Back

Co-organizers 合辦機構

- Baptist Oi Kwan Social Service
  浸信會愛羣社會服務處
- Haven of Hope Christian Service
  基督教靈實協會
- Hong Kong Cancer Fund
  香港癌症基金會
- Hong Kong Doctors Union
  香港西醫工會
- Hong Kong Medical Association
  Hong Kong East Community Network
  香港醫學會港島東社區網絡
- Hong Kong Young Women's Christian Association
  香港基督教女青年會
- Methodist Centre
  循道衛理中心
- Richmond Fellowship of Hong Kong
  利民會
- Social Welfare Department
  社會福利署
- St. James' Settlement
  聖雅各福群會
- The Hong Kong Society for Rehabilitation
  香港復康會
- The Hong Kong Society For The Aged
  香港耆康老人福利會
- The Hong Kong Tuberculosis, Chest and Heart Diseases Association
  香港防癆心臟及胸病協會
- Tung Wah Group of Hospitals
  東華三院

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Cover

醫院管理局 HOSPITAL AUTHORITY

HONG KONG EAST CLUSTER 港島東醫院聯網

港島東醫院聯網醫社合作研討會(八)
HKEC Symposium on Community Engagement VIII

2013 年 7 月 6 日 (星期六)
6 July 2013 (Saturday)

上午 9 時至下午 5 時
9:00am - 5:00pm

港島東醫院聯網醫療管理及
臨床科技培訓中心地下演講廳
香港柴灣樂民道3號
東區尤德夫人那打素醫院內
Lecture Theatre, HKEC Training Centre for Healthcare Management & Clinical Technology
Pamela Youde Nethersole Eastern Hospital, 3 Lok Man Road, Chai Wan, Hong Kong



身心健康無界限
醫社合作新里程

Mental Wellness Without Boundary
A New Focus In Community Engagement

HKEC Symposium on Community Engagement VIII 2013

Mental Wellness Without Boundary – A New Focus In Community Engagement

Program 程序

Lecture Theatre, G/F 地下演講廳

8:45 Registration 登記

9:00 Opening Speech 開幕詞
Mr. Johnny TSANG, Chairman of Organizing Committee of HKEC Symposium on Community Engagement VIII 2013
港島東醫院聯網 醫社合作研討會 (八) 籌備委員會主席 曾永強先生

Welcoming Speech 歡迎詞
Dr. LAU Chor Chiu, Cluster Chief Executive, Hong Kong East Cluster
港島東醫院聯網總監 劉楚釗醫生

Ceremony 典禮
Officiating Guests 主禮嘉賓
Prof. Sophia CHAN, JP, Under Secretary for Food & Health, HKSAR
食物及衞生局副局長 陳肇始教授太平紳士
Miss Annie TAM, JP, Permanent Secretary for Labour & Welfare, HKSAR
勞工及福利局常任秘書長 譚贛蘭太平紳士
Dr. LEUNG Pak Yin, JP, Chief Executive, Hospital Authority
醫院管理局行政總裁 梁栢賢醫生太平紳士
Dr. LAU Chor Chiu, Cluster Chief Executive, Hong Kong East Cluster
港島東醫院聯網總監 劉楚釗醫生

9:20 Keynote Speech 主題演講



Enhance Medical-social Interface in the Promotion of Mental Health
Prof. Sophia CHAN, JP, Under Secretary for Food & Health, HKSAR
加強醫社合作 促進精神健康
食物及衞生局副局長 陳肇始教授太平紳士



(題目待定)
Miss Annie TAM, JP, Permanent Secretary for Labour & Welfare, HKSAR
(題目待定)
勞工及福利局常任秘書長 譚贛蘭太平紳士

10:20 Break 小休

10:40 Plenary Session 專題演講



How to Exercise Our Psychological Muscle to Achieve Mental Fitness
Prof. Samuel HO, Professor, Department of Applied Social Studies, City University of Hong Kong,
Registered Clinical Psychologist, Hong Kong Psychological Society
如何鍛鍊心理質素，托展健康心靈
香港城市大學應用社會科學系 何敏賢教授
香港心理學會註冊臨床心理學家

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Promoting Mental Health in Older People
Prof. Helen CHIU, MH, Professor of Psychiatry (Clinical), Department of Psychiatry, Chinese University of Hong Kong
如何促進長者心理健康
香港中文大學精神科學系 趙鳳琴教授, MH



