



# 醫社鄰里 合作無縫

Seamless Cooperation of Community Parties



利民會友樂坊  
中心主任  
李慕詩

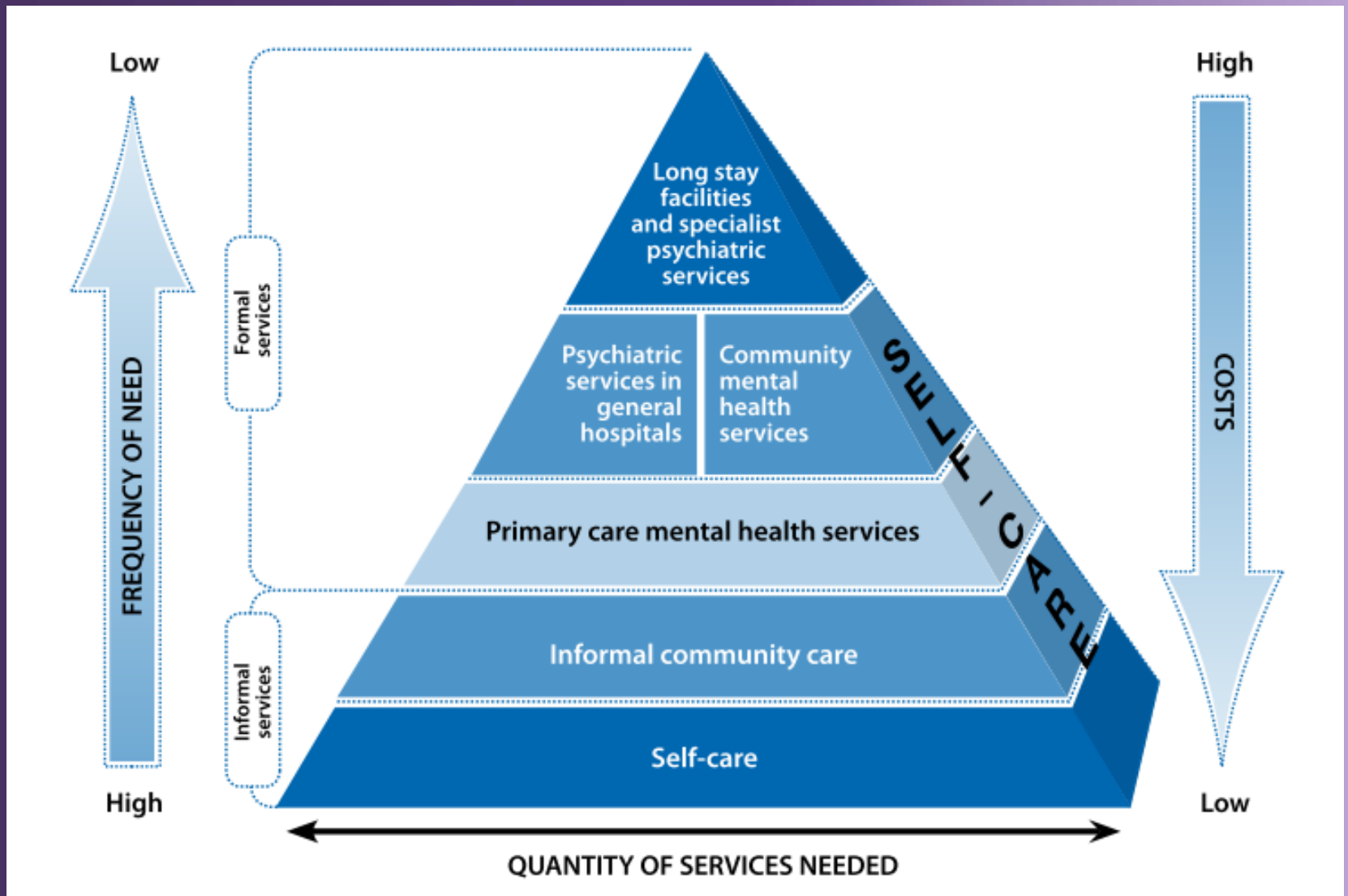




**\*\*Change Mental Health**

Change Mental Health





WHO: Optimal Mix of Services for Mental Health (2003, 2006)

