



東華三院
Tung Wah Group of Hospitals



醫院管理局
HOSPITAL
AUTHORITY

Side by Side We Share

醫社並肩 關愛共傳

Mak Hoi Man, Mandy

Registered Nurse, Community Outreach Team,
Wong Chuk Hang Hospital (WCHH)

Cheng Lai Bing, Grace

Assistant Supervisor, Enhanced Home and Community Care Services
(Eastern District), Tung Wah Group of Hospitals (TWGH)



**TWGHs Enhanced Home and Community Care
Services(Eastern District)**

東華三院改善家居及社區照顧服務(東區)

To evaluate the effectiveness of EHCCS



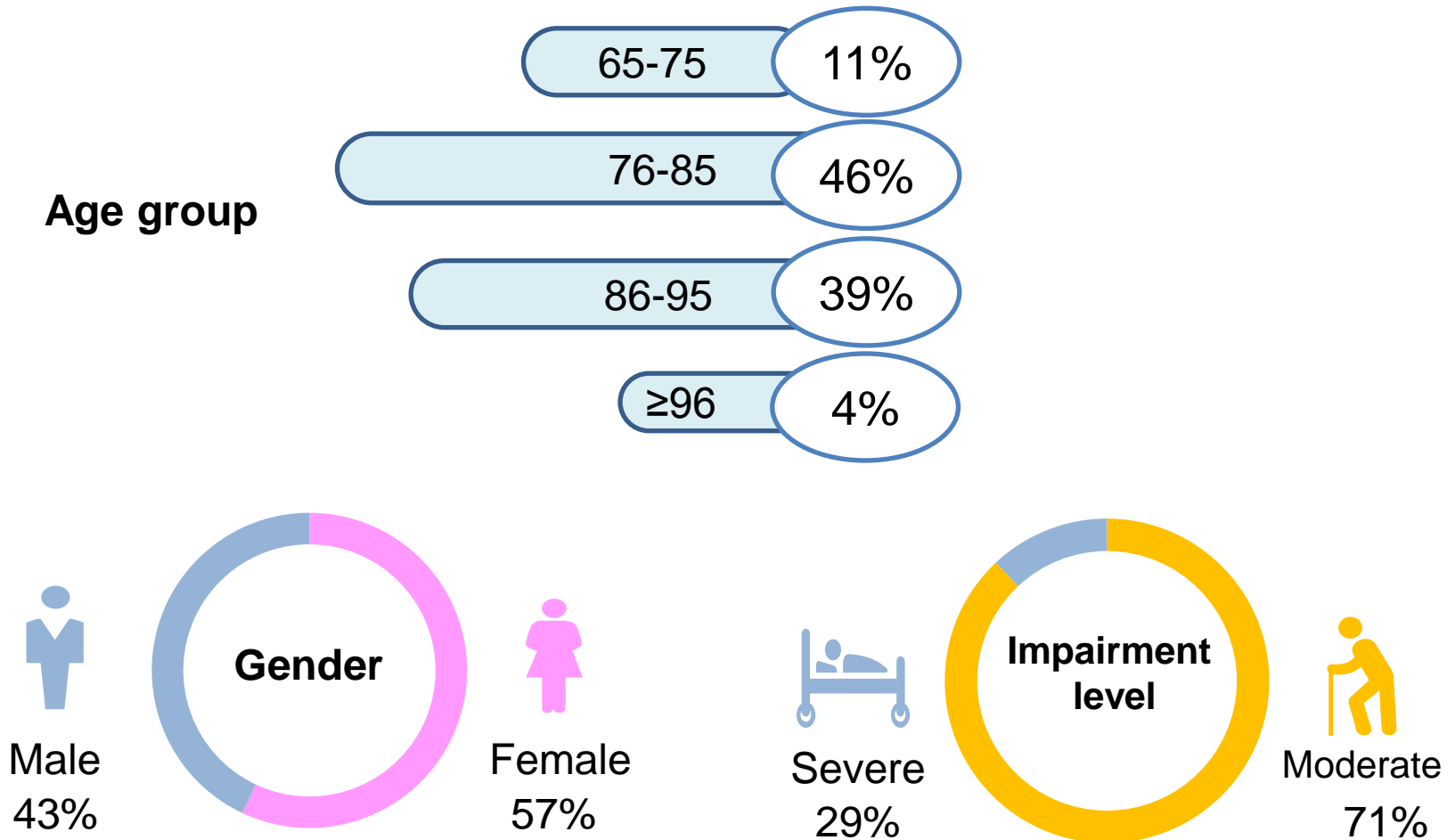
Hospital Utilization Rate

1 year **before and after** admission

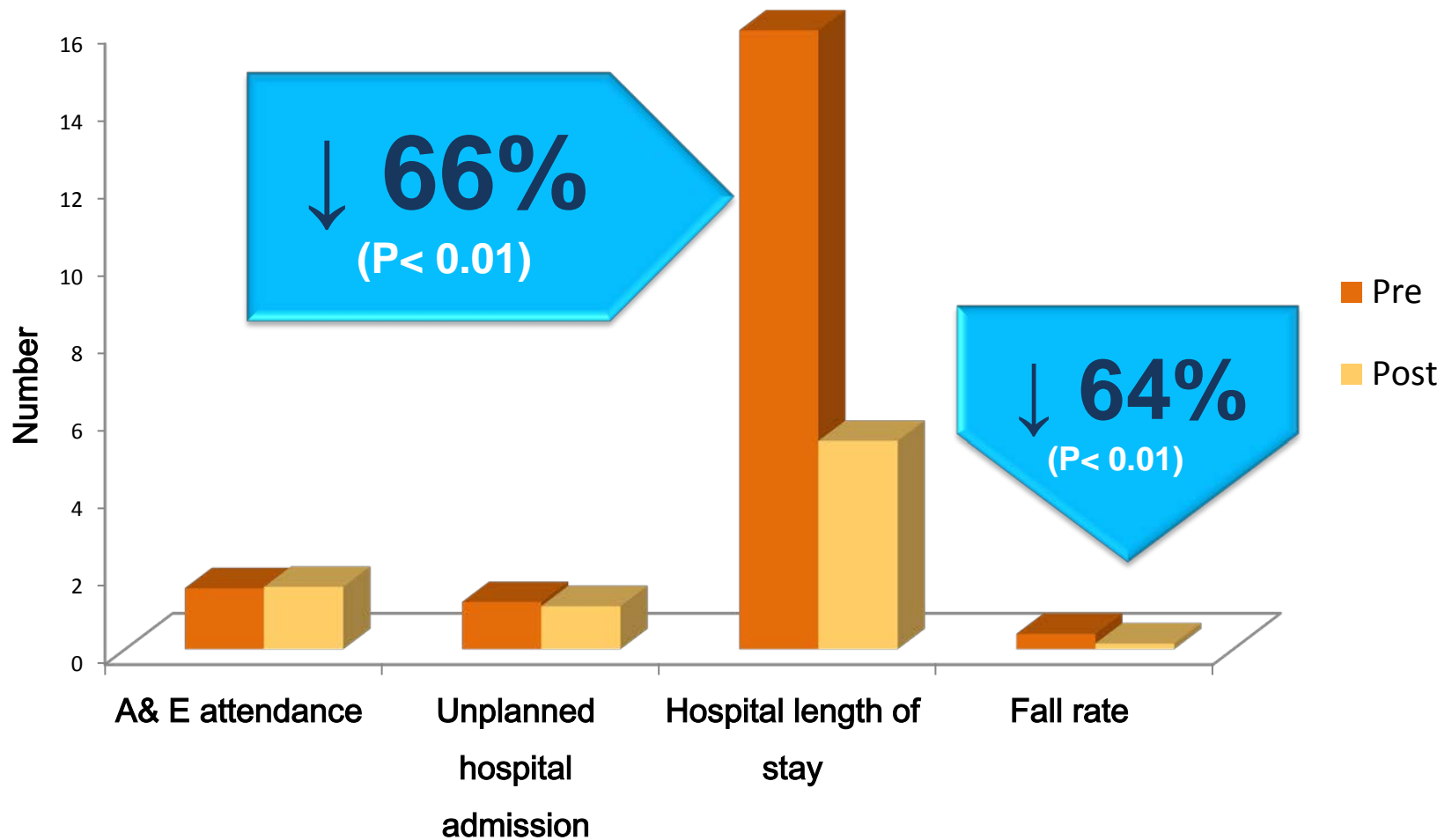
Service users receiving EHCCS with WCHH support **for ≥ 1 year**