Role of Caregivers in Dementia Care
Mrs. KAO May Wan Gwen, Chairman, Charles K. Kao Foundation for Alzheimer's Disease
腦退化症(認知障礙症)照顧者的角色
高鋸慈善基金主席 高黃美芸女士

12:10 Q&A Session 問答時間

12:30 Lunch 午膳
Eastern Garden (1/F, Multicentre Block C) 東苑餐廳 (綜合大樓C座1樓)

14:00 Seminar 1 講座1
Healthy Development, Back To Family Focus
身心健康成長，家庭為本
Multi-purpose Room, 1/F 一樓多用途工作室

Seminar 2 講座2
Care For The Chronic Illness - Beyond Boundaries
長期病患齊關顧 公私醫社展同心
Lecture Room 3, 1/F 一樓演講室(三)

Seminar 3 講座3
Dementia Care Without Boundary
認知障礙照顧無界限
Lecture Theatre, G/F 地下演講廳

Seminar 4 講座4
Community Mental Health In Action - Collaboration And Innovation
社區精神健康：合作與創新
Seminar Room 1, G/F 地下研討室(一)

16:30 Closing Remarks 研討會總結
Dr. Daniel CHU, Chairman of Organizing Committee of HKEC Symposium on Community Engagement VIII 2013
港島東醫院聯網 醫社合作研討會 (八) 籌備委員會主席 朱偉星醫生

Masters of Ceremony 司儀
Mr. Frankie CHOU, Deputy Manager (Acting), The Hong Kong Society for Rehabilitation Community Rehabilitation Network (Kornhill Centre)
香港復康會社區復康網絡(康山中心)署任副經理 周思進先生

Ms. Rebecca WONG, Centre In Charge, Nethersole Community and Patient Resource Centre, Pamela Youde Nethersole Eastern Hospital
東區尤德夫人那打素醫院那打素社區及病人資源中心主任 黃婉容女士

* Notes of guest presentations would be ready in the official web-site 3 weeks after the Symposium
嘉賓演講資料將於研討會3星期後載於大會網頁 **www.healthyhkec.org/SCE8/**

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Seminar 1　講座1

Healthy Development, Back To Family Focus
身心健康成長，家庭為本

Multi-purpose Room, 1/F　一樓多用途工作室

Moderator　主持

Ms. Jenny YAN, Assistant District Social Welfare Officer (Eastern/Wan Chai), Social Welfare Department
社會福利署東區及灣仔區助理福利專員　甄麗明女士

14:00	**Early Childhood Development and Comprehensive Child Development Service** Dr. Wendy WONG, Associate Consultant (Paediatrics & Adolescent Medicine), Pamela Youde Nethersole Eastern Hospital **早期兒童發展及兒童身心全面發展服務** 東區尤德夫人那打素醫院兒科及青少年科副顧問醫生　黃國雲醫生
	Comprehensive Child Development Service - Patient's Psychosocial Needs Dr. Joseph CHUNG, Associate Consultant (Psychiatry), Pamela Youde Nethersole Eastern Hospital **兒童身心全面發展服務 - 病人的身心及社福需要** 東區尤德夫人那打素醫院精神科副顧問醫生　鍾沛然醫生
	Mould Our Future with Enhancing Children Emotional Wellness Today Ms. Esther TANG, Team leader, Adolescent Early Intervention Service, Baptist Oi Kwan Social Service **為未來，重構兒童情緒健康** 浸信會愛羣社會服務處青少年身心導航服務服務隊長　鄧曼恒女士
14:45	**Break　小休**
15:00	**Early Identification and Group Intervention: Youth with Depressed Mood in Community** Ms. Florence LAU, Manager (School Social Work Service), St. James' Settlement **化負為正：及早介入青少年抑鬱情緒之小組經驗分享** 聖雅各福群會學校社會工作服務經理　劉錦楨女士
	Marriage Enrichment in Cultivating a Healthy Family Ms. Rose LAM, Social Worker, Caritas Integrated Family Service Centre - Shaukeiwan **「夫婦同心，建構健康家庭」- 婚姻培育** 明愛筲箕灣綜合家庭服務中心資深社工　林詠姬女士
	Supporting Family Mental Health - From Strength Perspective Ms. Sara CHAN, Social Worker, North Point Integrated Family Service Centre, Hong Kong Family Welfare Society **能力導向 - 如何支援家庭精神健康** 香港家庭福利會北角綜合家庭服務中心社工　陳錦卿女士
15:45	**Open Forum　公開論壇**
16:25	**Summary　總結**

