

## Hong Kong East Cluster Community Resource Kit - Orthopaedic Rehabilitation (P.1/3)

For details, please contact respective organizations.



	Name of the Organization/Tel/Address/Opening Hours/Website	Service Target	Fees (for reference only)	Elderly Health Care Voucher	Community Care Service Voucher for the Elderly	Transportation	Services			
							Exercise	Rehab	Day Care	Home-based Rheab
1.	<b>C &amp; M A Tsui Lok Good Neighbours Centre for the Elderly</b> Tel: 2814 9701 Address: G/F, Tsui Luk House, Tsui Lok Estate, 26 Tsui Wan St, Chai Wan Opening Hours: Wednesday & Friday – 8:30am to 4:00pm Website: <a href="https://www.cmasshk.org/ely/tsuilok">https://www.cmasshk.org/ely/tsuilok</a>	Aged 50 or above	<b>Initial Assessment:</b> Nil <b>Physiotherapy Service:</b> CCSA and low-income families*: \$50 Aged 60 or above: \$80 Aged 50 or above (retired person): \$130 * <i>monthly household income does not exceed 75% of the Median Monthly Domestic Household Income (MMDHI)</i>	×	×	×	✓	✓	×	×
2.	<b>Haven of Hope Day Care cum Rehabilitation Centre for Elderly (Hong Kong East)/ TotalCare</b> Tel: 2670 9025/2663 3001 Address: Flat B, LG/F, Block A, Ming Wah Dai Ha, Shau Kei Wan, Hong Kong Opening Hours: Monday to Saturday – 8:00am to 6:00pm Website: <a href="http://www.totalcare.org.hk/home/">http://www.totalcare.org.hk/home/</a>	Aged 50 or above	<b>Initial Assessment:</b> \$770-1180 <b>Traditional Chinese Medicine Services:</b> \$770-980 <b>Assessment and Training by Physiotherapist and Occupational therapist:</b> \$1,180/45 min <i>Funding available for aged 55 or above who has financial difficulties</i>	×	✓	To-and-fro: 22 (for CCSV user only)	✓	✓	✓ (breakfast, lunch and tea are available)	✓
3.	<b>St. James' Settlement E Home Plus</b> Tel: 8100 0659/2856 2001/2856 2007 Address: 1/F, Scenic Resort (Nursing Home), Oi Po House, Oi Tung Estate, Shau Kei Wan Opening Hours: Monday to Saturday – 8:00am to 6:00pm Website: <a href="https://cc.sjs.org.hk/?route=services-detail&amp;sid=14&amp;lang=3">https://cc.sjs.org.hk/?route=services-detail&amp;sid=14&amp;lang=3</a>	Aged 55 or above	<b>Initial Assessment:</b> \$800 <b>Day Care Centre:</b> \$330-\$370	×	✓	To-and-fro: \$50-\$90 (subject to travel distance)	×	✓	✓ (breakfast, lunch and tea are available)	✓

## Hong Kong East Cluster Community Resource Kit - Orthopaedic Rehabilitation (P.2/3)

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	Name of the Organization/Tel/Address/Opening Hours/Website	Service Target	Fees (for reference only)	Elderly Health Care Voucher	Community Care Service Voucher for the Elderly	Transportation	Services			
							Exercise	Rehab	Day Care	Home-based Rheab
4.	<b>St. James' Settlement Elderly Angel</b> Tel: 8100 0659/2856 2001/2856 2007 Address: 1/F, Scenic Resort (Nursing Home), Oi Po House, Oi Tung Estate, Shau Kei Wan Opening Hours: Monday to Friday – 9:00am to 6:00pm Saturday – 9:00am to 1:00pm Website: <a href="https://cc.sjs.org.hk/?route=services-detail&amp;sid=14&amp;lang=3">https://cc.sjs.org.hk/?route=services-detail&amp;sid=14&amp;lang=3</a>	Aged 55 or above	<b>Initial Assessment:</b> \$900 <b>Home-based/Accompanying:</b> \$79-85/hr <b>Home Care:</b> \$102-\$115/hr <b>Home Exercise/Cognitive Training:</b> \$157-\$165/hr <b>Service provided by therapist:</b> first hour at \$900 and subsequently \$400/hr	×	×	×	✓	✓	×	✓
5.	<b>Methodist Kin Lok Centre</b> Tel: 2967 4983 Address: Unit G03a, G/F, Oi Sin House, Oi Tung Estate, Shau Kei Wan, Hong Kong Opening Hours: Monday to Friday – 9:00am to 12:00pm & 1:00pm to 5:00pm Saturday – 9:00am to 1:00pm Website: <a href="https://methodist-centre.com/decc/tc/kin_lok_hin_info">https://methodist-centre.com/decc/tc/kin_lok_hin_info</a>	Aged 60 or above	<b>Initial Assessment:</b> Nil <b>Initial Rehabilitation Assessment:</b> \$850-1,000 <b>Respite Day Care (Full Day):</b> \$340/8 hrs <b>Respite Day Care (Half Day):</b> \$160/4 hrs (AM/PM) <b>Lunch:</b> \$20/meal	×	✓	On an as-needed basis  Fee subject to travel distance	✓	×	✓ (breakfast, lunch and tea are available)	×
6.	<b>Methodist Centre Methodist Community Care Centre (Eastern)</b> Tel: 2570 0311 Address: Flat A, 3/F, North Cape Commercial Building, 388 King's Road, North Point, Hong Kong Opening Hours: Monday to Saturday – 8:00am to 6:00pm Website: <a href="https://methodist-centre.com/decc/tc/community_center_info">https://methodist-centre.com/decc/tc/community_center_info</a>	Aged 60 or above	<b>Initial Assessment:</b> \$850-1,000 <b>Respite Day Care (Full Day):</b> \$340/8 hrs <b>Respite Day Care (Half Day):</b> \$160/4 hrs (AM/PM) <b>Lunch:</b> \$20/meal	×	✓	<u>Wan Chai to Shau Kei Wan</u> Single Trip: \$30 Round trip: \$50  <u>Heng Fa Chuen, Chai Wan, Siu Sai Wan</u> Single Trip: \$40 Round trip: \$70	✓	✓	✓ (breakfast, lunch and tea are available)	×
7.	<b>Tung Wah Group of Hospitals Sai Ying Pun Market Fresh Fish Merchants' Association Alzheimer's Community Support Centre (Dementia Care for the Elderly)/ Hua Fen Day Care Centre for the Elders</b> Tel: 2481 1566 Address: G/F & 1/F, Kiangsu and Chekiang Building, 16 North Point Road, North Point, Hong Kong Opening Hours: Monday to Saturday – 8:00am to 6:00pm Website: <a href="http://acsc.tungwahcsd.org">http://acsc.tungwahcsd.org</a> & <a href="http://www.tungwahcsd.org/tc/our-services/elderly-services/day-care-centre-for-the-elderly/HFDCCE">http://www.tungwahcsd.org/tc/our-services/elderly-services/day-care-centre-for-the-elderly/HFDCCE</a>	Aged 50 or above	<b>Initial Assessment:</b> \$500 <b>Day Care:</b> \$400/Day <b>Lunch:</b> \$34/meal <b>By physiotherapist/occupational therapist/nurse:</b> \$700-750/hr* <b>By therapist assistant:</b> \$320-470/Session (1.5hr)* *Please contact the center for discounted packages	×	✓	<u>To-and-fro:</u> \$50-90 (subject to travel distance)  <u>Home-based:</u> \$20-\$40/session (subject to travel distance)	✓	✓	✓ (additional charge will apply for lunch)	✓



