

Initiated and funded by:



The Hong Kong Jockey Club Charities Trust

Project Partner:



SAU PO CENTRE ON AGEING, HKU
香港大學秀圃老年研究中心

YWCA Jockey Club Carer Support Center

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YWCA Jockey Club Carer Respite Center (Eastern)

- ❖ Address: Shop GA19-20, No. 55 Tai Hong Street, Site A, Lei King Wan, Sai Wan Ho, Hong Kong
- ❖ Area(ft²): 1,916
- ❖ Rental start date: June 2023



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WP1
Screening Tool Development
& Validation

Co-creation



WP2
Intervention Development &
Evaluation

WP3
Service Model Evaluation

WP4
Process Evaluation

Goal

Develop a screening- guided multi-component intervention program in district – based caregiver support units to facilitate service matching for caregivers of older adults

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Need Domains



Care Burden



Caregiving Self – Efficacy



Social Support



Mental Health

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Service Matching



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Service Operation



Mondays to Fridays 9:00 am to 5:00 pm (Provide extended services according to user needs)
Providing 2 sessions per day (3 hours per session)



3 different fee levels depend on financial and health condition
Meal service for whole day respite (\$30 pre meal)



4 – 10 service users at the same session
No more than 2 sessions of respite service per week
Priority is given to those who have not used other formal community service, such as day care
Urgent needs should be assessed by the social worker



Cognitive training and Exercise
(Eg: Cognitive stimulation kit, stretching exercises etc)