Primary Healthcare Seminar
Dream Health Care @ HKEC

District Health Centre Scheme
- Strengthening Primary Healthcare

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Primary Healthcare Policy

▶ To ensure the **long-term sustainable** development of the Hong Kong healthcare system and **safeguard the health of its people**, the Government has committed to improve the **healthcare system and services**, including actively **promoting primary healthcare**.

Primary Healthcare Policy

▶ **Steering Committee on Primary Healthcare Development (2017)**

    ▶ review the existing planning of primary healthcare services

    ▶ develop a blueprint for the sustainable development of primary healthcare services in Hong Kong

▶ **Launch District Health Centre**

Photo source -Kwai Tsing District Health Centre

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District Health Centre – Objectives

▶ Encourage the people establishing a healthy lifestyle

▶ Enhance disease prevention

▶ Early identification of chronic diseases

▶ Properly manage chronic diseases

▶ Enhance the self-care capability through community rehabilitation programmes

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District Health Centre in 18 Districts

Launch the 1st DHC in Kwai Tsing (Sept 2019)

Launch the 2nd DHC in Sham Shui Po (Jun 2021)

DHC Express in 11 districts commence service (Around Oct 2021)

Launch 5 DHCs in Wong Tai Sin, Tuen Mun, Tsuen Wan, Yuen Long and Southern District (Around Jun 2022)

North

Yuen Long

Tai Po

Tai Po

Tuen Mun

Tsuen Wan

Sha Tin

Sai Kung

Kwai Tsing

Wong Tai Sin

Sham Shui Po

Kowloon City

Yau Tsim Mong

Kwun Tong

Central and Western

Wan Chai

Eastern

Islands

Southern

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District Health Centre – Key Services

