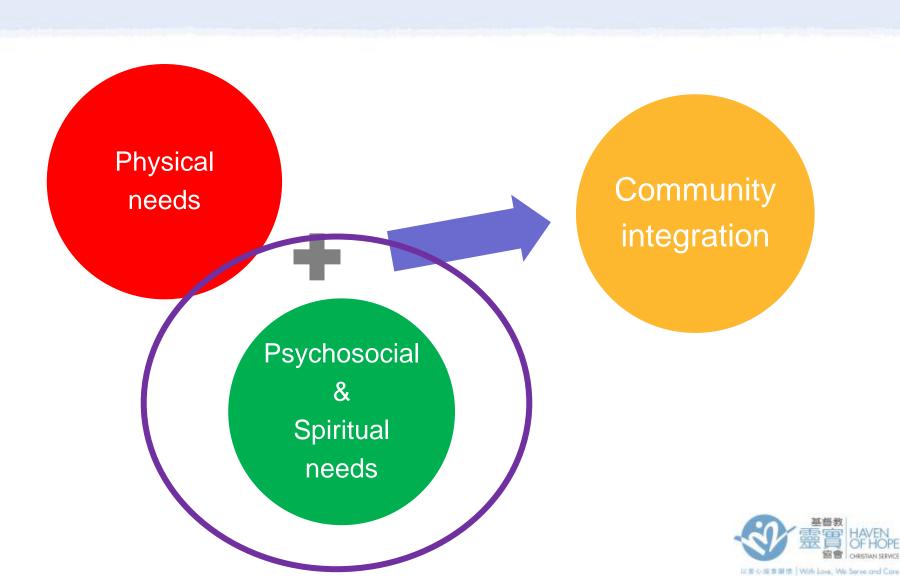




以素心海南副情 With Love, We Serve and Core

Speech Therapy & Music Therapy





Psychosocial & Spiritual Support

- Counselling
- Referral to self-help group
- Referral to community resources
- Fellowship group
- Caregiver group
- Caregiver education
- Home program



Refer Community Resource & Visit Self-help group





Fellowship Group



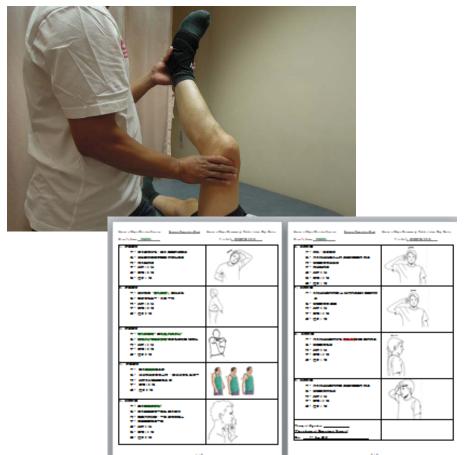
Carergiver Group





Caregiver Education & Home Program









Ustress & Osense of security in living in community



Day Care Service



Community Integration

- Lifestyle Redesign
- Use of public transport
- Community training
- Leisure pursuit
- Voluntary service



Use Of Public Transport & Community Training





Leisure Pursuit



Voluntary Service



Stroke Group Volunteer





Community Integration