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Seminar 2　講座2

Care For The Chronic Illness - Beyond Boundaries
長期病患齊關顧　公私醫社展同心

Lecture Room 3, 1/F　一樓演講室(三)

Moderators　主持

14:00 - 15:10
Dr. LEUNG Kai Chi, Associate Consultant (Medicine & Rehabilitation), Tung Wah Eastern Hospital
東華東院內科及復康科副顧問醫生　梁啟智醫生

Ms. Mary YU, Operations Manager, Haven of Hope Community Rehabilitation Day Centre
基督教靈實協會日間社區康復中心營運經理　俞美雲女士

15:20 - 16:30
Dr. LEUNG Kai Chi, Associate Consultant (Medicine & Rehabilitation), Tung Wah Eastern Hospital
東華東院內科及復康科副顧問醫生　梁啟智醫生

Ms. Phyllis CHAU, Senior Manager (Rehabilitation), The Hong Kong Society for Rehabilitation
香港復康會高級經理 (復康)　周惠萍女士

14:00	**Mental Wellness Within-reach · Community Doctors Joining-in** Dr. Douglas CHAN, Primary Physician Dr. Joseph LAM, Primary Physician **醫社合作身心健　社區醫生齊參與** 資深家庭醫生　陳念德醫生 資深家庭醫生　林思睿醫生
	Patient Empowerment Movement: What the Patients Really Need? Ms. Phyllis CHAU, Senior Manager (Rehabilitation), The Hong Kong Society for Rehabilitation **病人自強運動：病人真正需要甚麼？** 香港復康會高級經理 (復康)　周惠萍女士
14:40	**Open Forum　公開論壇**
15:10	**Break　小休**
15:20	**Distress Level of Cancer Patients and Carers: Navigations of Support Services in the Community** Ms. Katherine CHOW, Centre Supervisor, CancerLink Central, Hong Kong Cancer Fund **癌患及照顧者的憂慮程度指標：社區支援護航服務** 香港癌症基金會中環癌協服務中心主任　周瑞玲女士
	From Hospital to Community: The Joint Strategy to Address Carers' Stress Ms. Anna KWOK, Centre Manager, The Hong Kong Society for Rehabilitation Community Rehabilitation Network (Kornhill Centre) Ms. Cindy MANN, Medical Social Worker, Ruttonjee & Tang Shiu Kin Hospitals Ms. Rebecca WONG, Centre In Charge, Nethersole Community and Patient Resource Centre, Pamela Youde Nethersole Eastern Hospital Ms. YAN Bo Ying, Social Worker, Haven of Hope Community Rehabilitation Day Centre **關注照顧者的壓力：醫社協作策略** 香港復康會社區復康網絡(康山中心)中心經理　郭燕儀女士 律敦治及鄧肇堅醫院醫務社工　萬倩婷女士 東區尤德夫人那打素醫院那打素社區及病人資源中心主任　黃婉容女士 基督教靈實協會日間社區康復中心社工　甄寶盈女士
16:00	**Open Forum　公開論壇**

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Seminar 3　講座3

Dementia Care Without Boundary
認知障礙照顧無界限

Lecture Theatre, G/F　地下演講廳

Moderators　主持

14:00 - 14:45
Dr. CHAN Wah Fat, Consultant (Psychiatry), Pamela Youde Nethersole Eastern Hospital
東區尤德夫人那打素醫院精神科顧問醫生　陳華發醫生
Ms. Winnie LUI, Manager (Professional Services), St. James' Settlement
聖雅各福群會經理 (專業服務)　呂幗英女士

15:00 - 15:45
Dr. Bernard KONG, Consultant (Medicine), Pamela Youde Nethersole Eastern Hospital and Wong Chuk Hung Hospital
東區尤德夫人那打素醫院及黃竹坑醫院內科顧問醫生　江明熙醫生
Ms. Eleanor KAM, District Coordinator (Eastern / Central & Western), Tung Wah Group of Hospitals
東華三院區域主任 (東區 / 中西區)　甘綺玲女士

15:45 - 16:30　Open Forum　公開論壇
Ms. Daisy LI, Supervisor (Eastern / Wanchai District), Hong Kong Young Women's Christian Association
香港基督教女青年會督導主任 (東區 / 灣仔區)　李潔貞女士
Mr. Danny LI, Service Director (Group 4), The Hong Kong Society for the Aged
香港耆康老人福利會服務總監 (組別4)　李家輝先生

