

# MSW roles for carers in stress

- **Case management** (treat patient and family as a whole in hospital settings)
- **Early identification**
  - -Assessment on stress and coping (Chinese version of Modified Carer Strain Index developed by MSW unit in 2013)
- **Crisis intervention** (immediate problems caused by illness and changes)
- **Care planning & Education**
  - -Knowledge on disease and psychological preparation
  - -Liaison with medical team to provide carer training/home modification
- **Bridging of community resources**
  - -Referral to NGOs for services & long term follow up