

PYNEH Infant Feeding Policy (Summary)

東區尤德夫人那打素醫院 嬰兒餵哺政策 (撮要)

1. Have a written infant feeding policy that is routinely communicated to all health care staff.
定期向所有醫護人員傳達醫院訂立之嬰兒餵哺政策。
2. Train all health care staff in skills necessary to implement the policy.
為所有需執行相關政策之醫護人員提供應有的知識及技術培訓。
3. Inform all pregnant women about the benefits and management of breastfeeding.
向所有孕婦提供有關母乳餵哺好處及正確餵哺方法之資訊。
4. Help mothers to start skin-to-skin contact immediately after birth and initiate breastfeeding.
協助母親於產後儘早與嬰兒有肌膚接觸及開始餵哺母乳。
5. Show mothers how to breastfeed and maintain lactation even if they should be separated from their infants.
教導母親哺乳及在母嬰分隔情況下如何維持乳汁分泌。
6. Give newborn infants no food or drink other than breastmilk, unless medically indicated.
除醫療需要外，不給予初生嬰兒其他食物或飲料，只應以母乳餵哺。
7. Practice 24 hours rooming-in.
實施 24 小時母嬰同室。
8. Encourage responsive feeding.
鼓勵母親按需要餵哺母乳。
9. No artificial teats or pacifiers to breastfeeding infants.
不提供奶嘴予母乳餵哺之嬰兒。
10. Establish breastfeeding support groups and refer mothers to join them upon discharge.
成立母乳餵哺支援小組，並推介給出院的母親參與。
11. Promote and support Mother Friendly Care.
支持及實踐「母親友善」分娩措施。
12. Respect and support non-breastfeeding mothers.
對選擇非以母乳餵哺之母親給予尊重及支持。
13. Compliance with the International Code of Marketing of Breastmilk Substitutes and subsequent relevant World Health Assembly resolutions (The Code)
遵守「國際母乳代用品銷售守則」。
14. Support staff to breastfeed after returning to work and mothers breastfeed in public areas of the hospital.
鼓勵產後員工持續以母乳餵哺，及支持母親在醫院公眾地方餵哺母乳。