Results

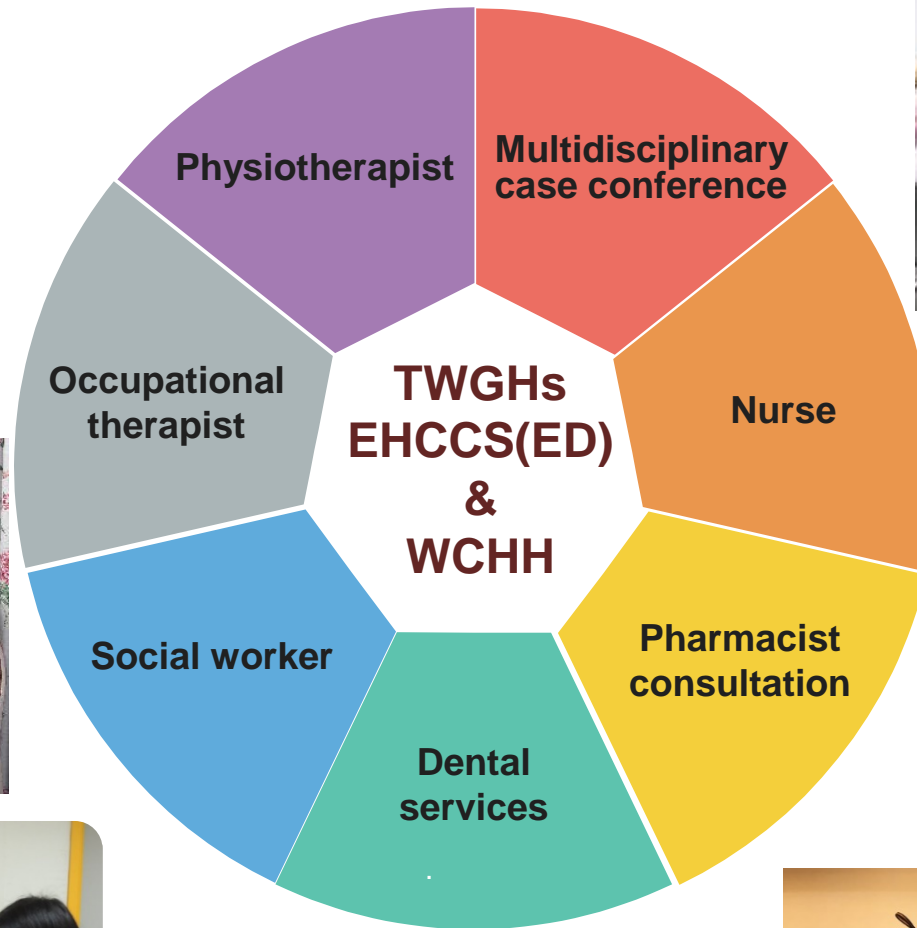
From 1 Jan 2014 to 31 Mar 2018 , **84** service users were eligible



