



# Visiting Medical Practitioner (VMP) Programme in Hong Kong East Cluster

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# Visiting Medical Practitioner (VMP)

- Since June 2007
- Outreach to Residential Care Homes for the Disabled (RCHD)
  - Sai Wan Ho: 3 hostels (2 hostels starting Jan 2019 as one closed)
  - Chai Wan: 5 hostels

# Governance Structure

COS - HKEC

Sai Wan Ho I/C  
Associate Consultant

Chai Wan I/C  
Associate Consultant

3 VMP Doctors

3 VMP Doctors

Priscilla Home  
扶康會健持之家  
(12月服務終止)

Hong Chi Oi Tung Hostel  
匡智愛東宿舍

Erik Kvan Hostel  
愛睿宿舍

Hing Wah Center  
扶康會興華成人訓練中心

Chai Wan Hostel  
柴灣宿舍

Sunny Residence  
朗逸居及朗逸綜合服務隊

Ching Lan Home  
扶康會清蘭之家

Oi Wah Home  
扶康會靄華之家

# Services

- Episodic cases and chronic diseases care (1-2 hrs per week)
  - Provide convenient medical consultations in the clients' residence
  - Provide convenient procedures (such as blood-taking)
  - Provide convenient pharmaceutical services
  - Provide other support (such as proper patient record, nursing procedure advices)
  - Telephone consultation
- Annual Health Assessment and physical checkup for residents
- Yearly environmental inspection
- Yearly health talk to hostel staff, e.g. infection control, wound care
- Yearly health talk to residents and their relatives
- Yearly hostel staff training (HK East & West hostels)

# Service Throughput 2018/19 (Attendance)

- **Chai Wan Hostels:**
  - Episodic care: 2236
  - Chronic diseases care: 311
  - Body Check: 267
- **Sai Wan Ho Hostels:**
  - Episodic care: 329
  - Chronic diseases care: 223
  - Body Check: 103

# VMP Meeting

- 6-monthly meeting with hostels representatives from Hong Kong Cluster
- To review operational issues of VMP:
  - Statistics on incidence of infectious diseases (such as influenza in hostels)
  - Influenza vaccine coverage in residents and staff
  - Incidents (such as fall/ drug) review and discussion
  - Statistics on the use of AED, GOPC and private doctor (due to physical/ behavioural problem)
  - Sharing of good practice, case sharing