14:00 — **Sharing of Dementia Care by HKEC Psychogeriatric Team**
Dr. Anna WU, Associate Consultant (Psychiatry), Pamela Youde Nethersole Eastern Hospital
東區醫院老人精神科認知障礙服務簡述
東區尤德夫人那打素醫院精神科副顧問醫生　吳瑛琼醫生

Collaborative Dementia Care: From Detection to Long Term Care
Ms. Julina LEE, Advanced Practice Nurse, Community Geriatric Assessment Team, Hong Kong East Cluster
Ms. Becky LEUNG, Unit-in-charge (Counselling and Carer Support Service), Wanchai Methodist Centre for the Seniors
醫社合作　及早診斷　持續照顧
港島東醫院聯網社區老人評估小組資深護師　李巧婷女士
循道衛理灣仔長者服務中心輔導及護老支援服務主任　梁鳳珊女士

YWCA: Using Interdisciplinary Case-management Approach to Empower Carers of Frail Elders: Pilot Project of Collaboration with CUHK
Prof. Doris YU, Associate Professor, The Nethersole School of Nursing, Chinese University of Hong Kong
香港基督教女青年會，香港中文大學合辦 - 跨專業及個案管理模式為本的照顧者自強先導計劃
香港中文大學那打素護理學院副教授　余秀鳳教授

14:45 — **Break　小休**

15:00 — **Center for Behavioral Management: The Family Approach**
Ms. Florence CHEUNG, Social Worker, St. James' Settlement
Dr. Gemma LAW, Advisor/Consultant, Kin Chi Day Care Services for Cognitive Impairment and Center for Behavioural Management, St. James' Settlement
情緒行為管理中心：以家庭為本
聖雅各福群會社工　張潔瑩女士
聖雅各福群會健智支援服務中心及情緒行為管理中心顧問　羅錦注博士

Comparative Case Study on the Effectiveness of the Physical and Mental Activated Therapy and the Conventional Therapy for Demented Elders
Ms. Joanna LEE, Supervisor, Tung Wah Group of Hospitals Standard Chartered Hong Kong 150th Anniversary Community Foundation Alzheimer's Community Support Centre
心身機能活性運動療法與傳統療法對認知障礙症患者的療效對比
東華三院渣打香港150週年慈善基金長者智晴坊主任　李卓穎女士

Smart Use of ICT for Frail and Dementia Elderly in Residential Settings
Mr. WONG Wai Sang, Occupational Therapist I, The Hong Kong Society for the Aged
足不出戶樂遊新天地
香港耆康老人福利會一級職業治療師　黃偉生先生

15:45 — **Open Forum　公開論壇**

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Seminar 4　講座4

Community Mental Health In Action - Collaboration And Innovation
社區精神健康：合作與創新

Seminar Room 1, G/F　地下研討室(一)

Moderators　主持

Dr. YEUNG Wai Song, Consultant (Psychiatry), Pamela Youde Nethersole Eastern Hospital
東區尤德夫人那打素醫院精神科顧問醫生　楊位爽醫生

Ms. Susanna NG, Coordinating Officer, Community Mental Health Support Services, Richmond Fellowship of Hong Kong
利民會社區精神健康支援服務協調主任　吳靜芝女士

14:00 — **Integrated Mental Health Programme - A Proactive Approach for People with Common Mental Disorder (CMD) in Community**
Mr. Ottomark NG, Program Manager, St. James' Settlement
紅棉健康身心促進計劃 - 為社區中有情緒病人士提供積極主動的介入
聖雅各福群會計劃經理　吳志東先生

Progress of EASY Extension Service in East Cluster
Ms. Mandy CHEUNG, Advanced Practice Nurse (Psychiatry),
Pamela Youde Nethersole Eastern Hospital
港島東思覺失調治療服務的進展
東區尤德夫人那打素醫院精神科資深護師　張美貞女士

Working with People with Suspected Mental Health Issues - A Community Experience
Ms. Vivien FONG, Center in-charge, Integrated Community Centre for Mental Wellness (HKE), Baptist Oi Kwan Social Service
精神健康問題 - 社區個案分享
浸信會愛羣社會服務處精神健康綜合社區中心(港島東)主任　方穎瑜女士

Recovery in Community: Milestone to Collaborate with Residents Association
Ms. Mosy LEE, Officer-in-charge, ALOHA Eastern (Integrated Community Centre for Mental Wellness), Richmond Fellowship of Hong Kong
社區復元：居民組織協作新里程
利民會友樂坊(港島東)中心主任　李慕詩女士