▶ **Primary Prevention**

    ▶ Increase the public health literacy through health promotion, consultation and counselling services, educational programmes
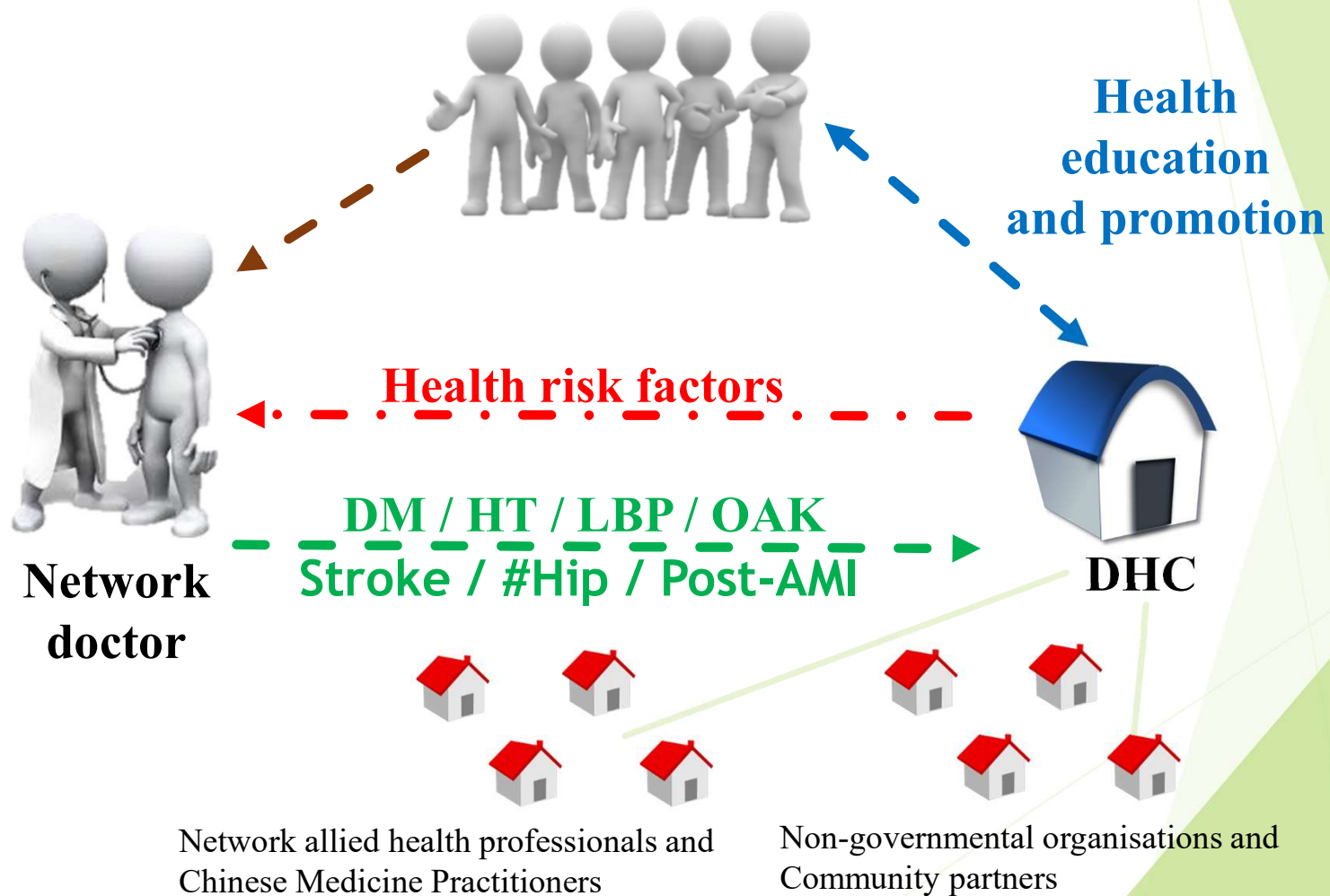
▶ **Secondary Prevention**
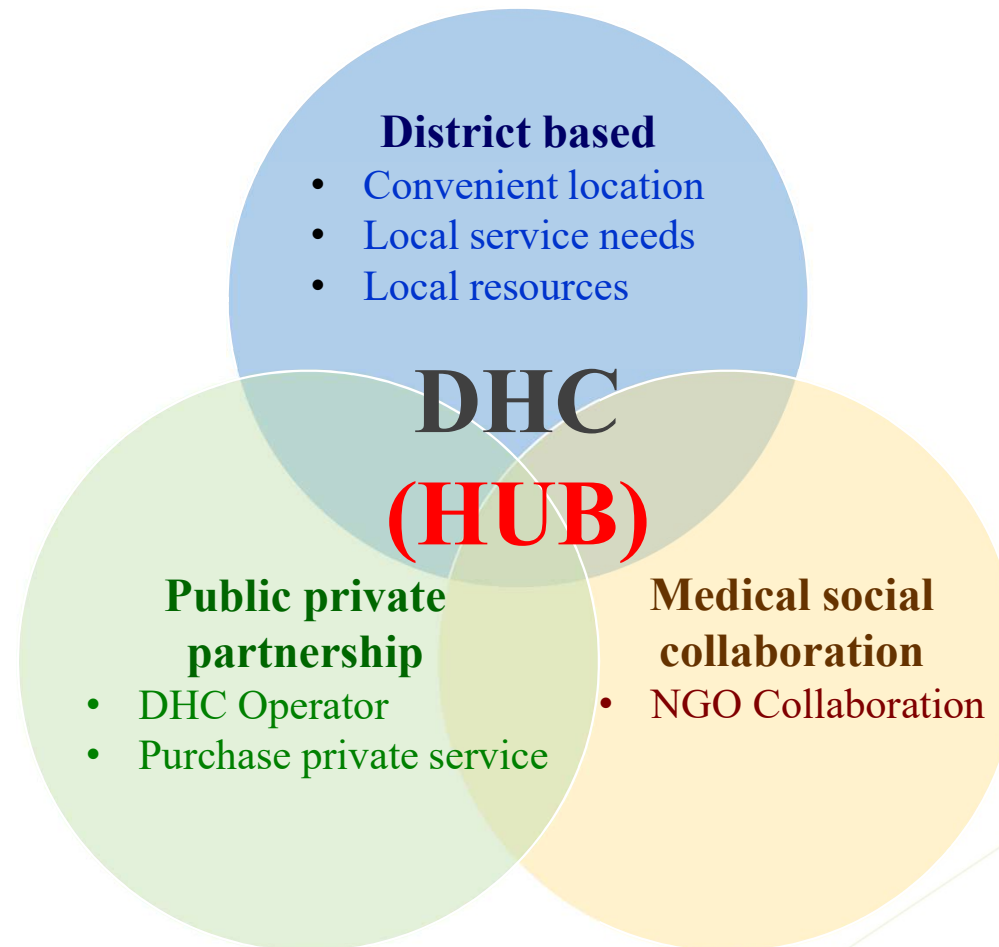
    ▶ Risk stratification

▶ **Tertiary Prevention**

    ▶ Patient empowerment through health coaching

    ▶ Accessible community rehabilitation service

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District Health Centre – Operational Model