# International Trend : Care Focus

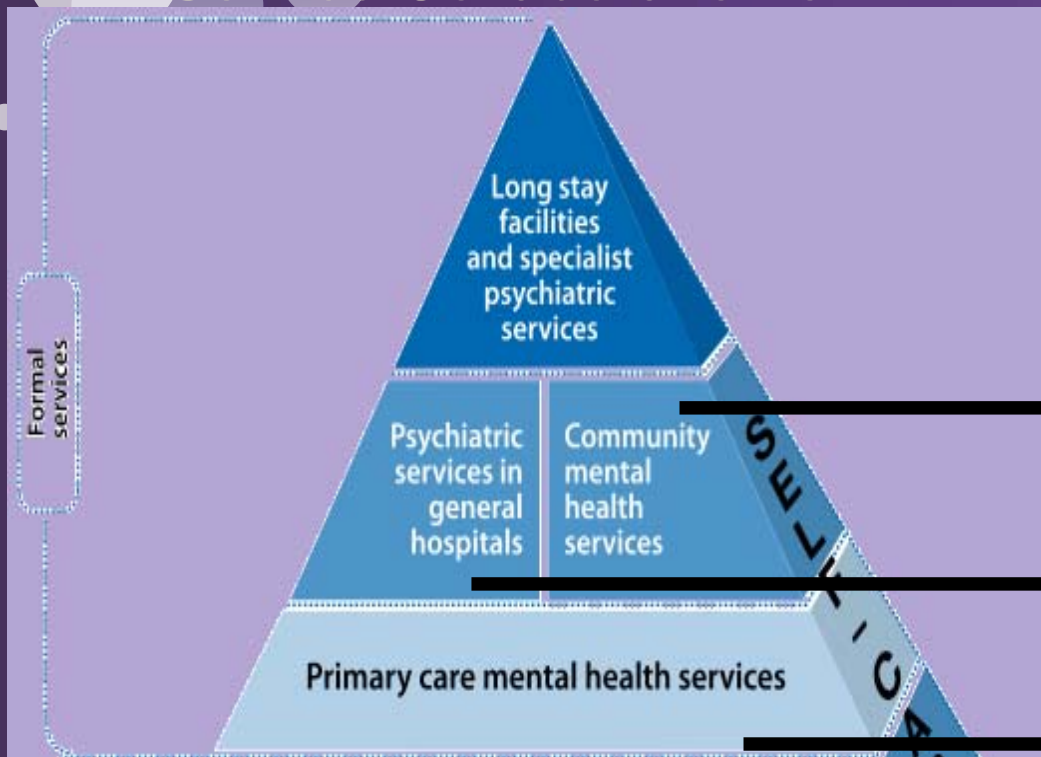
## Informal Community Care

- self help group
- early identification from health service
- mental health promotion

## Self Care (Involved all levels of the pyramid)

- family or friends
- facilitate through all service
- most effective when supported by formal health services
- stress management, need for regular physical activity

# Service Collaboration of RFHK & Community Parties



社:  
ICCMW/IVRSC(SE,  
Shelter workshop/  
Kapok

醫:  
EASY/CPN/PCP/  
PGT/OPD/CP

ICCMW/GP/  
Community Clinic/  
Justone



鄰里: RFI(Self  
Help Group) /CIIF  
(Volunteer activities)

鄰里:  
ICCMW/CIIF/RFI

# Service Collaboration with Community Parties

24hr Hotline  
即時通Justone

ALOHA  
(ICCMW)  
友樂坊

Community  
Parties:  
屋苑/屋村互助委員組織/  
教會團體/

家倍同心CIIF/  
聯心社RFI

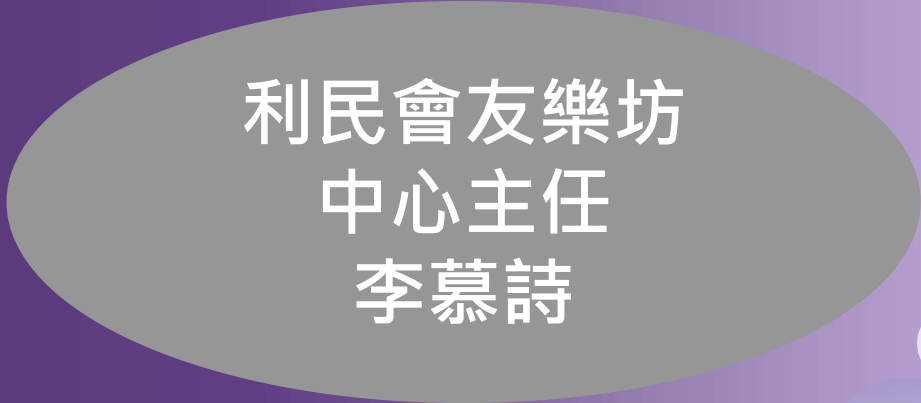
PYNEH  
東區醫院

**\*\*Change A Mind About Mental  
Illness**

**\*\*Change a mind about Mental  
Illness**



Thank You ~ ~ ~ ~



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