15:20 — **Break　小休**

15:30 — **Community Engagement – "Family Networks at Community" Project**
Mr. Jason CHEUNG, Assistant Social Work Officer (Community & Patient Resource Department), Pamela Youde Nethersole Eastern Hospital
醫社合作 -「家」陪同心社區網絡計劃
東區尤德夫人那打素醫院社區及病人資源部助理社會工作主任　張平先生

Peer Support Work in the Community - A New Journey for Consumers and Mental Health Professionals
Peer Support Worker, Baptist Oi Kwan Social Service
朋輩支援 - 復元之旅新路向
浸信會愛羣社會服務處　朋輩支援工作員

16:10 — **Open Forum　公開論壇**

16:25 — **Summary　總結**

Pre-symposium NGO Visits 研討會前機構參觀

Pre-symposium NGO Visits to 7 community partners units were organized from 24 June 2013 to 27 June 2013.
研討會前機構參觀已於 2013年6月24日至2013年6月27日舉行，共有7 間社區伙伴單位參與。

	10:00-11:00am	12:00-1:00pm	2:30-3:30pm	3:30-4:30pm
2013年6月24日 (星期一)	中環癌協服務中心			
2013年6月25日 (星期二)	浸信會愛羣社會服務處 社會企業、精神健康綜合社區中心、灣仔綜合兒童及青少年服務中心		靈實日間社區康復中心	東華三院高黃慕貞紀念全人健康中心暨AJR慈善基金復康診所
	香港復康會社區復康網絡SMARTCare長期病患者照顧者支援計劃	靈實長者日間暨復康中心（港島東）	東華三院渣打香港150週年慈善基金長者智晴坊、富晴長者日間護理中心	
2013年6月26日 (星期三)	香港復康會社區復康網絡SMARTCare長期病患者照顧者支援計劃	靈實長者日間暨復康中心（港島東）	東華三院渣打香港150週年慈善基金長者智晴坊、富晴長者日間護理中心	
2013年6月27日 (星期四)	浸信會愛羣社會服務處 社會企業、精神健康綜合社區中心、灣仔綜合兒童及青少年服務中心		靈實日間社區康復中心	東華三院高黃慕貞紀念全人健康中心暨AJR慈善基金復康診所

各單位地址：
浸信會愛羣社會服務處 - 灣仔愛群道36號9樓
靈實長者日間暨復康中心(港島東) - 筲箕灣阿公岩道25號明華大廈A座LG樓B室
靈實日間社區康復中心 - 灣仔皇后大道東282號鄧肇堅醫院社區日間醫療中心1字樓
中環癌協服務中心 - 中環皇后大道中99號中環中心地下G03室
香港復康會社區復康網絡(康山中心)SMARTCare長期病患者照顧者支援計劃 - 鰂魚涌英皇道1120號康山花園第六座地下
東華三院渣打香港150週年慈善基金長者智晴坊、富晴長者日間護理中心 - 北角北角道16號蘇浙大廈地下
東華三院高黃慕貞紀念全人健康中心暨AJR慈善基金復康診所 - 灣仔皇后大道東282號鄧肇堅醫院社區日間醫療中心地下

Organizing Committee 研討會籌備委員會

Advisor 顧問

Dr. WONG Chun Por, JP **王春波醫生太平紳士**	Service Director (Primary & Community Health Care), Hong Kong East Cluster 港島東醫院聯網基層及社區醫療服務總監

Co-Chairman 聯合主席

Dr. Daniel CHU **朱偉星醫生**	Deputy Service Director (Primary & Community Health Care), Hong Kong East Cluster 港島東醫院聯網基層及社區醫療服務副總監
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HKEC Symposium on Community Engagement VIII 2013
Mental Wellness Without Boundary – A New Focus In Community Engagement

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HKEC Symposium on Community Engagement VIII 2013
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Working Groups of Seminars 講座工作小組

Seminar 1 Healthy Development, Back To Family Focus Working Group
講座 1 - 身心健康成長，家庭為本工作小組

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Seminar 2 Care For The Chronic Illness - Beyond Boundaries Working Group
講座 2 - 長期病患齊關顧　公私醫社展同心工作小組

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Seminar 3 Dementia Care Without Boundary Working Group
講座 3 - 認知障礙照顧無界限工作小組

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Seminar 4 Community Mental Health In Action - Collaboration And Innovation Working Group
講座 4 - 社區精神健康：合作與創新工作小組

