



**Pamela Youde Nethersole Eastern
Hospital
Baby-Friendly Hospital Initiative**

Breastfeeding is natural, healthy and best for baby. Breastfeeding provides all babies' essential needs for growth, development and protection from illness and disease. Pamela Youde Nethersole Eastern Hospital promotes 'Baby Friendly Hospital Initiative' and committed to promote, protect, and support breastfeeding. We trust breastmilk is the healthiest and best food for baby. Infant feeding policy was established according to WHO's 'Ten Steps to Successful Breastfeeding' and the "International Code of Marketing of Breastmilk Substitutes". All health care staff has the responsibility to follow the policy to ensure a high standard of care for pregnant women, breastfeeding mothers and their babies.

World Health Organization suggestion

breastfeed exclusively for 6 months and continue breastfeeding with the addition complementary foods for 2 years or beyond

**東區尤德夫人那打素醫院
愛嬰醫院運動**

母乳餵哺對嬰兒來說是最好、最健康及天然的。母乳提供嬰兒生長及發展所需養份，有效增強抵抗力、減少感染和疾病。

東區尤德夫人那打素醫院推行「愛嬰醫院運動」並致力於促進、保護和支持母乳餵哺。我們深信母乳是嬰兒最健康的食物。母乳餵哺政策是根據世界衛生組織的“成功母乳育嬰十項指引”和“國際母乳代用品銷售守則”制定。所有醫護人員有責任遵守政策，以確保孕婦、母乳餵哺期的母親和嬰兒得到高質素的醫療服務。

世界衛生組織的建議

嬰兒最初六個月應以純母乳餵哺，隨後在添加固體食物的同時，母乳餵哺可持續至嬰兒兩歲或以上。



I Love Mom