Hospital Utilization



Highlights of Multidisciplinary Approach



Chronic Disease Management

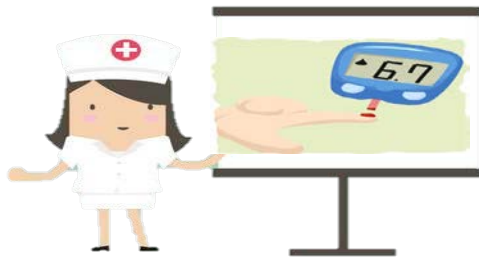
Community ↔ Hospital



Health Monitoring
& Education



Referral to
Allied Health Professionals



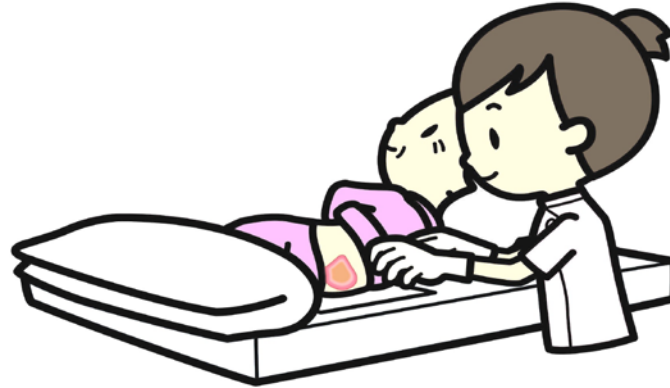
Health talk to
Health workers



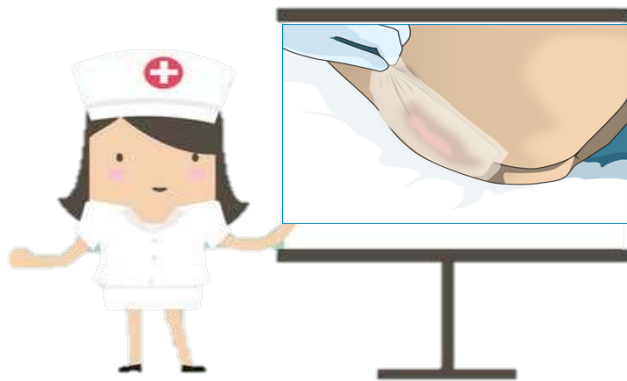
Clinical
Admission

Wound management

Community ↔ Hospital



Wound dressing
Close monitoring of wound condition



Education on advanced wound care



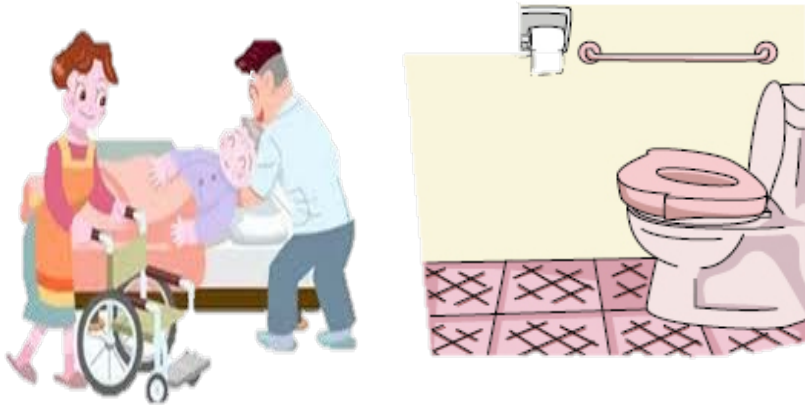
Special dressing materials

Pre-discharge Planning / Post-discharge Follow-up

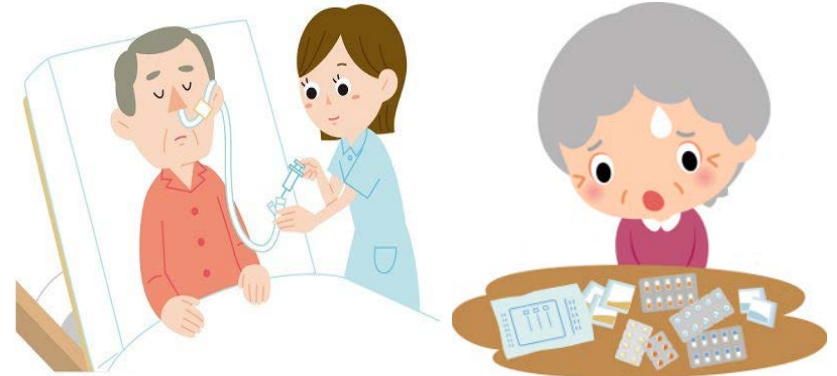
Community ↔ Hospital



Pre-discharge assessment
(problem solving/ decision
making/ care planning)



Arrange follow-up actions with
allied health professionals

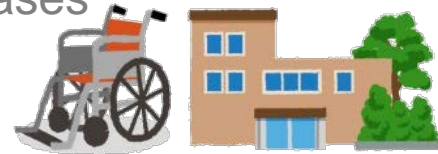


On-site Carer Training

Social Worker

Community ↔ Hospital

- Liaise with/ persuade service users/family on the need of medical interventions
e.g. clinical admission, unplanned admission, medical treatment plan.
- Close partnership with WCHH nurse to carry out appropriate nursing care
e.g. wound care, apply funding for deprived cases
- Develop Long term care plan for frail service users/ family with HA (palliative nurse) and WCHH nurse
- Provide good education to carers/users and avoid unnecessary admission.
- Early detection of case problem and seek appropriate intervention



Community ↔ Hospital

- **Complimentary Treatment:**
Class for client with high rehabilitation potential and client discharged from hospital/day hospital



PT Service in EHCCS

Immediate PT Rx

Tailor-made Home Exercise

Home Ax & Carer Education

PT class

Pain Relief,
Rehabilitation &
Maintenance Exercise



OT Interventions

- One-to-one Individualized Cognitive Training

- Hand Function Training

- ADL training



- Onsite Carer Training



- Home Modification



- Preventive Measures for Pressure Sore



Community ↔ HA collaboration

- Communication with **Medical & Nursing** Professional
e.g. Letters on rehabilitation progress
- Communication with **Allied Health** Professional
e.g. P&O about AFO / lower limb prosthetics, dietitian