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- Recommended 1st line treatment for MDD[1]
- Low potential for CYP2D6-mediated drug interactions[2-4]
- Discontinuations due to adverse events similar to placebo[5]
- Safety profile comparable to placebo[5-7]
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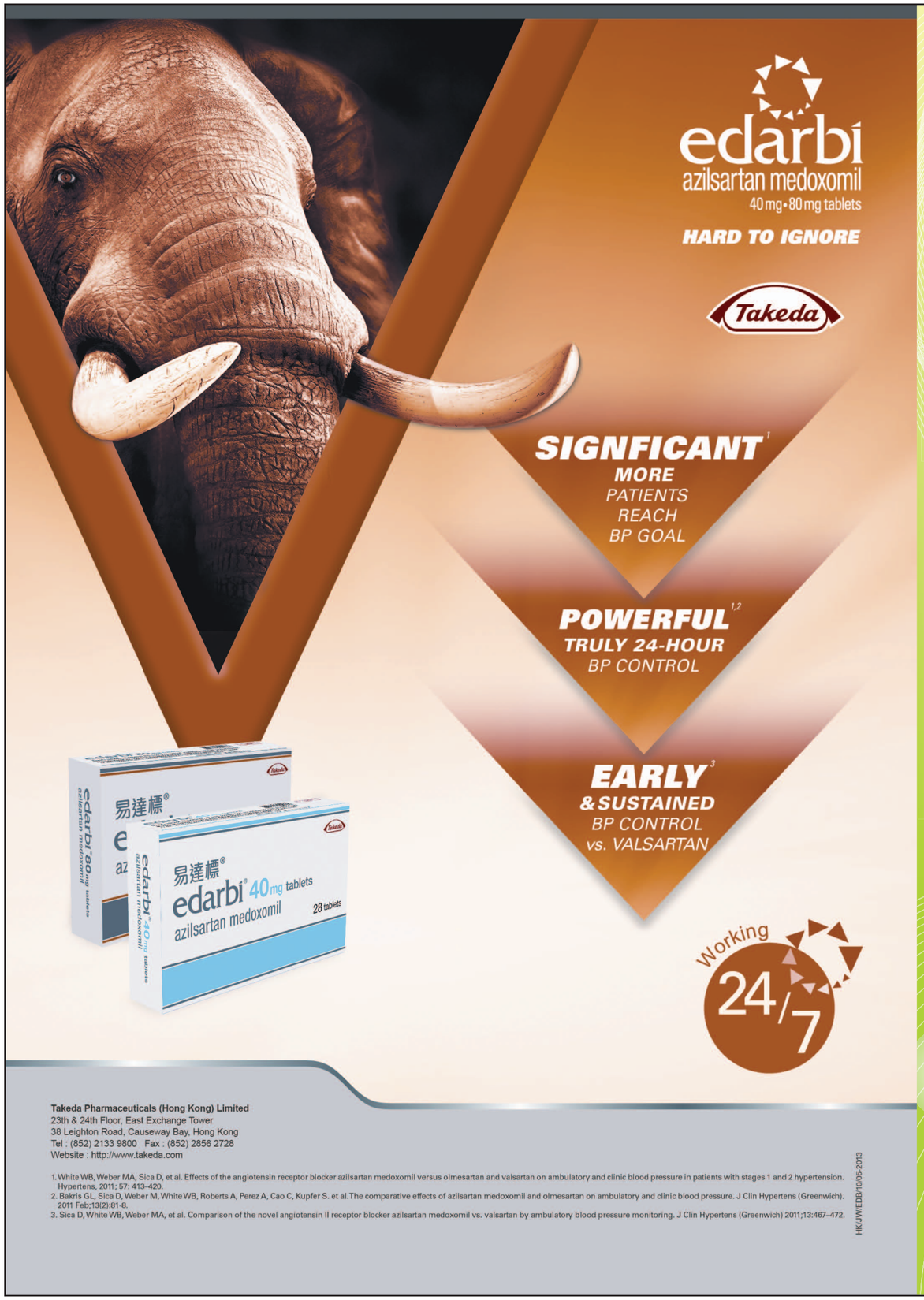
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2. Bakris GL, Sica D, Weber M, White WB, Roberts A, Perez A, Cao C, Kupfer S. et al. The comparative effects of azilsartan medoxomil and olmesartan on ambulatory and clinic blood pressure. J Clin Hypertens (Greenwich). 2011 Feb;13(2):81-8.
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