Health education and promotion

Health risk factors

DM / HT / LBP / OAK
Stroke / #Hip / Post-AMI

Network doctor

DHC

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Network allied health professionals and
Chinese Medicine Practitioners

Non-governmental organisations and
Community partners

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District Health Centre – Key Values

District based
- Convenient location
- Local service needs
- Local resources

DHC
(HUB)

Public private partnership
- DHC Operator
- Purchase private service
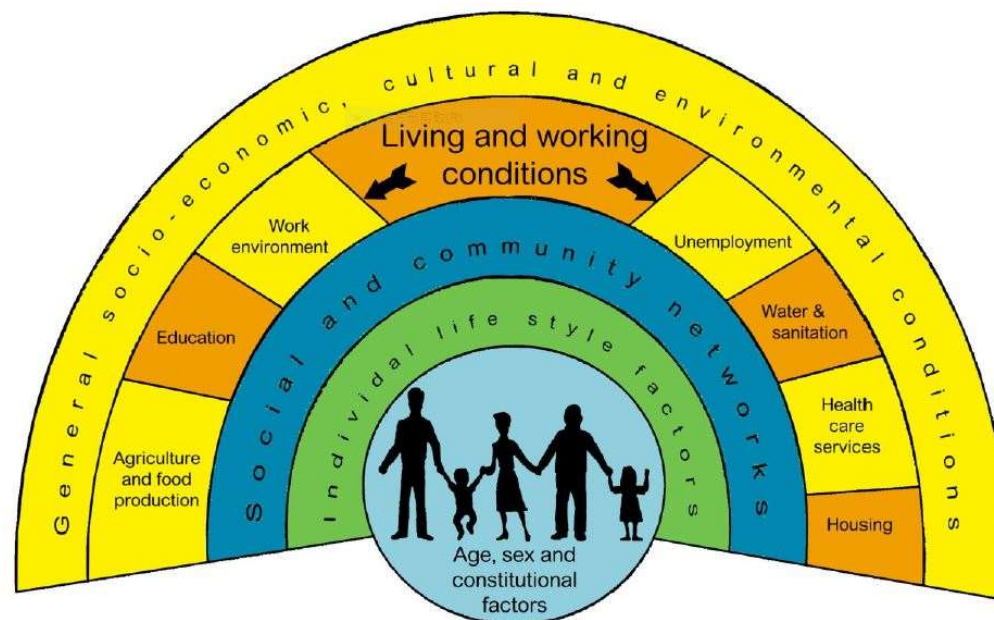
Medical social collaboration
- NGO Collaboration

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Multiple and Complex Client Needs

▶ Physical, Psychological and Social

Whitehead M. & Dahlgren G.

In terms of service demand and expertise

No one can and should do all

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Resources in the Community

▶ Different types of service

▶ Different service providers

▶ Different types of professional

▶ Different service model

▶ Team of volunteers / Carers

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What is the issue?

Service supply
Service overlap
Service gap
Service coordination

District Health Centre

▶ If only DHC, it is not DHC

▶ Our partners – all

  ▶ other service partners

  ▶ local leaders

  ▶ local organizations, e.g. mutual aid committee

  ▶ local client groups, e.g. school, corporate

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Medical Social Collaboration – the Enablers

▶ A trans-disciplinary team

▶ A platform for communication

▶ Information

▶ A system for holistic care

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Medical Social Collaboration – the Enablers

▶ A trans-disciplinary team

  ▶ Cross professions

  ▶ Cross organizations

  ▶ Transdisciplinary team approach at the Point of Care (POC)

  ▶ Case manager supported by the multi-disciplinary team to meet multiple client needs

  ▶ Shared programme and service guidelines

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Medical Social Collaboration – the Enablers

▶ Platform for communication – a structure for

  ▶ experience sharing

  ▶ identifying and bridging service gaps

  ▶ mutually supporting among organizations

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Medical Social Collaboration – the Enablers

► Information

  ► comprehensive medical social service provider data base, to

    ► facilitate timely access to service

    ► encourage service utilization

    ► facilitate patient empowerment

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Medical Social Collaboration – the Enablers

- A system for holistic care
  - established referral mechanism
    - for different types of care
    - at different stages of care
  - 2-way referral
  - care coordination

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Delineation and Collaboration

分工 合作

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District Health Centre Scheme

▶ Enhance public awareness of disease prevention

▶ Enhance their capability in self-management of health

▶ Provide support for the chronically ill

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Together, we can prevent & manage Non-Communicable Diseases

COLLABORATIVELY & TOGETHER WE SERVE BETTER