Tung Wah Group of Hospital
Enhanced Home & Community Care Service (Eastern District)

MEMO

Patient Details Name: Mr. NG Sam ID No: A11987(9)
Age / Sex: M/96 EHCCS No: 0714

To: Doctor

Assessment
- pain decreased
- range of movement improved

Referral Letter

Plan Of Action
I would like to know his rehabilitation plan so that I can design proper exercise for this patient. Would you please give your kind advice. Many thanks

Referrer Name: Mr. AM (PT) Service-in-charge Name: _____
Dept / Tel No: 2967 8116 (Ext 114) Tel No: _____
Signed: [Signature] Signed: _____
Date: 12-5-2012 Date: _____

Reply MEMO

To: Tung Wah Group of Hospital Enhanced Home and Community Care Services (Eastern District)
(Tel: 2967-0966 Fax: 2967-0976)

Plan of Action
PT case
allow for mobilization exercise

Medical Personnel
Name: Wendy Man Kwun
Dept / Tel No: 2967 8116
Signed: [Signature]
Date: 12-5-2012



Podiatry



Shared Care Records



服務使用者分享

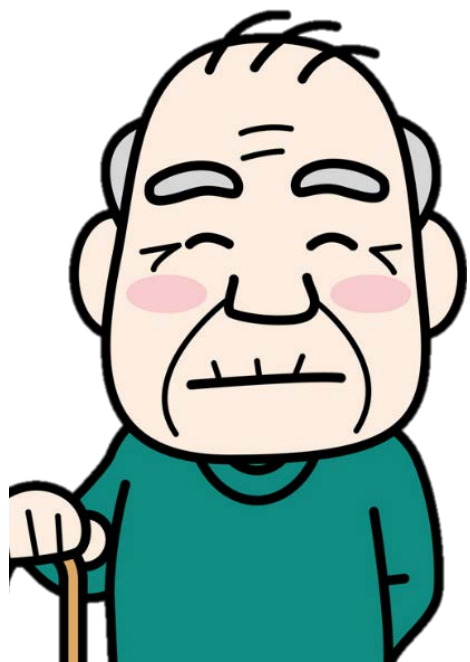
個案一：陳先生

患有神經線疾病及關節炎

與兒子及妻同住，妻突然離世。

兒子日間需上班，難以照顧他。

濕疹皮膚→嚴重皮膚潰瘍→發炎



鬱悶

思想負面

無助

頓失照顧

陳先生

- 缺乏知識，以致傷口發炎
- 護理傷口：一條龍服務
- 經東華三院社工聯絡黃竹坑醫院護士
- 護士即時上門評估
- 諮詢醫院醫生意見
- 及時入院處理傷口

護理傷口：及時介入

互相配合
社區上門服務 與 醫院



使用威力導



積極面對生活，思想正面，融入社交，發揮所長，
與兒子及朋友關係有所改善。



照顧者分享

個案二：蔡先生 70歲

- 與90歲患認知障礙症母親及70歲妻子同住
- 妻子與女傭合力照顧案主及其母親
- 認知障礙、無語言能力、四肢癱瘓、腰背及下肢攣縮、僵硬
- 不能維持坐姿或平卧→需全卧床
- 穿衣及更換尿片困難，關節痛會抗拒照顧→向人吐口水
- 因肺結核入院治療 → 整個背脊嚴重壓瘡→
照顧方面難上加難



抗拒照顧

傷口嚴重

照顧困難

照顧壓力

照顧者分享 – 蔡太



傷口大至全個背脊
安排入住黃竹坑醫院處理傷口



(Courtesy Laurel Warriner, RN, MSN, Clinical Nurse Specialist, Barnes-Jewish Hospital, St. Louis, MO.)

照彩光燈加速癒合



鼓勵飲營養奶加速傷口癒合



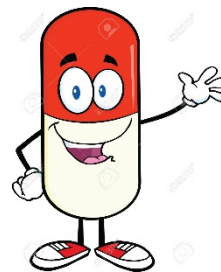
「痾屎橈」=沐浴椅



被動運動前服用止痛藥



免費租用氣墊床褥





TWGHs Enhanced Home and Community Care Services(Eastern District)

東華三院改善家居及社區照顧服務(東區)



Thank you