## Hong Kong East Cluster Community Resource Kit - Orthopaedic Rehabilitation (P.3/3)

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							Exercise	Rehab	Day Care	Home-based Rheab
8.	<p><b>Tung Wah Group of Hospitals Superior Fit Wellness Centre</b> (formerly known as TWGHs Ko Wong Mo Ching Memorial Holistic Healthcare Center cum AJR Charitable Foundation Rehabilitation Clinic)</p> <p><b>Tel:</b> 2574 0200</p> <p><b>Address:</b> 12/F, 75-83 King's Road, SUP Tower, North Point, Hong Kong</p> <p><b>Opening Hours:</b> Monday to Friday – 9:00am to 6:00pm Saturday – 9:00am to 3:00pm</p> <p><b>Website:</b> <a href="https://hhc.tungwahcsd.org/?lang=2">https://hhc.tungwahcsd.org/?lang=2</a></p>	No age restrictions	<p><b>Initial Assessment and treatment:</b> \$1,800 60 to 90 min per session</p> <p><b>2<sup>nd</sup> session onwards:</b> \$1,800 per session OR 10 sessions for \$9,500 (valid for 18 months)</p> <p><b>Home-based service by Physiotherapist:</b> \$2,000 - \$2,500 /session ( depends on district /patient situation )</p>	✓	✗	To-and-from: \$60 (for Rehabilitation Class only)	✓	✓	✗	✓
9.	<p><b>Methodist Wellness Centre</b></p> <p><b>Tel:</b> 3577 8830 / 3586 1811</p> <p><b>Address:</b> Room 1201, 12/F, Methodist House, 36 Hennessy Road, Wan Chai</p> <p><b>Opening Hours:</b> Monday to Saturday – 9:00am to 6:00pm</p> <p><b>Website:</b> <a href="https://www.methodist-centre.com/concord/tc/home">https://www.methodist-centre.com/concord/tc/home</a></p>	No age restrictions	<p><b>Physiotherapy/ Occupational Therapy/ Speech Therapy Initial Assessment:</b> \$480 or above, 60min per session</p> <p><b>Home-based service Physiotherapy/ Occupational Therapy/ Speech Therapy Initial Assessment:</b> \$500 or above, 60min per session</p> <p>Multi-disciplinary assessment service plan</p> <p><b>Exercise Class:</b> Subject to individual class</p> <p>* Special price for elderly and service plan discount, please contact Centre staff.</p>	✓	✗	✗	✓	✓	✗	✓
10.	<p><b>Haven of Hope Community Rehabilitation Day Centre</b></p> <p><b>Tel:</b> 3553 3188</p> <p><b>Address:</b> 1/F, Community Ambulatory Care Centre, Tang Shiu Kin Hospital, 282 Queen's Road East, Wan Chai, Hong Kong</p> <p><b>Opening Hours:</b> Monday to Friday – 8:00am to 6:00pm Saturday – 8:00am to 1:00pm</p> <p><b>Website:</b> <a href="https://www.hohcs.org.hk/content_50.html">https://www.hohcs.org.hk/content_50.html</a></p>	Aged 18 or above	<p><b>Initial Assessment:</b> \$61-101</p> <p><b>Centre Service:</b> \$61 or \$101 per session (based on the monthly household income)</p>	✗	✗	Single Trip: \$10-\$15	✓	✓	✗	✗